THE BRIDGE
TO FREEDOM

A Monthly Journal Devoted to Individual Unfoldment, Contact with The Great White Brotherhood and Cooperative World Service

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THE BRIDGE TO FREEDOM

A Monthy Journal

Vol. IX **April 15, 1960** **No. 1**

THE TEMPLE OF RESURRECTION

Etheric, over the Holy Land

The Ascended Master Retreat of the Month

April 15th through May 14th, 1960

Hierarchs: Jesus and Mary, His Mother; **Color of Flame:** Mother of Pearl; **Musical Keytone:** "A Perfect Day".

BREATHING STATEMENT FOR THE TRANSMISSION OF THE FLAME CLASS OF APRIL 16, 1960

1	2	3	4	5	6	7	8
"I AM"	inbreathing	the	resurrecting	power	from	Jesus' and	Mary's Temple
"I AM"	absorbing	the	resurrecting	power	from	Jesus' and	Mary's Temple
"I AM"	expanding	the	resurrecting	power	from	Jesus' and	Mary's Temple
"I AM"	projecting	the	resurrecting	power	from	Jesus' and	Mary's Temple

Description of the Temple of Resurrección: See "The Bridge" Journal, Vol. I - 1; Vol. II - 2; Vol. III - 12; Vol. IV - 12; Vol. VI - 1 and 10; Vol. VII - 12.

For Addresses by the Ascended Master Jesus: See "The Bridge" Journal, Vol. II - 9; Vol. III - 1 and 9; Vol. IV - 1, 2 , 3, 9 and 12; Vol. V - 9; Vol. VI - 2; Vol. VII - 1, 9 and 12; Vol. VIII - 9 and 10.

For Addresses by the Ascended Lady Master Mary: See "The Bridge" Journal, Vol. II - 12; Vol. III - 9 and 12; Vol. V - 1; Vol. VI - 1; Vol. VII - 1, 5, 9 and 12.

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IN LOVING MEMORY
OF
MARY LEHANE INNOCENTE

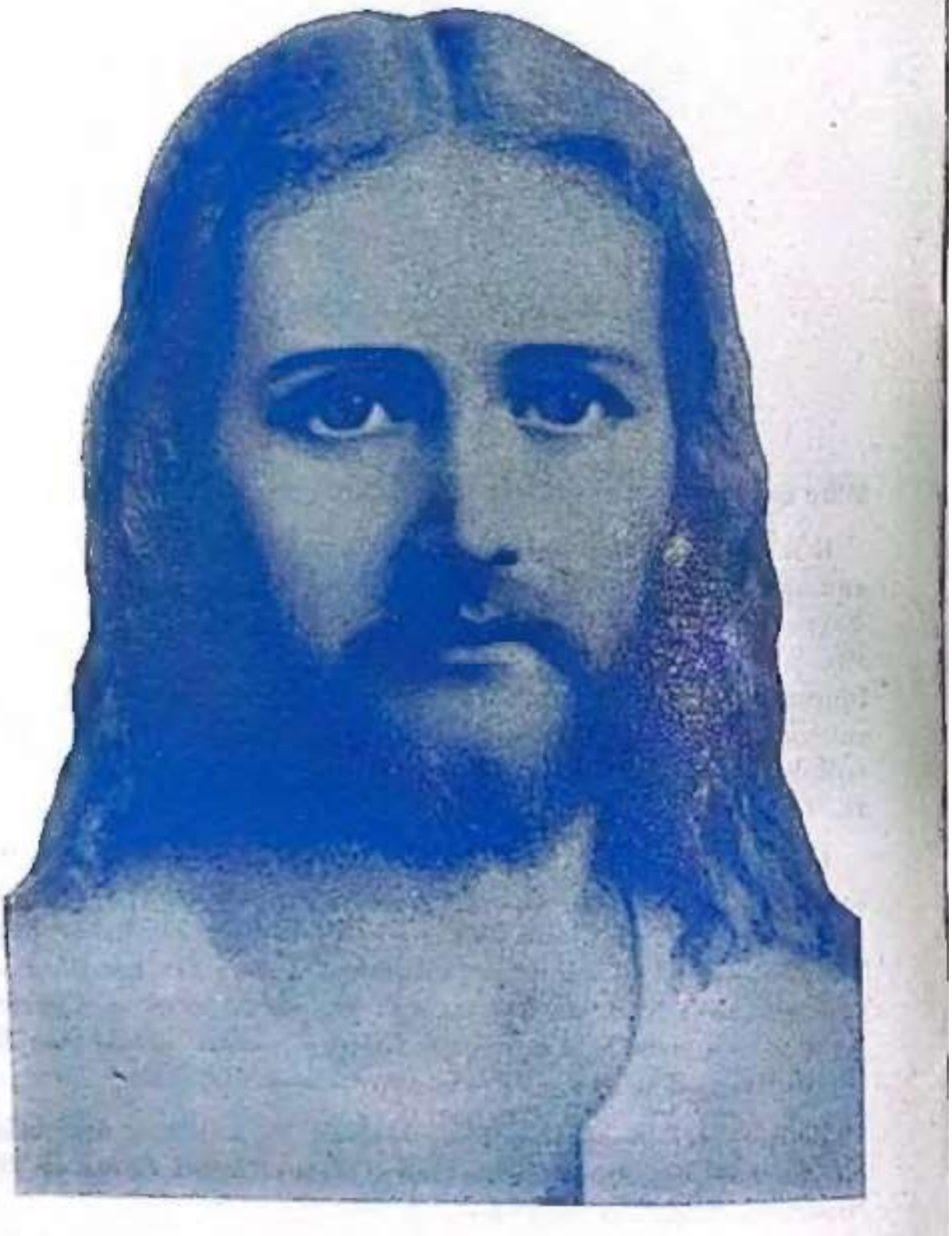
Who departed this Earthplane on March 4th, 1960 at 11.13 p.m.

It is our privilege and joy to announce to our gentle readers, and the student body, that Mrs. Mary Innocente has made Her Ascension on Monday March 7th. As some of our readers know, She was the Mother of our beloved President, Miss Geraldine Innocente. Mrs Innocente was one of the founders on the physical plane of The Bridge to Freedom Activity and was an early collaborator of "The Brigde" Journal under the pen name of D. T. Marches.

In previous embodiments She was Job, who embodied faith and patience; Aaron, the High Priest, brother of Moses; Isaiah, the prophet and scholar, and Dante Alighieri, the great Italian poet. Later, to fulfill an important mission, She was George III, King of England. And curious enough She lived now in Charlottesville, Va, which was named for the mother of George III, Charlotte, and whose wife was also named Charlotte.

Before Her Ascension She resolved to continue dedicating all Her energies, from the Ascended Estate, to the Cause of The Bridge to Freedom Activity.

Our devotion, love and gratitude go to Mary Lehane Innocente, now the Goddess of Happiness, the Ascended Lady Master Dawn, Divine Complement of Lord Ling.



HOW TO LET THE PRESENCE ACT

An Address by beloved Jesus

The Ashram **December 25, 1959**

On this Day, celebrated as the anniversary of My humble birth. I give Honor and Blessings not only to Angels, mankind and elemental life, but particularly to Those Who made My Victory possible. I refer to My blessed Mother, Who held throughout Her Lifetime the Immaculate Concept for me, to My good Father (Saint Joseph) now the Ascended Master Saint Germain Who leads you and succeeding generations into permanent Victory, and shall bring forth the magnificence of the Golden Age upon this Sweet Earth.

Beloved Ones, the Angelic Host are truly a part of that Victory, coming in Their God-free Estate, closer and closer to the Earthplane. In everyone of My Own Personal experiences, wherein there was temporary trial, the Power of My Own Holy Family and the Angelic Host gave Me the feeling of Victory. Even on that Thursday in Gethsemane, when I offered back My "Cup", the strength of the Angels helped Me to hold My Cup that I might fill It on Good Friday and Easter Sunday.

You too, now have a cup, filled with the gifts of God and many times, even like unto Myself, you desire to place your Cup in the hands of The Father, not choosing to pour forth the fulness of Its Gifts to all mankind! What good is a Cup, filled with the Gifts of Life Eternal, if that Cup, filled to the brim with Our Love, does not reach the souls of men, giving to them the essence of Divinity, the encouragement required to progress upon life's way and the power (latent within them) to expand their own Divinity so that each one shall stand in the fulness of their own God-stature, Which is the Divine plan of the

Father of Light for everyman? I was but one example of what all men shall become, here on this Earth, even before the glory of their Ascension. Accept that in your feelings NOW!

Carry your Cup in Honor

That Holy Christ Flame within your Hearts is able to render this service through you. Utilizing this Power, requires great humility of the outer self, so that the human personality shall lessen and The Christ within, always be given credit for doing the good works. Now is the hour when THAT accomplishment is required. Carry your Cups in Honor that all who are athirst may drink thereof.

Again, again and again have I said, I have been but an Example of what all men shall be, here on this Earth even before the Victory of their Freedom and the glory of their Ascension. Can you not accept that in your feelings, that it would be a very foolish Godhead Who would create but one Divine Son and many sons and daughters of clay! No, everyone from every Star and System has a bursting Christus waiting to expand, but it takes great strength to allow that Light to expand into and through you; it takes great humility for you to understand that in the expansion of the Light you become less and the Power acting through you becomes more. It takes great discrimination to cognize that the gifts and virtues and blessings that flow forth are of The Father within you, acting through you true, but not to glorify the self. How often have I said, even in My Ministry on Earth, 'It is not I, It is the Father within that doeth the works'.

That Father-life is within you, too, willing to accomplish the works if you let It expand Its power. What I have done, you can, and shall, do. Now is the hour when that accomplishment is required because mankind, everyone everywhere, desire the example manifest of the Christ in order to, in themselves, have the encouragement necessary to make like endeavor.

We are in days and hours of change, true. Here upon the Earth there are many human appearances that frighten those who are not anchored in the Power of God. Yet those appearances are no greater than the appearances manifest in My Ministry. In fact, except for the fact that they are televised, they are less. Where is The Christ that says unto them 'Peace be still' and then calls forth by the power of love and light the God-victory and manifestation that is required to make each and everyone of you that manifest perfection, not only today but so long as you shall remain on Earth and that will be part of your crown in Heaven.

What your crown is

Many individuals have wondered about that crown. That crown is made of all the good you have done through all the ages that you have lived. It is really the Causal Body which We wear, which the great Elohim wear, Which Those at the Teton wear, and Which is a part of the jeweled magnificence of your Victorious Presence.

There are many mansions in the Father's Home. Let your mansion be one of great Light! Your mansion began when first you took embodiment upon the Earthplane and into that mansion has been builded all of the good you have done through the ages. You often remember visiting them upon awakening in the morning. Through the gift of projected consciousness enter into your Mansion of Light and abide therein, feeling the play of Light in and around you, enjoying the gardens of Flame-flowers, and the general perfection of those Realms of Love in those mansions which are your own!

We are cognizant that the service rendered on the Earthplane is great and that the energies involved in the sustaining of that service are many but think you that you could even accomplish that much service were it not for the intervention and sustenance of the Ascended Host of Light! Ah no, you live truly by the power of Light and the gift of Love and the energy of OUR

PRESENCE acting through you. So when you fold a sheet of paper, when you raise a hand in service, remember that it is The Father within and Our Presence that is giving the benediction and the blessing through you and practicing that you become The Christus manifest here on Earth.

Magnify the Power of the Lord

From the time of My earliest recollection, My Mother taught Me to magnify the Power of the Lord to bless life. If We had not practiced that Law of Love We would not have become the Masters of energy and vibration. Even in the secular world, if one does not practice any power, he or she does not become Master of Its gifts and powers. Practice standing aside, humanly speaking, to allow the Power of God, through you, to Act! Remember, always, it is God, through you, Who renders the so-called miracles, even as I constantly reminded My people that 'It was not I, but the Father within Which did all the works'. The SAME opportunity is yours NOW. Utilize It as I did and do not let that God-power wither on the vine. Allow It to wax strong and active within and through you TODAY.

That is the activity I used in My Own Life, simple as it was, though it has been glorified by succeeding generations yet while I walked the ways of Earth there were not so many in Our number, yet We practiced the using of the Power of the Presence of God "I AM" in everything that We did. In that practice when Our public Mission began I was able to utilize the momentum and the power of that Christ Presence to do the service that had to be rendered.

Practice Daily

Beloved ones, if you sat as some of the blessed worshippers in the East, with your hand behind your back for forty years, it would wither—nature's way, until it was permanently crippled. They think it is a devotion, yet the hands were given to utilize in practical service and those men and women in India and

China, particularly in the East, could do more with their good hands expanding the power of practical secular cleanliness and understanding and instruction than they could in allowing the arm or the foot to wither in that which they call asceticism. NOW, where is your practice of the Presence of God? You know when you have practiced, say in anything, you are proficient at it and you can do it almost automatically, whether it is playing the piano, using the type-record machine, as beloved Morya says; whether it is using the automobile, whatever service you are rendering becomes almost automatic and you can render that service without any consciousness of it. That is how the practice of the Powers of the Presence become until they are almost automatic in their service in and through you, for the blessing of all life.

I say this truly, as One Who is among you, not One Who has come forth from you but One Who has come to you, I lived always by the practical power of using The Ever Presence of God.

May the blessings of this Holy Season be upon you, radiating forth through you to your loved ones and all upon this sweet Earth.

HOW THE ASCENDED MASTERS CREATE

By Mary, Mother of Jesus

(With Interpolated headings)

YOU are attaining great freedom and enjoying the one, eternal happiness that results from becoming Master of Circumstances rather than victims of fate. The lifestreams who begin to perceive the powers of the Sacred Fire and avail themselves of the opportunity of drawing the Sacred Fire into focus both for the purification of cosmic causes known and unknown and for the creation of new fundamental rates of vibration are passing through the door from the realm of three dimensions, which is a prison, into the realm of Cosmic Cause,

which is the Fourth Dimensional Activity, or the scended Masters Octave. It is the fulfilment of the promise of Serapis Bey when He said you would consciously pass over the Bridge into the Realm of Divine Ideation and while yet wearing the garments of flesh you would no longer be at the mercy of your own misuse of the creative energy or that of others.

There is Something Above Consciousness

You are studying Consciousness and you have come to a realization that within the realm of consciousness is the **cause** of every **effect,** good and evil, that has appeared or will appear in the lifestream of the individual, but there is something ABOVE consciousness...

Consciousness is the **effect** of the use of the God Principle by a self-conscious intelligence who has woven out of the universal light substance an invisible aura in which there rests the **causes** to which we refer. You cannot say for fact that man is his consciousness. Man experiences the results created by him through the use of energy and vibration, and his **consciousness is the effect** of his use of free will.

Consciousness is the Instrument of Creation

The consciousness is the instrument of creation. The Ascended Masters' Consciousness is Their Instrument and They create in Their Realm of consciousness just as the artist creates within his workroom or studio. The brush and easel are the implements used within the studio, as are the thought and feeling faculties the implements by which consciousness is formed.

How Consciousness is Created

You have therefore a fourfold differentiation:

a) The self-conscious intelligence, which is the individuality.
b) The thought and feeling faculties, which are implements of the self-conscious intelligence.
c) The Primal Life Energy - and
d) The finished product, which is consciousness.

This is all at inner levels.

The Use of the Sacred Fire

Then consciousness itself, evolved through thought and feeling and the use of the Sacred Fire, becomes an **instrument through which passes every idea** into the Third Dimensional World to become **form.**

Consciousness is the conductor from the unseen to the manifest. The Ascended Master Consciousness is used by the Master-within which He creates through the faculties of thought and feeling, but, in order to have His manifestation come forth into the physical appearance world, He must use the medium of some consciousness who still belongs in the vibratory action of the race on the planet which He is assisting.

The Human Consciousness Must be Pure

The cosmic consciousness flows through some highly evolved pure human consciousness. Such Lifestreams become Cosmic Conductors of Divinity and you have no greater example than that of Our Beloved Jesus. When the Cosmic Christ entered His very Pure Consciousness, the two become ONE.

In My Discourse yesterday I spoke of the necessity of purifying the consciousness through which any Cosmic Powers may flow for the reason that the descent of cosmic ideation through that medium would energize and vivify any accumulation through which it passes, and in order to have selfless instruments who will allow their consciousness to be used by the Divine Beings, who are by law only permitted to serve through lifestreams belonging to our planet, we must be assured that these human consciousness are like crystal vials through which our life and light and powers might flow.

Picturization and Habit

Regarding the fundamental rates of vibration of picturization and habit, these are tremendous cores of concentrated energy that act independently of the personal self. The intense call for the purification of these rates of vibration, known and

unknown, within the lifestream will continue your already rapid progress toward the development of a consciousness which cannot be impinged by any imperfect creation.

Offer your Consciousness to the Ascended Masters

Offering your consciousness to the Ascended Masters, as the Beloved Maha Chohan explained, will allow such glorious Divine ideas to be created within the scope of your intellectual acceptance and recognition as will amaze you... These, fed by your thought and feeling will come forth to create with greater and greater clarity, fed with your great creative experiments.

Call the Beings of Purity

Continue the purification of your consciousness through the use of the Sacred Fire Call to the Beings of Purity, and through self-conscious alertness entertain no picture which would be like a great cloud on the cosmic currents passing through you for the freedom of all.

MARY

☆

FESTIVITIES IN THIS THIRTY DAY PERIOD

(April 15th through May 14th)

April 17th. Easter Sunday.
May 1st. Saint Germain's Ascension Day.
May 8th. Day of Lord Gautama's Enlightenment.
May 11th. Wesak Festival, 0.43 A.M. EST.

☆

NEXT MONTH'S RETREAT

(May 15th through June 14th, 1960)

Temple of Illumination, near Lake Titicaca, South America. Hierarchs: God and Goddess Meru; Color of Flame, Gold and Pink; Musical Keynote, "Faith of Our Fathers", Hemy-Walton.

THE BRIDGE TO FREEDOM

A Monthly Journal

KEYNOTE OF OUR SECOND SEVEN-YEAR CYCLE:
FREEDOM, PEACE, IMPERSONALITY, CO-OPERATION, EXPANSION

Vol. IX April 15, 1960 No. 1

USE THE RESURRECTION FLAME

Monthly Letter to the Transmission of the Flame Class

of April 16, 1960

Dear Chelas who want to use the Resurrection Flame:

One of My Services to Life is to resurrect the Nature Kingdom at every springtime, and naturally I am connected with the Resurrection Temple, now open to mankind in this thirty day period (April 15th through May 14th, 1960).

Just as beloved Jesus used victoriously the Resurrection Flame, each Chela is expected to do likewise. In this year of 1960 you have the exceptional opportunity of the action of the Violet Transmuting Flame of beloved Zadkiel and the Ascended Saint Germain, and also that of the Resurrection Flame of beloved Ascended Master Jesus and His Holy Mother, Mary.

Get yourselves in rapport with the Rays that are pouring out every minute of the day from the Resurrection Temple to all parts of the world. This will raise the vibratory action of your mind and feelings, as well as that of the cells of your physical bodies.

Some of you may ask, how can I tune in to the Resurrection Flame? One of the ways to do it is by magnifying your love and adoration to beloved Jesus and Mary and by reading Their Addresses and the descriptions of Their Temple. The next thing

is to invoke the Resurrection Flame and visualize it passing through your four lower bodies (emotional, mental, etheric and physical), and through every appearance of distress that comes to your attention and, of course, attend daily in your consciousness the Resurrection Temple, where beloved Jesus and Mary and My humble Self will meet you.

You will enjoy more illumination, a greater purification of your feelings and the rejuvenation of your physical bodies.

Love and Blessings.

MAHA CHOHAN

HOW TO REMOVE DISTRESS
FROM YOUR MIND, FEELINGS AND BODY

An Address by the Archangel Gabriel

The Ashram **December 26, 1959**

"I AM" Gabriel, He Who is called 'the Announcer' bringing tidings of great joy to all generations. These tidings come to you in the progress of this Sweet Earth as She, and all Her evolutions move ever upward in the Holy Father's Scheme of God Creation. There are already inner Divine Causes set up, waiting to burst through the veil of maya as a manifest expression of God perfection Which the Beloved Saint Germain holds for you as well as for succeeding generations.

Have you ever thought what causes motivation? The will to do, the intelligence by which It is done and the Love by which to sustain the manifestation. This was the power utilized for the progression of the Earth and the same activity of motivation can be used to accelerate the cells and atoms of your being, throwing off into the Violet Transmuting Flame, all discord, and sustaining and accelerating the power of God, alive

within you, rather than allowing your physical vehicle to decline. Think on it! The motivaing power in all life is of a different vibration, of course.

So-called inanimate matter is impregnated with the consciousness of all who use it, but the motivating power of the cells and atoms of your dear bodies can be regulated and move more rapidly until all human creation is removed, and the Powers of your Holy Christ Flame activated and set free, to bless all life everywhere. Accelerate the vibratory action of those organs and cells which require assistance NOW. The moment you think of Us, you are with Us and the moment We think of you, We are with you. That is truly a power of rapid motivation, is it not?

That is a science. It is a science that can be used, and is used efficaciously by unascended beings as well as Those in Our Kingdom. You cannot even motivate yourself from this room into your own quarters without willing so to do, having intelligence enough to go there and then making of your room a shrine of Light by the love that is acting.

Practice on the power of accelerating, calling to your "I AM" Presence and Holy Christ Self to accelerate the motion of the cells and atoms that make up your physical vehicle and inner vehicles and see the manifestation that can be yours TODAY!

Beloved ones, utilize these powers. There is no sense in bringing glad tidings of great joy to this or any generation if there is not the acceptance and utilization of those powers within the lifestream to whom We give the gift or Our very Life.

Now visualize a crystal ball, oh about the size of the palm of your hand, and see it rotating upon its axis, but that axis perfectly straight—as the Earth soon shall be—and it moves from left to right of course. That is a magnified cell made up of many electrons. Those are within you and when you call the POWERS OF LIGHT into that cell and it begins to rotate more rapidly, wherever the condition of distress seems to be in the mind or the body, in the soul, in the feelings, it can be removed by the Powers of Light. This is God Truth, proven

by unascended beings and which can be proven by you today.

We are in the Season of Christmas, One Which I remember well, as I participated so joyously both in My Visitation to Holy Mary and to The Ascended Master Jesus and Saint Germain (then Saint Joseph) on many happy occasions. As you practice the power of the Presence of God, alive within you, you will, of course, become more of the Light of the World. Walking the ways of men you shall not be like unto them for your Light shall be a pathway of Grace to all.

Giving you that, will give you, of course, a tremendous acceleration in that visitation but until that hour comes you can receive the acceleration of the cells of your beings through Our Presence and OUR CHARGE OF LIGHT through you. You can sustain that in ovoids of Light by the Power of the Sacred Fire.

Practice on these things, yet though you walk the ways of men you shall not be like unto them; you shall be like unto the shining Stars in Heaven, which is your Destiny and which you must one day fulfill.

Beloved Jesus spoke upon the subject of practicing the powers of the Presence of God, within Him, which manifested His Victory. Although even We of the Angelic Kingdom gave great assistance to His Lifestream, if He personally had not chosen to practice those Truths, He would have not accomplished the perfect Example for all the Christian Dispensation. My Lady Hope, gives constantly of Her Feeling of Hope Eternal to the hearts and souls of men in temporary distress. Stand you, as Beloved Hope and the Angelic Kingdom and allow the orbit of the electrons and cells of your vehicles to expand until you are God-Free Beings NOW.

Beloved and blessed of My heart, I love the Light that is your heartbeat, the Eternal Flame that is alive within you and which will one day be God Free. Every Hierarch and Sponsor and Master at the Teton loves that Light and you have learned,

and are learning, to Love that Light within each other, though sometimes it seems to be covered over and sometimes the untransmuted karma seems to be more powerful, but if your love is strong enough, you can do as Jesus did when He drew the devils themselves out of individuals. You can call into the Violet Fire that untransmuted karma and love life-Free. Do this only and always within the Luminous Presence of Myself or Anyone of the Ascended Host and see the results. If you do it with a human sense of conscious activity, you are apt to draw that very karma into your own world and become at least for a time a part of your own. But you are in this day and age in a position to call Any Divine Being and through the Power of your Holy Christ Self to invoke the assistance that is required through all that untransmuted karma into the Flame TO SET LIFE FREE and to love it eternally Free.

PRACTICE ON THESE THINGS; these things of which We speak are the most practical and the most simple of all instruction as you know and as it descends upon you, the feeling of Our Reality, you shall then be Master of the very substance and energy of your sweet worlds.

Oh, there are many souls who consider that it is impossible for them to attain to the Heights of Divinity's stature and it is the Lady Hope Herself radiating in, through and around them that gives that stature of Perfection, manifesting it with the fullest power of the Sacred Fire without limit. So stand you as the Ascended Host you represent do, as the Angelic Host Which We are, and allow the orbit of the electrons and cells of your vehicles to expand, expand and expand until you become God Free Beings.

THIS I ASK IN THE NAME OF THE SAVIOUR JESUS, Whom We honor in this Holy Season. We call Him 'Saviour' and that is true because salvation itself is knowledge of the Law and that knowledge applied sets mankind Free. Saviour as used in the activity of vicarious atonement of course is a fallacy of the Church. BUT when the Law is given and not used, when

the instruction, radiation, blessing and POWER of the Sacred Fire is not poured forth after the Law is given, there is a karmic line written on your Page of Life. So wipe clean your Page of Life, your year of life, your years of life, your centuries of life, your aeons of living through the Power of this Violet Flame and let your volume of living in the Cosmic Library contain only those beautiful and perfect pictures and experiences of perfection that you have known now, known before and are to know again.

Thus, I come to announce tidings of Great Joy to you, that The Father of Life within you can and will expand through you the vibratory action of Himself for the blessing of all imprisoned life. Charge and accept that activity into your feelings, beloved. Let the Beloved El Morya be spiritually grateful before the Universal Karmic Board for His energy invested so lovingly in you, each one, so as He stands when the great Karmic Board presents Their petitions for 1960, every one shall manifest the glory of God, even though you go in white garments your light is so brilliant blazing from within you that there is none among even the Karmic Board Who can but cognize your Light adding to the Light of this Sweet Earth; the Earth that has blessed you, sustained you, held your very body by the power of gravity and consciously in every way done those things required to set Life Free; the Earth that has been desecrated by the misuse by man and animal; the Earth that is in the process of the most rapid redemption of any Star that has even sunk to the depths that the Earth has, but which is being now resuscitated quickly. Resuscitate yourselves with It and progress with It into that Light, that Light that We know and that WE ARE!

The blessings of the Holy Season be yours, and the blessings of every Being, Power and Legion of Heaven flow to, through and around you, setting the Light within you FREE TODAY, sustained by God's Holy Name, "I AM".

Thank you so much.

HOPE IS THE POWER OF RESURRECTION

Address delivered at The Ashram by the Cosmic Being Hope

BELOVED friends, in order to achieve and maintain the Immaculate Concept of which blessed Gabriel speaks, unascended lifestreams do require a tremendous buoyancy which is to be found within the Flame of Hope which it is My joy to sustain in the emotional, mental, etheric and physical worlds, for without Hope no man could finish his course, no woman or child sustain the constructive endeavor upon which he or she is engaged.

We are part of the Springtime, Gabriel and I, Gabriel through the Resurrection Flame connecting with the beautiful Virgo and Amaryllis, bring up through the Earth the magnificent blossoms that show the power of Resurrection in the Nature Kingdom. I give the fragrance to those flowers which is Hope. If a dormant bulb lying in the Earth through the long winter beneath snow and ice, can be stirred to the Resurrection and direct its shoots and flower through the ground and then give forth perfume, it should be a great hope and example to mankind that what a bulb has been able to do in externalizing its immaculate concept, mankind also can do!

Feel Hope alive in you

As the Resurrection Flame of Spring, surging through the Earth, as you look upon every flowering shrub and budding tree, as you look upon every early Spring flower which has utilized the power of the Resurrection Flame, feel the currents of Hope alive within you, for within your hearts you know is a divine pattern and plan waiting to burst forth and externalize, making you each one a Christ, a more powerful kernel far than the little tiny kernel within which is held the pattern of the crocus or the early violet. Within your hearts, beloved ones, embodiment after embodiment the great and patient God has

placed the Divine Immaculate Concept of Himself, and springtime after springtime, year in and year out, embodiment in and embodiment out, where is the flower and the perfume of your Christ? I say now it is not enough that Jesus burst the tomb of immortality, resuscitated a mutilated form and stood forth a resurrected shining Being when there are ten billion life streams belonging to the Earth's evolution and about three and a half billion of them are in embodiment today, waiting, waiting, waiting for someone else to externalize the Christ nature.

The Divine pattern is within you

There is no human being that does not have that divine plan and pattern within him and it was written that man was made in the image and the very likenes sof God—that image and that likeness has been shrouded around by personalities until so few have come to flower. Were eveyone of the elements to be as recalcitrant as mankind who have used this Earth, there would be no Spring, no violet, no crocus, no lily, no flowering shrub. They would stay beneath the Earth year in and year out, but Elemental Life, inferior to that of humankind, has expected the resurrection power and created the rhythm of Spring, summer, harvest and rest. What nature has done, what Jesus did, what a few very exceptional lifestreams before Jesus and after Him have done, is the destiny of all this race and those that are yet to be born! So on behalf of the God that made you, the Christ that is within you and the potentialities that await development through you, I do invoke the power of Cosmic Hope to sustain your feelings in a receptive consciousness until you are a manifest expression of your divinity.

So to you all I say this morning, accept Lord Gabriel's concept for yourselves and each other and this Earth and take My buoyancy, which is the Power of Hope, not just during this time but as a permanent gift of My heart to you.

HOPE

TEMPLES OF THE PAST AND THE PRESENT

Excerpts from an Address by beloved Maha Chohan

EVERYTHING, even your planet is builded in Light. If you had stood in the atmosphere and seen the Elohim looking into the body of the Silent Watcher and then drawing forth the light rays to form that convex cradle into which the substance was drawn to make the Earth, you would have seen only Light and heard only the beautiful harmony of the spheres. The creation of the Golden Age of tomorrow is taking place first in the same exact manner—through Light—and that Light is your energy drawing the substance from the Etheric Realm and building specific momentums of healing, of purification, of illumination in the various localities where you graciously chose to form groups, sanctuaries and activities dedicated to the Sacred Fire. You have responded to the call of Love.

In the great ages where mankind knew freedom, the priests and priestesses of the Sacred fire concentrated upon one specific gift to life, and they becamse specialists in drawing forth from the heart of the universal that particular quality and momentum. There were Temples of Precipitation; there were Temples of Illumination, Temples of Education, Temples where the nature devas were trained to control all weather conditions; Temples of Healing, and so on and so forth.

The Temples of the past

The mankind that functioned and lived in those Eras knew where those Temples were. When they were depleted in themselves in one quality or another, they made pilgrimage to those Temples. As they walked up the steps and even sat within the silence of those Temples, they were re-vitalized, their own energies absorbed, even as the sponge absorbs water, and the

quality of energy which the priests and priestesses had gathered and which was offered to all who entered therein.

In the activity which has preceded this, generalization was the order of the day. In these conferences and conclaves where you join together one with another, the various momentums that you gather must be blended. Then when you return to your individual orbit you will have some of the strength, some of the sweetness, some of the faith, some of the light, some of the purity from each of the visiting priests and priestesses that carry from their own forcefield a portion of their qualified life to add and contribute to the good of the whole.

Beloved ones, all life has something to offer. The smallest violet, the most beautiful tree, every bird, every angel, every deva, every man—each has something to offer from that Holy Christ Self; Each has a reason for being; each has a radiation through the energies of his or her own world, which can be a benefit and a blessing, a nourishment and a stimulant to the inner energies of your own world, if you will choose to so open yourself to accept them.

Get into tune with your Etheric Temple

It you choose, in your individual activities, to call to the local Silent Watcher over your city or town, and to find within yourself the Keynote of the Temple which pulsates in the ethers above your sanctuary or group, and you will endeavor then to concentrate your energies to drawing forth the full gathered cosmic momentum of that Temple, that worship and that light. I am sure you will find great joy in becoming specialists along one line or another.

When you are strong and when your momentum is gathered, then will be the time to increase the numbers of the mankind of Earth who are cognizant of you and of your service; then will be the time to turn the attention and the consciousness of the people toward you, for you will have something to give that will be the greatest proof possible, beloved children of

God, of your oneness with the Father and your direction from Us, for you are Our representatives in this world of form: on your light and on your manifest works is Our success measured by the people in the world, for We, by cosmic law, must yet remain behind the human veil and use you as Our very Selves in action.

And may I say, beloved ones, those of you who have responded so kindly, so graciously, so beautifully to My humble endeavors to give to you a little bit of the Comfort of My life in the Bulletin, I am extremely grateful for your lovely letters. I am extremely grateful for the light that you pour back to Me in your written word, in your prayers, in your affirmations. You do not know what it means to receive so much love from the mankind of Earth, for up to only a few years ago, few even knew My name or that I had Being!

FEATURES IN THE APRIL 15, 1960 ISSUE OF "HOPE" MAGAZINE

- TEN PREVIOUS EMBODIMENTS OF THE ASCENDED MASTER JESUS.
- ON THE FOUNDATION OF THE WORLD, by Dr. Chas S. Smith.
- CONSCIOUSNESS IN RELATION TO TIME, by Ascended Master Serapis Bey.
- PAGES FROM MY AUTOBIOGRAPHY, by the Ascended Lady Master Nada. Illustrated with Her Picture.
- GOD'S INVISIBLE HELPERS, by E. R. Vinall.
- ARTICLES ON HEALTH, OPULENCE, PEACE AND ENLIGHTENMENT.
- SYNCHRONIZED DAILY PRAYERS FOR TWO MONTHS.

TO OUR CORRESPONDENTS

In view of the extraordinary amount of mail which is daily received at the Headquarters of **The Bridge to Freedom Activity** on matters which have been delegated to specific departments, which act under my direction, and in order that our friends may be able to receive more rapid attention, please be advised of the following:

First: Special Announcements from the Ascended Masters, and from the Office of the President, will proceed, as usual, from The Mother House of the beloved Maha Chohan. Postal address: R. F. D. 1, Box 321, Charlottesville, Virginia..

Second: All letters dealing with administrative matters, organization, suggestions for "The Bridge" and "Hope" Magazines, and our literature in foreign languages should be channeled through the General Manager, Mr. Frank C. Pita, Apartado 2056, Havana, Cuba.

Third: All letters referring to Sanctuary and Group Activities should be channeled through the Director of Sanctuary and Group Activities, Mrs. Zora Fellows, P. O. Box 3776, Daytona Beach, Florida.

Fourth: All letters referring to Musical Activities and the sale of our literature through Book Dealers should be channeled through the Director of these Departments, Mr. Carson Miller, P. O. Box 1150, Harrisburg, Pa.

Although all matters of importance are referred to me for consultation, I shall always be grateful to receive letters from any one who wishes to communicate directly with me, but if the mail is channeled as indicated above it will be a great help to all. I shall be grateful for your cooperation.

"I Am" ever lovingly and gratefully.

Geraldine Innocente,
President,
The Bridge to Freedom, Inc.

THE BRIDGE
TO FREEDOM

A Monthly Journal Devoted to Individual Unfoldment, Contact with The Great White Brotherhood and Cooperative World Service

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THE BRIDGE TO FREEDOM

A Monthy Journal

Vol. IX **May 15, 1960** **No. 2**

THE TEMPLE OF ILLUMINATION

Near Lake Titicaca, South America

The Ascended Master Retreat of the Month

May 15th through June 14th, 1960

Hierarch: God and Goddess Meru; **Color of Flame:** Gold and Pink; **Musical Keynote:** "Faith of Our Fathers", Hemy-Walton.

BREATHING STATEMENT FOR THE TRANSMISION OF THE FLAME CLASS OF MAY 21, 1960

1	2	3	4	5	6	7	8
"I AM"	inbreathing	God	Meru's	feeling of	illumination	peace	and power
"I AM"	absorbing	God	Meru's	feeling of	illumination	peace	and power
"I AM"	expanding	God	Meru's	feeling of	illumination	peace	and power
"I AM"	projecting	God	Meru's	feeling of	illumination	peace	and power

Description of The Temple of Illumination: Please see "The Bridge to Freedom Journal", Vol. I, No. 4; Vol. V, No. 5; Vol. VI, No. 4; Vol. VII, No. 5.

For Addresses by the Ascended Lady Master Nada: Please see "The Bridge to Freedom Journal", Vol. VII, No. 11; and Series IV, booklet 1.

FRANCHISE NOTICE

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ASCENDED LADY MASTER NADA

Messenger of God Meru
and Chohan, or Director, of the Sixth Ray of Ministration

ON THE FALLACY OF SEPARATENESS

An Instruction given at The Ashram by the Ascended Lady Master Nada

The tremendous struggle which is paramount in the life of the individual who aspires to Godliness prompts My Presence here with you this morning.

The mass of mankind have accepted themselves as the personality which they wear in the embodiment they are experiencing and for them the weaknesses and habits of the personality are as much a part of the natural course of their life experience as the petals are of the rose. When a lifestream is awakening to the consciousness that he or she must lay aside the qualities that are offensive to life and that such an one must consciously become a harmonious expression of God's energy, there immediately ensues a sense of battle and struggle, self-abnegation and self-discipline that goes on through numerous embodiments and which expresses as the penances and self-inflicted punishments that have been practiced in the churches and by the people of the East in the torture of their bodies and the denials of the flesh.

Having assumed the name of "NADA" and having passed the way of earth, I would like to express to you the Truth, which will enable the discerning individual to express his inherent Godliness in the natural manner which life intends.

Separateness is not the truth

Every personality on the face of this globe is a **blot** against the Sun. Separateness is not eternal and it is not Truth. The aspirant must not **dignify** nor recognize the personal self as an **adversary to be overcome** because in so doing he gives wrong

recognition to a power which uses this shadow-self, and which then, by the very life of the aspirant released through this power, lives to torture him.

There is no unascended being who is not thoroughly convinced of his identity as an ego apart from the fullness of God, whose rights and whose attributes must be affirmed and protected by self-conscious effort. The constant struggle to maintain a separate identity rather than allowing the little self to flow gently into the one universal whole is unnatural and is the cause of all stress, nervous tension and emotional distress and unrest. It is the same as if one wave of the sea refused to merge and become part of the tide. The uneven and unnatural struggle would soon exhaust the energy of the erring wave, which would be drawn by the power of the great ocean back into its natural one-ness with the sea.

God is not a Being apart from you

The student body is looking at God as a Being apart from itself, toward which it must attain by a constant battle with this separate entity created by its own belief. The Ascended Host of Light have become a part of the Universal Whole and from the Bosom of the Father pour Their Light to all the rest of the expressions of Themselves.

The honest individual will realize by a little introspection that his entire life is devoted to the maintenance of this separate ego. Let any man be touched upon the "primal rights" of this separate ego and he or she, like a wild beast, would rush to its defense.

The Master Jesus gave an example of the nothingness of the outer man when he was distinctly unconcerned with the efforts of the people to destroy the dignity and the Godliness of the form He inhabited. He, knowing that all life was one, realized that they but poured out their own life's blood and crucified by their own acts the atoms of their own bodies.

Realize the oneness of life

When you once conceive of the oneses of life and when your consciousness is impregnated with the realization of that oneness, you will let go of the consciousness that there is any separation between you and the beggar on the street or the Ascended Host of Heaven. The one life singing through all must be treated with the same unfailing courtesy and kindliness. When Saint Francis gave his cloak to the unclothed and his food to the hungry his disciples rebuked him, for they had learned to love Francis and not Life, but Francis, in his great illumination, knew that he but fed and clothed himself.

This feeling of oneness brings a humility and peace indescribable, for only a consciousness of separateness brings anger, selfishness or judgment. Dissociate your thinking and feeling processes from any ideation that the life within your body is a separate and distinct entity from the whole and let that life flow ceaselessly forth from you in a radiation of good, while you dwell in the bosom of the One God and do not, even for an instant, allow any part of your consciousness—by word, thought or feeling—show preference to the life flowing through your vessel over that of any other.

NADA means NOTHING. This is not a negative, lethargic or pasive state, but it is the same consciousness which Jesus used when He said "I, of my own self, can do nothing, etc." It is rather a most powerfully positive and concentrated consciousness of the ONE-NESS of the eternal Life of the Universe, and he who attains that consciousness has become one with the Ascended Consciousness even while he yet appears in the Third Dimensional Garments of flesh.

LEARN TO PERSEVERE

An Address delivered at The Ashram by the beloved Gautama, Lord of the World

Beloved, blessed ones of Light, YOU are the Light of the World, for within your beating hearts is the most beautiful Flame, and that Flame expanding in the radiance of Our Love is the hope of mankind, imprisoned Angels, and every living thing. The Light within your hearts is what We, in the Ascended State, love. That Light within your hearts is the signal to all of the Great White Brotherhood, to all of the Angels of Heaven, to all the Powers that are acting to effect and manifest world peace. There are among the sons and daughters of men those willing to be magnetizing centers for that peace that can never be disturbed no matter what the pressure of energy from within or without may be.

My Armageddon

In My Life long ago as Prince Siddartha, I, too, learned the lesson to persevere, for many, many years in My search for Truth, having forsaken the bauty and perfection of My father and My own beloved wife and son, I sought the Truth, a way and means by which mankind and all living things might be freed from disease and distress. Sometimes as My aspirations rose God-ward, I must tell you that My mind returned to My home and My loved ones and there was the Armageddon. Could I not have done better as the Ruler of India to bring Light to the world than as a nameless mendicant! And there alone as I endeavored to do that which My own heart seemed to have prompted me to do, there alone, I, too, learned what it was to persevere; to persevere even as My consciousness opened to every one of the spheres and I enjoyed the glory of it.

Yet something within me said, "No, it is not the Ultimate",

until I had reached in consciousness the very heart of God Himself and touched the hem of His robe, and felt the effulgent Light of His Presence and knew what it was to come Home! In that moment, all that I was longed to remain in that glory but I had to persevere in returning through the Seven Spheres into a vehicle that had become emaciated, and re-animate that vehicle and walk and talk with those who were My followers, giving to them those precepts and truths, some of which you know so well, holding My peace and radiating that particular gift of Enlightenment until My Guru called Me to come.

You have to fulfill your mission

Every Great and Ascended One has had the temptation from time to time, as Jesus did in Gethsemane's Garden, to ask the Father of Light to remove the Cup, but every sainted and Ascended One has persevered in His own particular service to Light unto the end, and those who asked for surcease most assuredly were given it, for God is a God of Mercy and Love, and they laid down their unfinished business and faced the Karmic Board with their baskets not filled with the sheaves of accomplishment and were given rest in the Sleepers' Realm and allowed to be present with their own Guru and given new strength, and then came to Earth again with the same mission which they did not fulfill before—**for until your mission is fulfilled**—until you have wrought the purpose through, which made you man, you shall not have the fullness of your Ascension!

Bodies tire and souls weary and We are cognizant of that, having passed this way Ourselves, but I can assure you that you who are faithfull to the end will wear the seamless robe and the bautiful Crown of Victory and you shall not know remorse for what "might-have been"! Often have I throught if I had returned to My father's house and rejoined My wife and son, and taken up the Rulership of Light in Asia, it would have seemed a noble thing, yet it was the prayer and the love and the strength of the Guru Who guided Me, Who kept Me from the deception

of the human mind, which often weaves into promptings motives of a nature not wholly divine. So wherever your Path has placed you, if your hand is on the plow, My hand rests upon yours, RUN YOUR FURROW TO THE END and then when you come to greet Us, We can say as was said long ago, "Well done good and faithful servant"!

Your Cups are filled

It is most difficult to formulate in words instruction for unascended beings, for I have long dwelt in an activity of pure radiation and Light where words and gestures are unneeded and My service as The Buddha was to enfold the planet in that Love and Light. When the opportunity came for Sanat Kumara to join His Beloved on Venus, I could not allow Myself the luxury of sojourning longer in that effulgent Light, and willingly and joyously in the Name of that Great Sanat Kumara, and as a Servant of The Great White Brotherhood, I took upon My shculders the cloak as well as the resposibility and the obligation to be the Lord of The World; and just as willingly and graciously does Sanat Kumara (given full freedom to act on Venus) return to Earth. And My gratitude to the Beloved Lord Maitreya Who, during this period of My adjustment to the activities of pomp and circumstance, has acted for Me on so many occasions as the Presiding Celebrant at Celestial Functions.

Beloved ones, please know when We come, We give you Our Light that is qualified with all the momentum of Our Living—it is priceless! It enters your feelings, it enters your minds, it becomes part of your etheric body, and it enters the substance of your flesh. So, dear ones, do not dissipate it as soon as We have ceased speaking. You have the greatest gift in the world when any Divine Being gives you of Their Light. This is the Communion of Saints! Your Cups are filled! It is a precious Essence that can be lost by the ill-use of the tongue, or by any of the senses. Conserve it, each of you a Holy Grail, blessed by The Lord of the World. God in Heaven be with you!

ON ASCENSION DAY

By the beloved Ascended Master Jesus

In the great honor accorded Me through the Christian Era, little has been understood with regard to My Service performed on Holy Thursday wherein I offered the Body and Blood of My Lifestream to the Beloved friends gathered with Me that hour. It was **My Consciousness** that I chose to share with them and which I **hoped** they would continue to partake of, in the knowledge that there is no separation in the bonds of love.

"I have food that ye know not of"

Mankind is constantly, consciously and otherwise, partaking of the consciousness of each other through the written and spoken word, through radiation and picturized idea, but it is seldom that mankind aspires to partake of the consciousness of an Ascended Being, which is always open to any supplicant. When I said "I have food that ye know not of", I spoke of this great Parent Consciousness of which I partook and in which I lived constantly. You, too, have food that your own lifestreams know not of and if you would choose to draw the Ascended Master Consciousness, rather than dwelling, accepting and living upon the human consciousness' reports of your own and other human beings' outer senses, you would know the peace and perfection which it was My humble endeavor to manifest to mankind centuries ago.

As the human consciousness of other lifestreams flows into your own when your attention is upon them with disfavor or otherwise, they affect the tone and nature of your own being. So, also, does the Godly Consciousness flow, carrying within Itself Rivers of Healing, Illumination, Peace and Well-being.

What the awakened chela can do

All men choose consciously or unconsciously whatever state of consciousness they wish to entertain and live within, but the **awakened chela** has the opportunity to "tune into" and dwell within the Ascended Jesus Christ consciousness until it becomes as much a part of his nature as the human consciousness of the world, before his awakening affected his mannerisms, characteristics and reactions.

Having achieved the ultimate Glory of the Ascension through the sustained consciousness of GOOD, I refused to entertain evil, and that Consciousness which I AM, can be a tremendous resurrecting power when drawn through your own consciousness, as a great Flame enfolds the lesser and the two become ONE.

My Presence and My Victory is part of your life

If the weight and pressure of the human consciousness finds your soul unable to aspire, the **invocation** of My Consciousness through yourself can do much to disconnect the lifestream from the contemplation of imperfection and anchor it again into a sustained effort to live within the consciousness of GOOD alone, which is the mutual or shared consciousness of every Perfected Being, of Angels and of Solar Lords.

On Ascension Day a great outpouring of My Cosmic Consciousness envelopes the planet Earth and Her people, and whether they are aware or not of My Presence and Victory, yet that Presence and Victory being part of their life, is flowing through their inner vehicles in an uplifting, transmuting activity which is for their mutual benefit and spiritual evolution. To each one of **you,** I give My Individualized Flame within which is the substance of My Life and the radiation of My Nature and the characteristics of My Being which you, if you acknowledge and approve, may use to amplify your own natural current of expression.

THE BRIDGE TO FREEDOM

A Monthly Journal

KEYNOTE OF OUR SECOND SEVEN-YEAR CYCLE:
FREEDOM, PEACE, IMPERSONALITY, CO-OPERATION, EXPANSION

Vol. IX | May 15, 1960 | No. 2

ENLIGHTENMENT WILL BRING PEACE

Monthly Letter to the Transmission of the Flame Class of May 21, 1960

Beloved Children of God seeking Illumination:

This month is truly the Month of Illumination. In it We commemorate this year the Ascension of My beloved Son the Ascended Master Saint Germain, Lord Gautama's Illumination, the Wesak Festival and the Ascension of our beloved Jesus. Besides, the Consecration of Souls takes place at the Sacred Heart Temple of beloved Mary, Holy Mother of Jesus. The Temple of Illumination of the Mighty God and Goddess Meru is also Host to the world between May 15th and June 14th, 1960; and within this thirty day period, on June 5th, We celebrate the Feast of Pentecost, known as Whitsuntide, in which every year I direct an outpouring of the powers of the "I AM" Presence into the Holy Christ Selves of all mankind.

In this month therefore it is expected of every chela to intensify their gratitude, love and adoration to Our Great God and Goddess Meru, to Our beloved Ascended Master Saint Germain, to Lord Gautama (now Lord of the World), to Lord Buddha (former Lord Maitreya), to Our beloved Ascended Master Jesus and to His Holy Mother Mary, as well as to the Activities of the Representative of the Holy Spirit on Earth.

This is the time for chelas also to persevere in their quest for understanding, for enlightenment, to see the cause and core of their limitations to transmute them through the Power of the Violet Transmuting Flame, in order that they may perceive their Immaculate Concept and the part assigned each one of them in the Divine Plan.

Their daily attendance in consciousness at the Temple of Illumination, in company with magnificent Gentlemen Sponsors (Who are tall of stature, with hair like unto spun gold), where they will meet all these Great Beings, will be a tremendous help in making their Victory in this endeavor.

It is also expected of Our chelas to add their spiritual momentums to the daily outpouring of the Illumination Rays from God Meru's Temple into the minds and hearts of all mankind, especially into the minds and hearts of those who are rulers of countries and leaders of multitudes, not only in the Southern Hemisphere, where the Illumination Temple is located, but in Europe, Africa and Asia and throughout the Planet.

"I Am" lovingly and gratefully
Your Friend, Guru and Servant

Maha Chohan

THE WESAK FESTIVAL

May 11th, 1960

The great annual Wesak Festival represents the fullest outpouring of Nature represented by the Month of May, and as the planet Earth must be served through Her natural faucets, the time of year when the currents of Earth are turned outward toward manifestation and every leaf and tree and bud and blossom are unfolding the beauty of their own heart center, the

Hierarchy utilizes this natural force for Their greatest outpouring of nourishment to the soul and spirit of man.

It was the Beloved Lord Gautama Buddha (Who is now the Lord of the World) Who first joined the mighty course of the River of His Life to the natural currents of Earth in His Visitation that first Full Moon in May, and year after year since then, every member of the Brotherhood has voluntarily joined the substance and energy of His or Her own lifestream to increase the crescendo of spiritual blessings that flow forth at this mighty Festival.

You are invited to the Wesak Festival

There is no outer invitation to the Wesak Festival, the Light within the heart draws the wayfarers and pilgrims both in their inner and outer bodies to the place where it is held. There is never a mention made as to the exact location where the Visitation will take place, but the tribes and nomads and disciples of Lord Gautama start into motion in March and April and are led only by the prayer in their hearts which points their feet toward the Great Light which is the only magnet and invitation that can draw them—without compass or guide—with the whole of Asia beneath them. Their initiation is to allow the heart to join the greater manifestation of the Self which, accordingly, brings the body with it.

From Ceylon and India, from Persia and Arabia, from China and Tibet and all Asiatic countries come the enthusiastic pilgrims who cross continents without thought of time or effort. The pupils in the West, whose Light is great and who are drawn by that Light and whose inner bodies are a part of the receiving as well as the outpouring of the energy, are ofttimes entirely unconscious of the tremendous experience which has bathed their souls in the Celestial and Eternal Light and they return to their mundane tasks and duties greatly enriched by their experience.

In describing to you some of the festivities of the Wesak Valley Festival which takes place each year at the time of the full moon in the month of May, we would like to draw your minds toward

that Valley and allow you to contact in a moment of silence the great outpouring of the New Lord of the World as the moon reaches its fullest radiation. Why do We choose the time of the full moon? Because, beloved ones, every emotional body is at its greatest tide and there is more opportunity to pour the radiation from above. This pilgrimage is not chartered or coursed by any Master where the Brotherhood do honor to Lord Gautama and where He, in turn, creates a visible Luminous Form in the atmosphere with His glorious Causal Body, pouring through the Brotherhood and those fortunate enough to be there in their physical forms, as well as the chelas who are able to attend in their inner bodies, the benediction of His Presence.

When Lord Gautama within Himself decided to expand His Causal Body to meet that of Sanat Kumara, He naturally made a much greater radiating center of blessing, and so the outpouring of the new Lord of the World which takes place at the Wesak Festival is greater than before He became Lord of the World.

Pray that all may find the Wesak Valley

The preparations are made by the conscious chelas who create the stone altar and bring the golden chaste bowl and fill it with the beautiful lotus of the East in honor of the coming of Lord Gautama. As the pilgrims arrive, you can see their yak tents as they busy themselves about their personal ablutions, each one preparing according to his own capacity to receive the benediction of the Lord.

The great Angelic Beings and Builders of Form supervise the spiritual activity and Great Beings at the cardinal points of the Valley, north, east, south and west, magnetize on Chamuel's Ray the pilgrims by an added heart pull.

Will you pray with Us that all who are earnest, honest and sincere may find their way to that Valley! It is the Voice of Asia that is the prayer in the heart of thousands that the Flame in their hearts may lead to the Presence of their Lord.

CONSECRATION OF SOULS AT THE SACRED HEART TEMPLE

By Beloved Mother Mary

Beloved Children of the One Eternal God, I bring you this day the Peace of Heaven, the Peace which your dear souls so much require in order to set into the divine pattern, your feelings, your thoughts, your memories and your flesh. Without Peace, there is no soul unascended who can know the stability of dwelling constantly and consciously in the Heart and Presence of God! So as We listened to your magnificent decrees, songs, visualizations and calls upon the behalf of the many millions of lifestreams that are passing this day through the initiation and consecration at the Sacred Heart Temple, We thought of how many ages it has been since unascended beings have consciously worked with Ascended Beings on a cosmic purpose, with no veil between, and the energies and vital interest of the unascended, being given to us certain dispensations and certain opportunities for service which would otherwise be denied Us.

You are citizens, We will say, of this world, and therefore you have a right to vote therein. **We** are citizens of another world and another realm and **We abide by your vote** in order to function through the body of mankind as a whole. As these blessed, blessed lifestreams from all over have been called to my Temple of the Sacred Heart, it is an interesting thing to watch the process which takes place. It takes quite some time, as these different types of beings are called before the Karmic Board.

There are three classes in the Temple

There are three classes! There are the beautiful Beings like the Buddhas—God free Beings—and many again have returned for opportunity to take embodiment; some God-free Beings have come from other Systems and Stars. This represents one group

Who come when They know the Karmic Board is to meet and pass upon those who will take embodiment within the year.

Now this is a vast and complex procedure, beloved ones, that the outer mind cannot fully cognize. You have your God-free Beings Who volunteer to become part of the Karma and part of the race. You have the chelas of the various Masters of the Seven Rays Who have seen something of the divine pattern and plan at inner levels, and who are desirous of cooperating with their Master by coming into embodiment, particularly at this time in building the permanent Golden Age. Then you have the great numbers of lifestreams that must in justice be allowed reembodiment within a certain span of years.

The summons to rebirth

In this one group that is rather enjoying the sojourn in the heaven world, there is the place where you might find if you would call it so, a sorrow in the summons to rebirth, because it is a very happy place compared to the previous Earth life. It is a place where there are great freedoms in the etheric body; it is a place where new associations are made between comrade Spirits, as well as old associations on Earth are renewed with people who had great love one for the other. When the summons comes from the Karmic Board and the Messengers go out, North and East, South and West, They are always known by the Scales of Justice that They wear upon the breast of Their garments and They carry with Them the scrolls which are the summons for the soul to appear before the Karmic Board and perhaps be chosen to leave this realm of Elysian Fields and come into embodiment.

When these great Messengers go forth, there is more than a little distress and fluttering in the consciousness of the various members of these realms where re-embodiment is necessary. There is always a sigh of relief breathed when house or estate is passed by and left untouched.

In the Halls of Karma

There are the partings, the partings of a loved one from its lover; a mother from a younger soul, its child; these partings come and there is a certain agony in the soul of the one who must accompany the Messenger to the Karmic Board and enter into the Halls of Karma, and there they are arranged in the seven colors representative of the Ray to which they belong. At the head you have either the Archangel, the Elohim or the Chohan representative of that Ray. Then behind that great Being, the grouping widens like a pie-wedge and the Master (Chohan, Archangel or Elohim); sometimes just One represents the group, sometimes all Three are in the front.

Behind Them are the voluntary lifestreams who are God-free. They stand, as in the case of the Buddha, He would stand behind beloved Kuthumi and Jophiel, and Constance and Casseopeia, and in the case of the other Beings, whatever Ray They particularly wanted to serve, They stand behind that Being, and the Karmic Board is facing the entire assembly. Behind Them, the God-free Beings, the Second Ray has the other Buddhas too. Behind Them are the chelas, the conscious chelas of the Masters who have been studying in Hilarion's Temple or in any one of the Chohans' Temples, who have been interested in the New Age, in the period of self realization, purification and the building of the permanent Golden Age. They all stand in their rank behind their Master, within their Ray.

Beings from other Realms

First, the Ascended Masters present the Beings from the other Realms Who want to help and assist. These Beings, of course, Themselves speak to the Members of the Karmic Board and to the Messengers from Helios and Vesta, Alpha and Omega. The Karmic Board then studies carefully the pattern for the year and the pattern for the entire two thousand year Cycle and then weighs whether the sacrifice of this God-free Lifestream is worth the permission to allow such an One to embody.

In the next hundred years, if just One Buddha came in a year, you would have a tremendous momentum of radiation that would come to Earth. Through both Meta's and Sanat Kumara's gratitude for His freedom, many are coming in from Venus Who had completed Their freedom as Lords of the Flame.

The chelas ready for rebirth

Now, these are the God-free! Behind Them you have your chelas—people like yourselves—some even a little more advanced who are waiting at the Gates of Birth and who must prove to the Karmic Board that if they do come in just as you did, that they will do something for the Master, particularly the blessed Saint Germain, and that their gift and momentum is such that they could be embodied. Here We hear many impassioned pleas and much **blazing** of Causal Bodies takes place and all the "merits" of the lifestream are demonstrated.

You stood there not so long ago and when you came, two stayed home; and I think often you wish it was reversed and you could have stayed home and the other two had come! These blessed ones are in the full fresh heat of enthusiasm and they, too, like yourselves not long since, are determined that their gifts and momentums are really going to save this race and this planet! The Karmic Board is such a magnificent Board, beloved ones, I don't understand how They can keep from smiling at the various displays of the talents and professions! Yet, except for an expression around the eyes, you hardly would realize that They had animate Christ Selves within Their Hearts, They are so still and so impassionate.

When these chelas come forth, they always have a Sponsor. After they have spoken and persuaded the Karmic Board according to their own light as to their worth, the Karmic Board then asks for the Sponsor and the Sponsor comes forth (that is

always an Ascended Being or a member of the Angelic Host) and that One offers to make up for any deficit. Now that is a very important thing for the Sponsor to do, because you see there is the obligation by the Karmic Board to let the masses behind these chelas—to let so many of them into embodiment within a year, because they have to have Earth experiences for certain develoments and mastery.

So there is a limit to how many of these good chelas which have great talents that can come in, because the ones behind them must also be chosen. After they are chosen, their names are called, they are looked over and they are worked into a pattern as well as their dear lifestreams will allow a pattern that will help the planet Earth as they grow to manhood or to womanhood.

Aspirants may have to wait until next year

All those that are summoned and all that join in this great services are not chosen, and there is a passing of the lifestreams to the right and to the left. Those that are passed by the Karmic Board go out to the right and the others to the left, and that means you have Buddhas going to the left! You have many of the chelas, the two that were denied, going to the left for the one who is to embody to the right. From the Seven Rays you have that "sieving" again—some who are going to be given a chance to embody to the right, the others to the left, and they will have to wait now, the ones that weren't chosen, until next year.

The blessing of the souls who are chosen

After they have been passed by the Karmic Board, then comes the service which I have rendered with great joy and happiness for many, many centuries of time, the **blessing of the souls who are chosen** and passed by the Karmic Board and who are ready to seek embodiment through the parents of this race upon the Earth within the coming twelve-month period.

If you will come with Me to the Sacred Heart Temple and as We stand above it just for a moment, you will see the beauty of that magnificent Temple and the beautiful fields, which We described to you previously, filled with all manner of wild flowers and deep grass, almost knee deep, in the most exquisite shade of perfect green; and coming toward the Sacred Heart Temple from the North and East, South and West, you will see the individuals who have been chosen by the blessed Karmic Board and who have come now for Our benediction.

As the beloved ones come close, asking for a Mother's love and blessing from beloved Kwan Yin, Meta and Myself, you can clearly see the head of the procession, the beautiful shining golden haired Buddha, and they have woven into His hair lovely blue flowers, very, very small and He wears yet the long robe of His earned estate. It is golden, and banded heavily in blue a great Sun, deep shapphire blue upon His back and He wears a large blue sapphire on His finger and blue sandals.

He is followed by the Court representing the other Members of the Buddhistic grouping and He is the first One Who starts to ascend the steps for this particular blessing and benediction. As He reached the steps just below Myself and Kwan Yin, He kneels—and Kwan Yin takes from Him the crown of flowers; beloved Meta removes the jewels of light; beloved Nada unwraps the string at the throat that represents the fine vestments, and He, Himself, removes His sandals from His feet, standing then in pure white robes while He has the symbolic removal of the hair to the shoulders in submission to the Will of God for the mercy of mankind.

He is followed then, as He so remains in that posture of kneeling, by the various chelas who have been accepted, and the tremendous staircase they fill it in kneeling posture, facing up toward Our humble Selves and beneath them are the groupings of those who come with the Messengers from the Karmic Board, some of them reluctantly, some of them weeping at the thought of being parted and separated from their loved ones.

The Initiation in Raphael's Temple

I have wanted to remind you of the power within Consecration. It is beautiful to see the kneeling figures like the colors of the rainbow, representative of all those blessed lifestreams in the robes and garments which denote the Rays to which they belong, bending the knee in honor to the Presence that made them, and endeavoring to get the feeling of Consecration—the Consecration which is so dear to My heart—the Consecration of the mind and the memory, the consecration of the flesh to the Christ Spirit within, the Divine Union and the Spiritual Marriage between the outer vehicles and the inner Christ, when emotions and mind and memory and flesh promise to love, honor and obey the Christ Power within.

One of the most magnificent activities that it is My privilege and honor to serve in, is the activity of initiation in Raphael's Temple of Consecration, towards which you now are aspiring and in which you may practice daily in the morning, even though you are not fully the Bridge of Christ or the Bridegroom of the Christ, in the matter of a moment.

If you would be willing in the purified emotions to consecrate that emotional vehicle to expanding God's Kingdom; consecrating your mind to receiving only divine ideas and externalizing them; consecrating your etheric body to restoring those perfect patterns of the past when you knew yourselves as God's children; consecrating your eyes to see perfection and your ears to hear it, and your lips to speak it; your feet to move upon the Master's way and your hands to go forth in blessing;—you will find a great happiness and it will become easier and easier until finally that Cosmic Initiation and Marriage takes place!

The Service for Elementals and Group Souls of animals

These blessed ones who have been blessed today, they are sincere, just as sincere as you are when in your own private boudoirs you consecrate yourselves to your Presence. They, too,

will not remember fully that which they have done when they come through the veil of birth, but through the use of the Violet Fire I am going to touch the soul consciousness of each one, even the Buddha, because through His great heart though It has no karma, even His heart can be increased by the love of one unascended being! The light of Alpha and Omega is increased by one prayer from the least of you and by your petitions and calls. I shall move upon that task tarnsmuting wherever I am allowed so to do as much of the karma as possible of a constructive nature from those who will embody. This same service which We render here in the Sacred Heart Temple for the human kind, is rendered by Our Lord Maha Chohan through the group souls for the animal kingdom, and the service is also rendered earlier in the season for the elementals who are chosen to bring forth your blossoms and your fruit and flower; but the human kingdom and the Angelic kingdom and those elementals who have qualified and have been accepted to take human embodiment, are all those with whom We are concerned at this time.

This process of benediction upon the souls and the transmuting of them will take some time because there are many, many millions and then Kwan Yin and Myself shall make a pilgrimage through the Earth into every home where a child will be born. Thank you, My children and accept My gratitude for opportunity to serve.

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THE BRIDGE
TO FREEDOM

A Monthly Journal Devoted to Individual Unfoldment, Contact with The Great White Brotherhood and Cooperative World Service

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THE BRIDGE TO FREEDOM

A Monthy Journal

Vol. IX **June 15, 1960** **No. 3**

TEMPLE OF PRECIPITATION

At Rocky Mountains, U.S.A.

(The Ascended Master Retreat of the Month)

June 15th through July 14th, 1960

Hierarchs: Lord Lanto and Beloved Confucius; **Color of Precipitation Flame:** Chinese Green with Golden Radiance; **Keynote:** "O Thou Sublime Star", Tannhauser.

BREATHING STATEMENT FOR THE TRANSMISSION OF THE FLAME CLASS OF JUNE 18th, 1960

1	2	3	4	5	6	7	8
"I AM"	inbreathing	the	precipitating	power	from	beloved	Confucius' Temple
"I AM"	absorbing	the	precipitating	power	from	beloved	Confucius' Temple
"I AM"	expanding	the	precipitating	power	from	beloved	Confucius' Temple
"I AM"	projecting	the	precipitating	power	from	beloved	Confucius' Temple

References for Sanctuary Directors and Students

Description of the Retreat: Please see the following issues of "The Bridge to Freedom Journal": Vol. I, Nos. 3 and 8; and issues 3 and 9 of the remaining Volumes from II to VII and No. 3 of Volume VIII.

Addresses by Lord Lanto: Bridge Journal, Vol. II, No. 9; Vol. 3, No. 10; Vol. VII, No. 9.

Beloved Confucius: A short biography and a few Sayings: See "The Bridge Journal", Vol. VII, No. 7.

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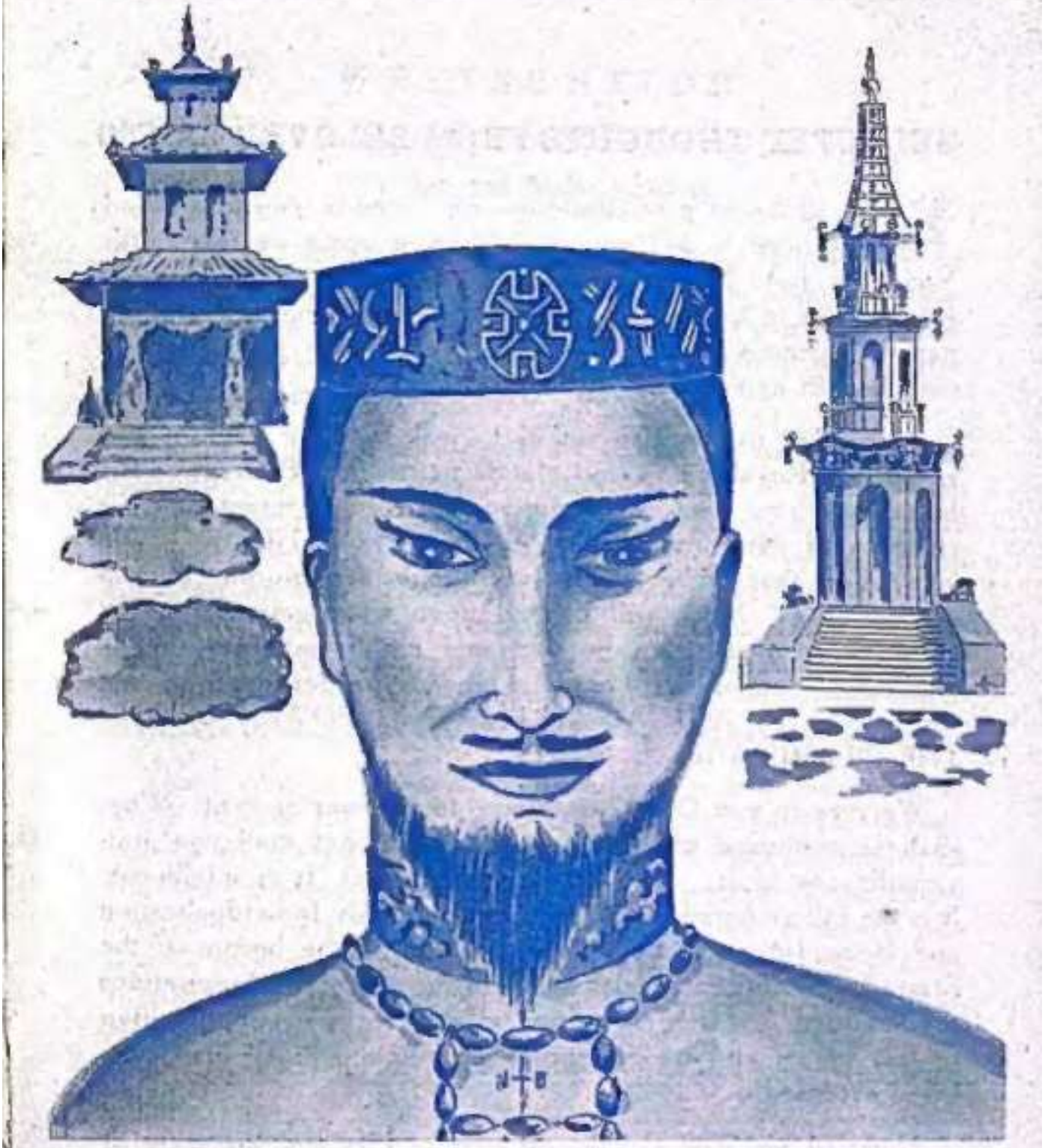

ASCENDED MASTER LANTO

Hierarch, together with beloved Confucius, of the Temple of Precipitation and Chohan, or Director, of the Second Ray.

SELECTED THOUGHTS FROM BELOVED LANTO

YOU all knew precipitation — on Lemuria you knew and practiced it and you may know it again on this Earth. You may hold Me responsible for whatever assistance I can give to you in bringing to your remembrance the ease and the natural harmony that follows such precipitation both for your own benefit and that of your fellowman.

I am going to speak to you as I speak to every aspirant who enters the Royal Teton and stands before My Presence: "Beloved one, you have come motivated by some intent into the compass of My aura, WHAT BRINGS YOU HERE?" Will you ponder that. **What** exactly has brought you into the compass of Our aura? Much will depend upon what you find is the answer; for every man, woman and child that goes upon a pilgrimage receives into himself a blessing proportionate to that which was the ACTUAL MOTIVATING POWER BEHIND THE PILGRIMAGE!

We give to you Our heart Flame to be your servant. What shall ye command of My Heart Flame? What shall you individually ask of it? For It will answer you! It is intelligent! It is the full gathered cosmic momentum of My Individualization and Being from the day I was born out of the bosom of the Eternal, all of the consciousness, all of the prayers and aspirations that builded My Own Freedom, all of the love and devotion to this planet and its evolutions are within it! All are yours when accepted!

Those of Us Who are the servants of Life and the giver of Life are dedicated to the task of bringing you back to a conscious connection with you own Divinity, of opening the channel through which the direction, the gift, the powers and the mastery which are God intended, might be released into your use.

WHITSUNTIDE

(June 5, 1960)

By Beloved Maha Chohan

BLESSED and beloved of God, I come as you celebrate the anniversary of a visitation which I made many centuries ago to a group of devoted individuals who had lost the comfort of the physical presence of their Guru and had lost to a degree the faith and capacity.

I came at that time to give the faith and constancy in the expansion of the disciples and through them to those whom they might convert, sustaining through the energies of My World the endeavor so well begun by our beloved Son Jesus, and sustained by His Holy Mother and those gathered with Her during the period when Jesus in the ascended realm, working through Mary and John and the disciples, established a sufficient impetus of energies in the emotional, mental, etheric and physical strata to sustain a two thousand year dispensation.

Those energies were magnetized, drawn into the strata to which I refer and then amplified by Lord Maitreya, Myself, Jesus in the Ascended Master Realm, and those unascended beings who were blessed as they were gathered together in the Upper Chamber. These energies had to last for a two thousand year period, so you can imagine the release of energy that it was My privilege, honor and opportunity to bring to those whose minds, whose attention, whose thought and feelings were in the Upper Chamber, dwelling on things spiritual, things celestial, things divine.

There is an individual Whitsuntide for every lifestream; there is a time when the Holy Comforter, surging through the awakening Christ, unites the outer man and his Divinity; and there are Cosmic Whitsuntides, such as the one whose anniversary we celebrate jointly today.

I have longed for the opportunity to bring together individuals whose inner bodies were in accord and affinity, all vibrating upon a rate of uninterrupted harmony, through whom I could, as I did through the disciples, pour that same vitalizing, energizing power. There will come a day when such an activity can be accomplished. Meanwhile, it is the Office and service of the Maha Chohan, whether it be Myself, Those proceding Me or Those to follow after, to provide that cosmic connection between the inner divine man and the outer brain consciousness when the soul has developed enough and is ready for the Second Birth. I am, as you know, privileged to give the breath to your body at the first birth of your physical form, and I am also, spiritually and esoterically speaking, the One Who gives the first breath in your spiritual awakening and render thereby that service of illumining the outer consciousness when the soul is light enough.

The dis-ease of the soul is the problem which the Spiritual Hierarchy faces in dealing with mankind, for that dis-ease within the soul, which is a conglomerate mass of imperfect creations of the mind and feelings, forms a barrier between the divine light of the Presence's full action through the outer self and makes it very difficult for the gifts and powers of the individual Presence to flow through the outer man. So while you are dealing with the bodies of mankind and with the brain consciousness of mankind, those of Us Who work from the inner realms are dealing with the healing of the soul, the transmutation of that soul and then the expansion of the Holy Spirit through such transmuted substance until every lifestream becomes the Holy Spirit in action.

The course of the Earth Life is not an easy one when the karma of the individual is not completely transmuted before birth, and one of My activities is to be a COMFORT to a soul in distress—a soul whose spirit prompts that one to greater expression, and yet whose many sheaths and many selves seem to hinder the endeavor and expression of perfection. That individual is in the period of "armageddon" where the inner self,

seeking expression is yet hindered by physical or mental imperfection. It is the office then of the Holy Comforter to help such an one keep balanced, and to realize that the strains and stresses which pursue the soul until transmutation of its imperefction takes place, are **temporary**, and that the spiritual illumination and God Mastery toward which each one aspires is **permanent**. Thus I go wherever I am told by the Silent Watcher and by the Holy Christ Selves of individuals that there is need for Comfort; thus I go and in an unseen Presence endeavor to direct encouragement to the spiritual self of a lifestream awakening from the sleep of the ages, and finding himself bounden by much karma that is discomforting to the nature.

I have learned to Comfort tiny little elementals, for you know My Kingdom is three-fold, dealing with the Nature Kingdom, dealing with the human kingdom and the Angelic. The little elementals are very enthusiastic when looking upon the archetype in one of the Nature Temples and desires to become the expression on the Earthplane of a daffodil and they dance happily around the beautiful divine pattern held by that Nature Deva. They are curious little fellows and they go into the trumpet and run along the petals and down the stem, and they examine it from every angle, and it is such a lovely and beautiful picture; it is a **living flame** held by the Being Who is the Director of the Temple, and these little elementals want to become daffodils instantly—in fact they DO because they mirror that which they look upon!

In one of these Temples where We take the daffodil as an illustration, you will see hundreds of little deffodils all running up and down the steps and in the atmosphere—and then comes the test—it is one thing to become a daffodil in the Inner Realms where the Deva is holding the pattern of the flame flower, where there is nothing of distress—there are no worms, no moles, no drought or excess moisture! They are just living in Light. Then these little individuals apply and they will ask—some of them are very small, the ones that would become daffodils would be,

and sometimes I hold them in the palm of My hand and tell them a little of what it is to live inside the body of Virgo, and that they will meet all kinds of little things down there—but Oh, they just want to be a daffodil and it just runs off them! Then those little fellows come, and when they come home, they are sad little elementals and they are not so eager always to be a daffodil again; then they are ready to listen!

The first time, the eagerness and zealous enthusiasm of their light, and of course the nature of their beings desiring to out-picture beauty, carries them into the world of form. Here they meet resistance, and I might say there would never be any flowers of any kind if it was not for the assistance of those magnificent developed Nature Davas and those elementals who go through all of this! The little elemental comes back-he says: "I am never going down there again. I don't want to be a daffodil!" Then we come to the period of Comfort. Sometimes he is rebellious, sometimes he is crying, sometimes just worn out; before the new dispensation We had little tiny cots for them and We would lay them out where they could sleep and relax and forget for just a little time their troubles. In this one Temple (oh the cots were not more than six inches long) We had all these great daffodil builders sleeping there after an exhaustive bout with a worm We will say.

Then they would wake up and begin again and We would talk to them—this time they are a little more wise and are ready for counsel. The individual who is not ready for counsel is going to be like the daffodil builder who wants to go his own way and knows he can do it on his own! After they come back and have had their little sleep, they are willing to come and say. "Now I did meet a great big worm down there; it was awfully dry and hot, and somebody stood on me, and what would You do!" The free will, even in the Elemental Kingdom, it that unless We are ASKED FOR COUNSEL we must wait to explain to them. I do not do this with every flower but am taking this as an example, but usually the Deva of the Temple does it. I

am merely explaining that I am used to the activtiy of the zealous enthusiast, I am used to the plunging of such an one into an activity that is larger perhaps than their developed wisdom, and I am used to seeing the wilted individuality return and be ready for counsel. When they are ready to listen, they are taught by their Deva, or sometimes if there is a particular one in whom I am interested I will stroke their little head with My finger and talk to him and make him feel happy again and tell them there is no failure but that they can have opportunity, and they go out.

Now it is the same with your blessed selves! You, too, get a vision at Inner levels; you have shared the vision of the Golden Age of the Ascended Master Saint Germain. You have been **boundless** in your enthusiasm, **vital** in your will, **determined** in yourselves that YOU CAN MOVE MOUNTAINS and—here you are! You have your mountains, you have your valleys; some of you have your worms, your drought, your excessive floods—and yet always ready to give counsel even in the midst of an experience which seems trying We stand, having provided the way and means to reach your outer minds, but do you know, We have not provided the way yet to reach your hearts! And that is My Prayer on this Holy Day, that the God Who created you, the God of Mercy that drew aside the veil revealing as much of His Kingdom and of the private and homely incidents in the lives of the Sainted and Perfected Ones, may make you realize in your HEARTS that We have brought Heaven close! Even on Earth you do not share confidences with acquaintances you share confidences only with heart friends, tried and true. Yet from the great Gautama, Lord Maitreya, Myself and the Mighty Chohans, Mother Mary and the Archangels, and the great Elohim, We have unbound Our hair, which is symbolic of meeting you on an equal level and have given you the confidences of Our Own experiences, hoping that therein and thereby you would find, each one, some affinity, some similarity between your own experiences and one of Ours.

We have opened the privacy of Our hearts, We have opened the Retreats, some of which you have never heard; We allow you entrance and provide sponsorship and have taught you how in projected consciousness, to move ALL OVER THE PLANET EARTH, and not only that but to ascend through the Suns into the very Presence of Alpha and Omega Themselves in the hope of reaching your hearts, because when We do, your hearts will overflow with love for one another and there will be no need to speak the words "I love you" for love is a palpable essence; it is a substance of buoyancy that raises, sustains and unifies, and where that love is engendered in the human heart and expanded through it, such an one needs few if any words.

Today (Whitsuntide) I ask, as I stand humbly in your Presence, think how many of Us have come; think about how many of you We can rely upon to hold the bridge open from Our Realm into the outer consciousness of the masses UNTIL We are safely through all periods of possible cataclysmic action, until the veil of maya is transmuted, until the fire element, the Sacred Fire, is visible and tangible, until you can wield It and utilize It, until you are MASTER OF ENERGY! Dispensations, beloved ones, have beginning and end! Think about it! Jesus' Dispensation, Lord Gautama's Dispensation! Think about it!

It is My responsibility to life to sustain the energies in, through and around all mankind and I am held accountable to the Cosmic Law for the use of that life. Therefore, all of the Chohans of the Rays, when They approach Me and ask if They may take on a disciple among the unascended mankind, when they offer Their Light as a bounden security, I offer Mine as well, as Their Superior. Therefore, I am bounden to Law, Cosmic Law, for every chela that the beloved Saint Germain and the Master Morya and the other Chohans have drawn from the masses and in whom They have invested time, energy, love, instruction, radiation —that I do not mind, for We are used to paying the debts for the masses, again and again it has been done! BUT I DO MIND the sustaining of a conscious bridge from Our Realm to yours

over which current activities may be directed, and that bridge **depends upon you, every one!**

We are ready, We are willing but We do find the added power of the addresses stimulated your many selves, so that unless you are willing to guard that power and place it in the hands of your Holy Christ Self and sustain harmony for twenty-four hours do you know what it is? We lose ground on the Cosmic Graph! It is just like the graphs which you see that they take for heart conditions, cardiographs or lie detectors. When One of Us comes and lowers Our vibratory action, and comes into the atmosphere of Earth and speaks to a group of people, there is such a Cosmic Graph. Everyone of those people scatter into their various places, eating and sleeping, or whatever it is they want to do; there is a twenty-four hour watch on everyone who has had that visitation—not a one hour watch but twenty-four hours; and twenty-four hours after I have spoken to you, We will see the condition of your energy. Most of you know what that is! Won't you TRY to be a Holy Comfort to all the life you contact.

In the Name of Almighty God may the Spirit that gives you life sustain you in balance and make the energies invested and the faith of El Morya in you, each one, be justified—so speak I!

THE BRIDGE TO FREEDOM

A Monthly Journal

KEYNOTE OF OUR SECOND SEVEN-YEAR CYCLE:
FREEDOM, PEACE, IMPERSONALITY, CO-OPERATION, EXPANSION

Vol. IX | June 15, 1960 | No. 3

YOU ARE HERE TO SET LIFE FREE

By the Ascended Master El Morya

DEARLY beloved students, you are working to set Life free, no matter what the form in which it is bound! Life, the great beautiful pulsing Flame of God that is burning, no matter how deply encased, in the bounds of flesh and matter. Shining, immortal, beautiful, potent Life that is indivisible, beats within every thing that knows breath and being. The sunny smile of your fellow-creature; the anguished pain that pours through another's eyes; the happy joy of a romping lamb or puppy—that is Life—, an indivisible part of **yourself!**

If you would serve God and your fellowman, remember that your sole dealing is with Life, and look not for gratitude, nor love, nor cooperation from the masquerading garments that Life has drawn about Its reality. Salute the God-life within every heart and bend every effort of mind and soul and will to the releasing and redemption of that God. Hear the mute appeal of Life encased in every breast, and set it free! Work and toil in that service, touching the wand of Freedom to the manifestations of Life wherever you meet them, and **rest not until all Life is free!** While any manifestation of Life is cased round in imperfection or pain or distortion, there is part of YOURSELF that is not free!

HOW TO BECOME AN ACCEPTED CHELA

(Monthly Letter to the Transmission of the Flame

Class of June 18th, 1960

Beloved children determined to co-operate with the Cause of the Ascended Host:

On the occasion of the six-monthly Meeting of the Karmic Board, at the Precipitation Temple, at the Rocky Mountains, in Wyoming, U.S.A., which will be open to all earnest chelas between June 15th and July 14th, 1960 I would like to make a suggestion to all sincere students, individually and collectively. The suggestion is this: for a period of six months, beginning June 15th, 1960 to December 14th, 1960, **consecrate yourselves**, each one of you, to Any One of My Seven Chohans, One of Whom is the Lady Chohan Nada, in accordance with your affinity toward Any One or more of Them.

Let Me remind you how you can easily tune into the radiation of Each of the different Chohans.

Ascended Master El Morya: Live in accordance with the Will of God, and cultivate decision to express His Divine Will on Earth.

Ascended Master Lanto: Show daily reverence for life, and develop Spiritual perception.

Ascended Master Paul, the Venetian: Be tolerant and practice being your brother's keeper, through Pure Divine Love.

Ascended Master Serapis Bey: Live in purity, and seek the perception and use of the Immaculate Concept for yourself and all mankind.

Ascended Master Hilarion: Cultivate consecration and try to develop the powers of healing.

Ascended Lady Master Nada: Purify your feelings, and be a comfort to others through ministration.

Ascended Master Saint Germain: Practice Invocation, and the use of the transmuting power of the Violet Fire.

In everything you do, act as if you were the Chohan you have selected to serve. The coming six months will, therefore, be a probationary period for those who accept this suggestion and act on it in earnest. You will have the opportunity to show your co-operation, your loyalty and your constancy to the Cause of the Ascended Host. I entertain fondly the hope that at the next Conclave in December 1960, I shall shake your hands as accepted chelas.

Your Ascended Master Sponsors for this thirty-day period will be Great Gentlemen from The Rocky Mountain Retreat, chosen by your Ascended Master Friends, Lord Lanto and Lord Confucius.

My Luminous Presence shall enfold you, each one, each day, as an Encouraging and Comforting Presence.

Love and Blessings.

Maha Chohan

MAN IS A PRECIPITATING PRESENCE

By Beloved Hilarion

THE nature of man's Being is precipitation! The natural activity of his Life is precipitation! Through the thousands of pores in his body there are constantly flowing streams of electronic energy which are precipitated into the universe about him. Even while man sleeps, there flows forth from his inanimate body a radiation which is a precipitation of the substance of his lifestream into the universe.

Visualize the great Victoria Falls that pour countless tons of energy into the rapidly moving river below and you have a

picture of man's reality—a constantly rushing stream of precipitated Light that becomes the current of the river and flows forth into the universe.

For man to struggle to **acquire** the Power of Precipitation is a travesty, for there is no moment, waking or sleeping, day or night, when even the most ignorant and ungoverned human being is not precipitating. The forces of the four elements precipitate and even the animal kingdom send forth a radiation. Therefore, the fundamental principle to be learned is not **HOW** TO PRECIPITATE but **WHAT!** It has been said that one day man will understand the Precipitating Ray which is an activity of his being.

Man has precipitated disasters and limitations as well as all kinds of ailments of the flesh and of his mind, emotions and environment. He can precipitate an argument without any effort. Therefore, we can see that man HAS the power of precipitation but he has not learned to use the power in a constructive manner.

Holding the visualization of your **consciousness** as being the sum total of the thoughts and feelings in your Cup, we see that the pure energy precipitated through the individual's consciousness becomes an outpouring of the various inner thoughts, feelings and emotions.

To precipitate **consciously,** one must change the **qualification** of the energy within. You might use: "I AM" THE PRECIPITATING PRESENCE **in action,** precipitating Perfection into my mind, body, being, world and affairs"; and also, "I AM" THE ASCENDED MASTERS **USE** of the Power of Precipitation".

If the machines which are being prepared were released and the students could see the electronic energy precipitated through the body in even the most **casual gesture,** they would realize their God Power. Precipitation is not a Power that has not been conferred—it is a Power that is in **constant use,** but **ungoverned** except by the Holy Christ Self and it is the Divine Plan that all men shall bring forth Perfection through the conscious use of this faculty.

ZADKIEL'S ORDER OF SERVICE FOR VIOLET FIRE CLASSES

In Bridge to Freedom Sanctuaries, Groups and Homes of Students

Presented by Thomas Printz
(Ascended Master El Morya)

1. Music.
2. INVOCATION by Leader:

IN THE NAME OF THE PRESENCE OF GOD "I AM" IN ME, My Holy Christ Self and that of all mankind, we dedicate this Class to the VIOLET FIRE of Love, Mercy, Invocation, Transmutation and Freedom for ourselves, all mankind and the planet Earth; to that end we call to You the Ascended Masters, Cosmic Beings, Angelic Host and Mighty Elohim and All Who are concerned with the Violet Fire and Seventh Ray to our Earth, and most especially do we call to YOU, Beloved Archangel Zadkiel and Holy Amethyst—to be with us in Your Luminous Presence, take up our humble efforts and amplify them without limit to bring instantaneous perfection wherever the blessed Violet Flame is called forth. We thank You for the answer to this our Hearts' call!

3. LIGHT CANDLE.

4. SONG—all sing: "BELOVED ZADKIEL" to melody of "Holy Christ Flame".

BELOVED ZADKIEL, Archangel of Power,
Transmute for us this very hour,
Our thoughts and feelings of the past,
Into Perfection that ever lasts;
Bring back our memory divine,
And all the powers that once were mine,
Zadkiel, we love Thee, bless and adore,
Zadkiel, come forth to us once more!

"I have come forth to you again,
To show you how to help all men,
My Temple bright shall raise all higher,
Transmuting dross by Violet Fire;
Priestess and Priest, I call thee forth!
Draw forth thy power and save this Earth!
Blaze forth thy Light — set all Life free!
Blaze forth thy Love — I AM WITH THEE!"

5. ZADKIEL'S CALL by Leader:

Hail, Oh thou great Sanat Kumara! Standing as the great High Priest of the ORDER OF ZADKIEL, the magnificent First One, blessed is Your Presence, and blessed is the qualified Power of Invocation which, through mankind, has drawn Your august Presence! We bow before Your Magnificent Light!

Hail to Thee! Oh Saint Germain! High Priest of the ORDER OF ZADKIEL, magnificent embodiment of Mastery!

Hail to Thee! Oh Sons and Daughters of Freedom, born to the Royal Purple — you who have come from the Heart of the Silence — You, who have embodied to bring again to the consciousness of the Earth a remembrance of the POWERS OF INVOCATION through speech, through visualization and through the many activities that shall be revealed from now on, for those who belong to this Order of Light!

Beloved RAPHAEL, Brother of Light! Consecrate the energies of these lifestreams once more as it flows from the heart of the Sun! Consecrate the emotional bodies of each of these children and let them be radiating centers for the virtues of God, for those Cosmic qualities which raise, purify, redeem and add to the Light of the World! Consecrate these emotional bodies that they become at all times outposts of whatever Ascended Master Presence desires to radiate through them to the masses!

Consecrate, Oh Raphael, in the power of light the mental

body of each one! Clarify that mental body and remove all concepts gathered through the centuries since first they stood upon the Altars of Zadkiel, Guardian Spirits, dedicated to setting life free! Into these mental bodies pour whatever conscious knowledge and understanding and inspiration is required to make them the master control of energy and the active Guardian Presence of Life wherever they move.

Consecrate the etheric body of each one. Revivify within it the glory, the mastery, the powers they had in the heart of the Sun before the world was. Every etheric record less than that, MELT by the power of the Sacred Fire!

Consecrate then the flesh—consecrate these earthly garments, the tabernacles of these great spirits, these who came to set life free—these who have foregone the glory of the Ascension who more than once in ages that have passed, have been offered their Freedom by the Karmic Board, and who have chosen, like Sanat Kumara, to remain; consecrate this flesh, oh Great and Mighty Ones!

Beloved Chohan Hilarion! Consecrate the eyes and through them let the Presence of God see and manifest perfection! Consecrate the ears that they may hear the voice of the Master and the "still small voice" of the Presence! Consecrate the lips that they may speak with the tongues of Angels! Consecrate the brain that it may receive clear and direct the consciousness of the Higher and Holy Christ Self!

Consecrate their hands, Oh Great Powers, that they may be the healing, conducting powers of the Presence of the Ascended Jesus Christ! Consecrate their feet that every place they move upon the planet Earth their footprints may be a golden blazing fire of Light, to inspire all mankind to greater accomplishment. Take their human forms, every cell and atom of them, and consecrate them to the service of God—great Communion Cups—Chalices of Living Fire, in the great and cosmic surrender of self to service.

I, ZADKIEL, call for this, OH POWERS OF LIGHT—and I ACCEPT IT DONE!

Oh, Beloved Saint Germain, Chohan of the Seventh Ray! Place YOUR MANTLE OF AUTHORITY now upon their shoulders once again! Clothe them round in Freedom's Flame!

6. All give:

"I AM" THE LAW OF FORGIVENESS AND TRANSMUTING FLAME of every impurity, error and obstruction I have ever imposed on any part of life; or that any part of life has imposed on me (3 times)

(Zadkiel suggested this in Jan 58 Bridge, p. 20)

7. All give:

BELOVED PRESENCE OF GOD "I AM" IN ME and that of all mankind, BELOVED ZADKIEL and Holy Amethyst and All concerned with the Violet Fire to our Earth:

BLAZE (3) the Violet Fire in, through and around every part of my physical, etheric, mental and emotional bodies and that of all mankind; and hold it sustained until all human creation there, its cause and core is dissolved and transmuted into purity and perfection.

BELOVED "I AM" (3)
BY GOD'S GREAT LOVE (3)
BY ALL OF ZADKIEL'S COSMIC POWER (3)
SUSTAIN AND DOUBLE IT EACH HOUR (3)

8. All give:

"I AM" BLAZING THE VIOLET FIRE OF FREEDOM'S LOVE

through every part of my physical body
through every part of my etheric body
through every part of my mental body
through every part of my emotional body

through every part of my aura, and all energy returning to me for redemption

through every part of my soul and chakras, and all energy and substance that still has MY STAMP on it

AND HOLD IT SUSTAINED UNTIL PERFECTION MANIFEST; I stand within a PILLAR OF VIOLET FIRE and I AM FREE (3) from all human creation right now and forever.

9. All give:

BLAZE (3) VIOLET FIRE OF FREEDOM'S LOVE AND TRANSMUTATION as of a thousand Suns,

a) in, through and around all stockyards, all animals there and all people who work there or are connected in any way

BELOVED "I AM" (3)
BY GOD'S GREAT LOVE (3)
BY ALL OF ZADKIEL'S COSMIC POWERS (3)
HOLD IT SUSTAINED AND DOUBLE IT EACH HOUR (3)

b) in, through and around every prison, gallows, electric chair, all employed there; (same as above).

c) in, through and around all doctors, nurses, hospitals, mental institutions, all places of vivisection;

d) every lawyer, judge, jury and court of law;

e) all the Elemental Kingdom, the Kingdom of Nature, birds and four- footed creatures and every living thing;

f) all the laggards wherever they may be;

g) all in our Government and every government on Earth;

h) all danger that might threaten this country and any other part of the world;

i) every part of life on the Continent of Africa;

j) every part of life in the Federation of Malaya;

k) every part of life in the Republic of Indonesia;

l) into all fear, superatition, insanity, distrust and doubt;

m) into all jealousy, covetousness and greed;

n) all lust, earthly desires and all that binds;

o) all lethargy, laziness, discontent, disinterest, discouragement and depression;

p) rebellion, pride, scorn, arrogance; gossip, lies, slander;

q) all lack and limitation;

r) in, through and around all incantations, hexes, curses which have plagued mankind through the centuries; all blood-rites; and all words spoken which did not BLESS.

10. Read something from Beloved Zadkiel, (Saint Germain, Arcturus on the Violet Fire):

Seven Archangel Speak (Zadkiel)
Bridge Oct 57
Bridge Jan 58
Bridge Mar 58
Bridge Oct 59
Bridge Jan 60

11. EXERCISE to BREATHE IN the Violet Fire:

1	2	3	4
I AM	INBREATHING	THE VIOLET	FIRE
5	6	7	8
of TRANSMU-	TATION FROM	BELOVED	ZADKIEL

12. In the July 1957 Bridge, Beloved Arcturus gives an activity of the SCEPTER OF AUTHORITY and explains how to use it. It can be used here WITHOUT MOTIONS for the (1) group and environment, (2) the city, (3) the whole country.

13. BELOVED PRESSENCE OF GOD "I AM" IN ME, BELOVED ZADKIEL, HOLY AMETHYST, SAINT GERMAIN AND ARCTURUS—keep each one of us SEALED in a Pillar of Violet Fire for 100 feet in every direction and charge into it Your Consciousness of invincible protection and the power to transmute ON THE INSTANT all discord and imperfect energy we contact into eternally sustained Perfection.

And TAKE US THIS NIGHT to Lord Zadkiel and Holy Amethyst's Temple of the Violet Fire and receive the fullness of that Flame; then clothed in my Armor of Violet Fire let each one of us go forth and render that service on the inner for which we are best fitted; and let us remember it!

FOR THE VIOLET FIRE NEVER FAILS (3) to bring instantaneous Perfection, and I AM THAT VIOLET FIRE!

SILENCE to absorb Radiation.

14. BELOVED ZADKIEL'S OWN BENEDICTION:

"In the Name of the great Arcturus Whom I love and serve, beloved Diana; in the Name of blessed Holy Amethyst; your Glorious Ascended Master Saint Germain and Portia; beloved Kwan Yin and ALL the Beings and powers that serve on the Seventh Ray—I BLESS YOU with the discerning mind and illumined understanding heart—a consciousness of Listening Grace, of a purity and childishness of spirit, and of infinite protection against that which is not of the Light. So until We meet again, I AM YOUR LORD ZADKIEL!"

WHAT YOU SHOULD KNOW ABOUT MOMENTUMS OF ENERGY

By the Ascended Master Kuthumi

There has been a detailed discussion of the word "momentum" and the various talents and developments of the lifestreams, their various likes and dislikes, their affinities, aversions, etc., and these are very lightly referred to by the student as a "gathered momentum" in a certain direction. The student further realizes that "momentum" is a constant repetition of certain actions and re-actions toward a certain qualification of energy which gains in volume and intensity by such repetition and, therefore, becomes

a pressure of reserved energy that acts almost independently of the conscious volition of the individual.

Kindliness, humility, genuine warmth of heartfelt feeling are developed by the lifestream at first through very definite conscious effort, and then, as the radiation becomes more a part of the individual, the momentum of **good** makes the sustained harmony almost automatic in its expression.

Momentums of discord must be dissolved

Every Being, from the electron to the Godhead, expands by his or her conscious absorption of the God energy, his particular quality and directs it according to the free will of the self-conscious life. There is NO substitute for "gathered momentum" of a quality. Each person, ascended or unascended, represents today the sum total of his or her own energy qualified through the centuries according to the individual's choice—some people have a momentum of discord!

In the New Day all previously charged momentums of discord must be dissolved and then replaced through the conscious effort of the individual by the drawing forth of the God energy and a setting up of new qualities and new expressions that are in accord with God's Will . Here is where We come to a very marvelous and little understood explanation of how unascended beings are chosen by the Hierarchy and the Lords of Karma to assist in the bringing forth of the Perfection which will form the pattern for the New Day.

How chelas are chosen

The **gathered momentum** of each lifestream in any constructive channel forms a great "stock pile" of energy or force which makes such an one a tremendous pressure for good through the **already developed inner nature** and the Masters USE that momentum through the instruments **already prepared** with certain faculties, which make them natural channels for the work at

hand. It is like utilizing experienced actors instead of absolutely untrained people for the expression of Their work. For instance, an individual who has taught for centuries is an easier instrument for the Masters to use to deliver a lecture than it would be for Him to take one who had never builded a momentum of teaching and try to arrange the inner bodies in such a manner that the pressure of His thought and feeling might be expressed forcibly and well.

That is why all groups of chelas and aspirants are chosen, not by their present **outer** expression but by the momentum of **inner talents** and qualities that can be utilized in a certain locality, blended with others for the greatest good of all.

Your power of precipitation

Another aspect of this Law will be found in the precipitation of opulence, beauty, etc. When a lifestream has held a desire for a cerain number of years or embodiments, they form in the ethers a Cup or outline representing such a powerful desire, whether it be for a home, or on a larger scale for a Universal Brotherhood or a mass education for the young. These forms are already cut out of the Universal Life Substance and when they are in agreement with the constructive plan of the Universe, one or more of the Ascended Masters may **ensoul** such a desire, thought and feeling form, —or vision— with **Their** full gathered Cosmic momentum and power of precipitation through the lifestream who has held such a vision, and in that manner bring it into manifestation.

THE BRIDGE
TO FREEDOM

A Monthly Journal Devoted to Individual Unfoldment, Contact with The Great White Brotherhood and Cooperative World Service

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THE BRIDGE TO FREEDOM

A Monthy Journal

Vol. IX **July 15, 1960** **No. 4**

THE TEMPLE OF TRUTH

Etheric, over the Island of Crete

(The Ascended Master Retreat of the Month

July 15th through August 14th, 1960

Hierarch: Beloved Hilarion; **Color of Flame:** Green; **Musical Keytone:** "Onward Christian Soldier", Arthur Sullivan.

BREATHING STATEMENT FOR THE TRANSMISSION OF THE FLAME CLASS OF JULY 16th, 1960

1	2	3	4	5	6	7	8
"I AM"	inbreathing	the	illumination	of Cosmic	Truth	from	Hilarion's Temple
"I AM"	absorbing	the	illumination	of Cosmic	Truth	from	Hilarion's Temple
"I AM"	expanding	the	illumination	of Cosmic	Truth	from	Hilarion's Temple
"I AM"	projecting	the	illumination	of Cosmic	Truth	from	Hilarion's Temple

References for Sanctuary Directors and Students

Description of the Temple of Truth: See "The Bridge Journal", Vol. II, No. 7; Vol. III, No. 4; Vol. IV, No. 1; V, Nos. 6 and 10 Supplement.

Addresses by the Ascended Master Hilarion: Please see "The Bridge Journal", Vol. III, No. 4; V, No. 6 and Series VI, Booklet 4.

Addresses by Ascended Lady Master Pallas Athene: Please see "The Bridge Journal", Vol. V, No. 6 and Series II, Booklet 2.

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ASCENDED MASTER HILARION,
Hierarch of the Temple of Truth and
Chohan, or Director, of the Fifth Ray

OPEN THE WINDOWS OF YOUR SOUL

Monthly Letter to the Transmission of the Flame Class

on July 16, 1960

Beloved Friends of God, seeking to know and feel the Truth which will set you and all life Free:

I greet you as again, We are privileged to join with you at the magnificent Temple of Truth, where My Son, Hilarion, and The Brotherhod at Crete, serve so constantly and selflessly in removing the cause and core, the effect, record and memory of untruths, and the bitter disillusionments all have known through the ages, by being part of some sect or religion whose leaders, endowed with power and authority, mis-used that power and authority for selfish reasons.

As you join with Us here, ask the Gentlemen Sponsors from Hilarion's Own Court to help you to open the doors and windows of your soul, as well as to cleanse your four lower bodies (emotional, mental, etheric and physical) of all imperfections, past and present, and to replace that imperfection with God's Truth. I ask that The Archaii Constance HOLD FOR YOU THAT FEELING OF TRUTH as you re-animate your physical vehicles after each such visitation so that you may, in turn, according to Cosmic Law, express, with conviction in your feelings, THAT TRUTH which will set others free.

Love and Blessings

Maha Chohan

THE FOUR BODIES

By beloved Hilarion

IT has been said that "God needs a body", and for this purpose were the four lower bodies of man created—the mental, emotional, etheric and physical forms.

Students on the Path have come to an intellectual knowledge that they are NOT the physical form but dwell within it. They have accepted the fact that there is a God Presence within the physical body which is the eternal identity. They have to some degree understood that the physical body is a living, breathing organism, with intelligences and appetites of its own and that, like a high bred animal, the physical body will seek the satisfaction of these desires through the avenues of the five senses. They are, therefore, alert to identify themselves with the Higher God Principle and are learning to govern the fleshly garment with some degree of success.

However, there are three other living breathing, intelligent identities belonging to each lifestream—the mental, emotional and etheric bodies. These bodies are made up of the substance of the earth, air and water; they have intelligence within them and have desires and appetites of their own. It is for the student to consciously look ever the four vehicles provided by God, that God might expres in physical manifestation. These four vehicles are not dead matter but living, breathing, pulsating organisms containing intelligence within them. The lower bodies of the average man have governed the self-conscious Life for centuries, acting independently of the Spiritual Spark that should be the Governing Intelligence acting through all. The emotional world has acted independently of the conscious volition of the God Self for untold centuries.

Let us take the MENTAL BODY in which is stored knowledge and accretion of fact and fancy, orthodox principles and concrete ideas that may or may not be true. The Mental Body

lives on accretion of knowledge and the more it is fed, the larger it gets and the more it demands the energy of the Divine Spark. In satisfying its demands the Mental Body becomes a heavy, cumbersome unwieldy vehicle and a tyrant! When the Mental Body is overgrown, the real teacher—the Three-fold Flame within the Heart—is allowed no opportunity to expand because the mental accretion becomes a constantly shrieking accumulation of energy flooding the consciousness and drowning out the Voice of the Silence. The Mental Body **should be** merely a store-room for certain Truths in the world of men, much as a lecturer refers to certain notes that elucidate his point. Most **mental giants** are, therefore, practically barricaded against spiritual awakening.

The ETHERIC BODY was also created as a storehouse through which the individual's own experiences might be recorded. It differs from the mental body in that the records here are entirely personal and are the experiences derived through the use of God's energy, whereas the Mental Body may profit by experiences derived by other parts of life as well.

The Etheric Body, however, has become an accretion of experiences that would make the most ribald tabloid look like the gospel! The Etheric Body lives by drawing the conscious energy of the Heart Center into **reviewing and re-experiencing** those debaucheries of the past. When the attention is firmly enough anchored in the **feeling** of those past fiascos, the Etheric Body may perpetuate and repeat these performances which cause it to vibrate with joy as the life energy is flooded into it, and instead of being a record of the God Powers drawn forth through the lifestream, it becomes a "skeleton in the closet". It is most dangerous, however, in that it is cunning and lives like a vampire in sucking the God Energy from the God Presence.

And the EMOTIONAL BODY—**here** we have the prize of them all! Eighty percent of mankind's energy (or we might more correctly say God's energy) is encased in the foul smelling confines of the Emotional Body. The Emotional World of man

was provided by the God Presence through which the energy might flow into the physical world to raise and transmute the forces of the elements through love, harmony, peace, etc., but instead it has become a tremendous accumulation of passion and emotion. This body draws constantly on the Flaming Source within the heart and uses **TONS** of God's Energy to satisfy its insatiable appetites which are **legion!** The Emotional Body is happy only when it is in a constant state of flux. It lives on excitement which may be generated in innumerable ways.

We will take up a few, for example—**POSSESSIVENESS**—a tremendous feeling form that draws the God energy and **SMOTHERS** the object of its affection.

GOSSIP—which is almost the most insidious because through poison sent out it starts wheels of emotion in the lifestreams of many, and so you have an inner conflagration.

CRITICISM, CONDEMNATION AND JUDGMENT are also closely related. The silent criticism of seeing discrepancies and faults in others disturbs the feeling of one's own Emotional Body and sets up causes of discord which react in physical disturbances, but the **spoken criticism** sets other emotional bodies into the same vibratory motion and its effects are without limit.

The really vicious emotions are evident and do not so much affect the aspiring student such as jealousy, hate, anger, malice. Lust is considered **sister** to these vicious emotions but until one has attained the glorious body of eternal light, lust is very evident in the most advanded student—mental rejection of this statement to the contrary.

The God Life of the Universe created these lower vehicles to express a Divine Plan and when the individual will return the **government** to the God Self "I AM" **within,** he will find that this constant battle and turmoil will cease, and instead of each individual being an ARENA with these lower bodies seeking to secure one's attention and energy, the individual's consciousness will become an outpouring of God's Will.

SWEEP AWAY DAILY ALL NEGATIVE THOUGHTS AND FEELINGS

An Address by beloved Pallas Athene, Goddess of Truth

HAIL thou, beloved and blessed friends of light. I bring you again the feeling of the Truth and reality of the Ascended Host of Light; the Angelic Host, the Cherubic and Seraphic Host as an actual spiritual partnership with human kind. Again and again We come, and during the holy periods when the attention of the masses is upon the Christus and the manifestation of the Angelic Host of centuries ago, We shall endeavor through the instruction of Our Own Hearts to CHARGE into the emotional, mental, etheric and physical consciousness of mankind the realization of God Truth which is good for each and every one. Any manifestation that is less than that Truth, beloved ones, is not God's Will for you, and as the Goddess of Truth Herself, I say to you, sweep it from your thoughts and your feelings; sweep it from your worlds and your actions, just as in mundane affairs you sweep the cobwebs from your worlds and make it clear and clean and ready for the inpouring of the Cosmic Christ Light of Truth.

One of the great defects of even earnest chelas is the lack of alertness in sweeping away time after time through the day, the negative thoughts and feelings, words and actions. The

blessed chelas become by the time the day is ended filled with the substance of that day's experiences of a negative nature, and there is not room for the pure light from the Presence to flow in, through and around such an one and be energizing Presence of that Light through the course of the night while the body sleeps and the next day when it wakens.

Now, beloved ones, that has been taught you and We have repeated it again and again. You need not make great gesticulations unless in the privacy of your own rooms, but **it is urged of you who desire more Truth, to sweep your worlds clear** —morning, noon and night—of the negative expressions of life —to allow more of God's Truth, God Life and God Perfection to express.

As you know, no two things can be in the same place at the same time, so if you have cluttered your world with thoughts and feelings that are depressive, there is no room in your thoughts and feelings for Love and Light and all Its gifts of Life. So in the Name of the Truth to which you have pledged yourselves, and which I embody, I IMPLORE YOU, ACCEPT THIS GOD TRUTH **NOW** and **sweep free your own worlds!** Have the largesse of heart to sweep free each other's world of distress and you will have Our assistance in so doing, replacing it always by Cosmic Christ protection and Cosmic Christ assistance.

I thank you for the privilege and opportunity of being a part of the opening of your consciousness to the inpouring of the God life and a part of the opening of the radiation which is coming to mankind.

THE BRIDGE TO FREEDOM

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Vol. IX July 15, 1960 No. 4

WHAT TO DO TO DWELL IN THE REALM OF THE ASCENDED MASTERS

An Address by the beloved Ascended Master Jesus, delivered at The Ashram on Easter Sunday, April 17, 1960

MY beloved, on this the Anniversary of My Resurrection from the tomb, I bring to you the love of My Heart, for each and everyone of you who have lived and loved in My Name, and done good works in My Name, and who have chosen through the Mercy of God which is alive within you to serve your fellowman and all living things upon this sweet Easth! Thus you glorify Our Father Which is in Heaven, that Heaven Which is so beautiful that when you achieve the God-estate, you shall be grateful indeed that your Causal Bodies are filled enough with the good that you have done through the ages preceding your Association with Me and other Divine Beings, of course, and succeeding such Divine Associations! You shall have that Mansion not made with hands and you shall enter into The Father's Kingdom, **to go out no more.**

Some blessed and dear ones feel they are not worthy to enter into that Kingdom and kneel at the Throne of The Father of Love. Others feel the Earth ties are too strong within them; some have a sense of curiosity at what shall come after their Earth-course is run. Love will not allow you to interfere with My Mother's selection.

The Spirits who present themselves at the Sacred Heart Temple of My Mother next May 1961 shall be Those God Spirits from other Solar Systems; Those Divine Buddhas; Those chosen from the First sub-race of the Seventh Root Race. THEN shall you see the planet Earth transformed quickly. Then will a child prodigy not be the unusual but the usual. Then will the parents receive illumination from the child. Then this Earth shall be Freedom's Holy Star! Then each and everyone of you shall have the just reward of all your services, your rest if you choose it for six months, visitation with your loved ones, if you choose it. Most of you shall be so busy exploring the beauty of the green gardens and the glorious flame flowers of the Kingdom of Heaven that you might take twenty-four hours of rest but, methinks, you will then be off again as I was about **Our** Father's Business.

What is the Business of The Heavenly Father? The Business of the Heavenly Father is practical! It is the establishment of a Christ man, a Christ woman and a Christ child through every human being belonging to this planet Earth—some three and a half billion who are in embodiment and the rest waiting for an opportunity of taking embodiment. Tha is why I came to the Earth; that is why in My humble way I endeavored to show mankind that the things that I had done, they, too, should do also!

Even My blessed disciples learned to lean on Form and by leaning upon My Personage My Own Ascension, forty days after Ascension morning, was esentiasl, so that they might learn, through themselves, and through the beloved Paraclete (Whom you know as the Holy Spirit) that those so-called miracles are part of The Father's Heritage anchored in each one of them and in each one of you.

So often Peter and James and the others would go bravely forth to heal and come back and say 'Master' it did not work'. Again and again I said unto them 'Go again and in the Name of

Jesus command the evil to cease to be'! But those greater than I saw that while they had in Me, something physically tangible to hold onto, they would hold the Hem of My Garment and their own potential Divinity would lie buried within them whilst they held admiration for the Son of Man and the Son of God.

You are all Sons and Daughters of God; sons of men and women too, yes, true but you have been sons and daughters of different men and women in embodiment after embodiment throughout ages of time. All the time since first you left the Heart of Our Father you have been a temporary Son or Daughter of God, even though you have forgotten it.

When Pilate said to Me 'they say that you are reported to be the Son of God' I replied to him 'thou sayest this', letting come forth from his own lips the truth which could have as easily come from Mine Own'. Mine was the self chosen path of the crucifixion, the path to Golgotha, the path of The Resurrection, the path to the Visit to Bethany, the path to the Public Ascension. Think on it! If you loved someone as deeply as I loved My Mother and John and Peter and Paul and the other diciples who still maintained free will as unascended beings, even resuscitated, could you leave them sleeping and walk in the Springtime up that Hill of Bethany with the early Spring flowers and the sweet smell of Earth, and voluntarily say again, as I did in Gethsemane's garden 'Father, Thy will not Mine be done'.

Later I waited for the coming of the noonday Sun, seeing the fear and the confusion in the consciousness of many of My followers and the deep love in the hearts of John and Mother, I allowed the gravity pull of Earth to be released from My Feet and made The Ascension! Why? So that I might make a public Ascension before some five hundred people and meet My Father, leaving to His Wisdom, the care of My disciples and apostles and the Truth which a baby could read, some babies read well because they have not yet become cynical.

People come again only to God, as a rule when their four lower vehicles are absolutely beyond repair and when medical science has confirmed that the vehicles which they use shall soon disintegrate. Then they think 'oh Lord, oh Lord, for all the misuse of Thy Life I'm sorry; I am regretful indeed; please receive me into Heaven', after maybe eighty years of living according to the human will. Even that prayer is heard and it is answered and every such soul with a **contrite heart** who asks for the forgiveness of his sins or that of a loved one who is about to depart is absolved thereof and can see their loved ones and dwell in the Heavenly Realms, although not in the Realms of the Ascended Host of Light.

To dwell in the Realm of the Ascended of Light, one must be willing to SERVE IN PRACTICAL ACTIVITY, which requires the utilization of all the senses of the outer and inner vehicles AT ALL TIMES. I had three years after My Baptism in the River Jordan, three years to perform My Ministry or three years to enjoy Myself but when the Paraclete through the invocation of John the Baptist annointed Me and the Spirit and Being of Maitreya and I blended into One, there was no thought, beloved ones, not one thought or feeling except that in those three years to get across to as many as I could through talking, through so-called miracles, through example, the way that God intended every man, woman and child to be at the end of that three years.

You know the story well. I told My Mother, I said 'they have not learned; they have sat with Me; they have seen the devils cast into the sea; they have seen the blind to be made to see and they have seen Lazarus raised from the tomb, yet they know not the fundamentals of Truth. What shall I do?' And She said. "Son, DO what your Heavenly Father requires of You,' and do it NOW!" And I did. Never in the thirty-three years of My association with My Divine Mother did I disobey Her, because I knew She was an Angel, embodied for the express purpose of giving Me a physical body, and I knew that it was

Her strength and that of Saint Germain Who was of course then Saint Joseph, My Father, that helped Me until I knew Myself My Mission.

You see when you are born on this Earth, even without sin as I, and the little Buddhas Who do come in, You take on the band of forgetfulness; it is bound around your eyes and your senses and your soul is sheathed more or less and it covers the entire vehicle and when you come into this world of form, that sheath still remains around you until you come to an age of awareness. Then you can begin to absorb understanding. That strong Lady of Heaven and that gentle Joseph protected Me through those years. Mary protected Joseph, too. In fact I think She is busy protecting all the human race. I cannot speak too highly of the love of your Cosmic Mother Mary, Who I was privileged to have as My Personal Mother for thirty-three short years but Whom I AM privileged now to serve with in Heaven's Realm throughout all eternity. Never does She pass by but I bow the knee before Her Light.

There are some that cannot bow the knee even before the Heavenly Father, yet Who gave to you the magnificence of the capacity to have joints. Have you thought on this? Suppose you were made of board, all in one piece, that would have been of the human. Suppose that God in His Infinite Mercy had not given you the power and security of all of these joints and all of the various organs and cells of your body! When they say 'and adoring, bend the knee' I think often of the prideful ones; some of those that came out of the compound; what a job to bend that knee. Yet on this Earth today there are hundreds of people in institutions that would give their souls if they could bend the knee; some have left no knee; hands to heal and to bless life; these are the Gifts of The Father, fashioned by My Mother in the Sacred Heart Temple. What for? To comb your hair? Ah, no—to go forth and serve in the Heavenly Father's Cause and bring His Kingdom here on Earth.

This very morning as hundreds and thousands repeat the 'Our Father' I can name maybe a hundred who get the efficacy within it. Our Father Which art in Heaven hallowed—that is holy—be Thy Name, Thy Kingdom come on Earth, that is through you; Thy Kingdom come on Earth as It is in Heaven. Beloved ones, think on this! Forgive us our debts, AS we forgive our debtors. That little word 'as' is slurred over. Oh yes, we wish to be forgiven but we will be forgiven in like measure AS we forgive those who have trespassed against us. Then the magnificent surrender 'for Thine is the Kingdom and the Power and the Glory for ever'. Is it—for you?

Take that prayer this week—Catholic or Protestant version as you wish—and ask Me to show you in feeling what is within It, and I will. **That** is My Reason for Being.

As this Easter Class has come to a tremendous and God Victorious Jesus Christ Success, the Earth is enfolded in that magnificent Calla Lily which is as yet cup upward and at the close of the Communion Service, Which I choose Personally for specific reasons to give to you, the Lily will be turned the other way and the Blessing will flow through every lifestream, not only here, but the disembodied and down into the earth and that includes the worms and the alligators, the snakes and the crocodiles—all of life, beloved ones, is God and as you have given so freely and beautifully of your energy and as Morya is already before the Karmic Board for the Summer Class, In the Name of God make some application as to WHERE and HOW it can be handled in dignity.

My love, that of Saint Germain, and My Holy Mother abide with you now and always. Although I shall remove the microphone I shall Myself give the Blessing.

HAVE YOU ALREADY AVAILED YOURSELVES OF THE OPPORTUNITY OF BECOMING A FRIEND OF MERCY (FOM)?

If you have not already consciously applied to become an Active Chela serving with the Lady Master Kwan Yin, the Beloved Ascended Master Saint Germain and other Members of the Spirtual Hierarchy as a Friend of Mercy, it may well be because you have not read the announcement of the foundation of this World-Wide-International Organization, brought into being by the Ascended Master Saint Germain (Who, as St. Joseph, was the Guardian of the Holy Mother Mary) and is known as the "Patron of a Happy Passing" from this Earth-plane, which appeared in "The Bridge Journal" of November, 1959 and which, for your benefit, is reproduced in this issue.

As this time of Cosmic Expansion, which requires the co-operation of every embodied lifestream and every illumined lifestream who has victoriously made the change called "death", there is an urgent requirement for intelligent prayers for our departed relatives, friends, and those who have no one to pray for them, even if they are unknown to you. According to the Law of the Circle (Karma) all the good you do returns to you with increased momentum. This important service which you can NOW render both to the departing and departed souls will help the Cause of Freedom and will contribute greatly to your own personal Ascension.

The following is the latest announcement issued by the Scribe of FOM, which contains both instructions and a decree by the Elohim Hercules, Himself:

ORDER OF THE FRIENDS OF MERCY

Beloved Friends of Light:

GOD BLESS YOU! We are most grateful to you for your active participation in the freeing of the departing and disembodied lifestreams belonging to this Sweet Earth! Much has been accomplished by your selfless service to assist these dear ones, and in so doing you are strengthening the bonds of conscious cooperation with the Ascended Masters of Wisdom.

One of the important activities of this service is the recognition of the fact that the body elemental of each lifestream must be taken into consideration.

One of the Seven Elohim, Beloved Hercules, speaks upon the importance of developing an affinity with the body elemental, and suggests the use of the following:

BELOVED ELOHIM HERCULES SPEAKS: April 22, 1960.

"The following Decrees and information are given for your consideration and application:

> Beloved Presence of God "I AM" in me, Beloved Mighty Hercules and Holy Amazon direct the full gathered cosmic momentum of your Blue Flame and Ray into the cohesive center of every body elemental which is about to be or has been discarded by any human being, imprisoned Angel or elemental in, through and around this Earth and Its atmosphere NOW: RELEASE (3) the electrons and atoms of such body elementals into the Purifying Power of the Violet Transmuting Flame directed by the Ascended Master Saint Germain, and bring them INSTANTLY into the Ascension Temples where they may learn the Cause of their being and receive the blessing for their service to life and the soul which they animated. See that each such an one NEVER is again forced to serve any lifestream in, through and around the planet Earth but that they receive their Eternal Victory, and eventually, through the Mercy of God "I AM" and the Lords of Karma, Individualization as God Free Beings, with the free will choice to serve the Presence of God "I AM".

IMPORTANT:

The body elemental which animates the physical vehibles of mankind, imprisoned Angels and elementals is very intelligent and controls the mechanism of the physical form. It is often antogonistic towards such form, as the same body elemental serves the same lifestream from the time of the first embodiment upon the planet Earth until the soul is transmuted into Spiritual Light and that individual attains the Ascension.

This body elemental has been UNTIL TODAY often forced to reanimate the physical vehicle by the Lords of Karma when such an individual took re-embodiment on the Earth.

Great love, gratitude and understanding to your own body elemental creates an affinity between it and the physical form and allows the lifestream to more quickly disassociate itself from the body elemental at the close of the embodiment upon the Earth.

Remember the body elemental beats one's own heart, activates one's nervous system and takes care of the proper functions of the organs of the physical form and is usually condemned when any portion of the physical vehicle ceases to function properly. The truth is that the destructive use of free will by the uncontrolled emotional, mental, etheric and physical vehicles of the soul create the chaos in the physical vehicle and the body elemental itself serves constantly to repair such damage.

We suggest the following couplet for your use:

Beloved Presence of God "I AM" in me (or them)
Mighty Hercules and Holy Amazon:
Bless my body elemental for its service to me,
At the close of my Earthspan set it ever free.

Without its loving presence I should not even be.
Blessed body elemental ASCEND THOU WITH ME!

Beloved "I AM" (3)

By God's Own Hand (3)

I now command (3)

By Hercules' Hand (3)

By Amazon's Hand (3)

And I consciously accept this done RIGHT NOW, with full power; eternally sustained, all powerfully acting, ever expanding and world encompassing until all are wholly Ascended and Free,

Beloved "I AM" (3)"

Beloved Members of FOM—We thank you for the synchronized prayers for those depatring as well as those who have already departed this Earthplane. We would like to compliment the earnest chelas who cognize the fact that it is necessary to have funds to disseminate this instruction.

THE SCRIBE of
FOM

Note: After reading the above and the following announcement of November 1959, it will be expected by the Ascended Ones that every reader who understands the necessity of conscious, daily cooperation with the Divine Beings upon the behalf of the departing and departed souls, will apply for membership in this Order (FOM) which, like all the supplements of "The Bridge to Freedom Journal", is sustained by the love-gifts of the alert chelas, to purchase the stamps, paper, envelopes and necessary media through which this particular instruction is disseminated.

ORDER OF THE FRIENDS OF MERCY (FOM)

Dedicated to help lifestreams over the period of transition, when the soul leaves the flesh body.

Under the Direction of the Ascended Master Saint Germain (Who under the name of Saint Joseph is well known as the Patron of a "happy death").

How You can Serve

Those selfless souls who wish to help along this very important line of service, thereby receiving in due time for themselves the benefit they seek now for others, are requested to devote at least fifteen minutes a day to pray along the following lines:

1st. Call for Mercy's Flame of Cosmic Forgiveness to sweep through the lifestream who shall pass through the portals of so-called death during the period of twenty four hours when the call is made, and during the rest of month and year.

2nd. Call to action the Angels to the Violet Fire, and the Angels of Lord Michael's Legions with Their Swords of Blue Flame, to stand at the side of each soul passing and sweep out the last vestige of human creation.

3rd. Call to action the Angels of Comfort from the Legions of our Beloved Maha Chohan, to wipe out all fear of so-called death, and give comfort to the loved ones who remain.

4th. Call the Presence of our Beloved Saint Germain and the Presence of Beloved Maha Chohan, to take the departing one into Their arms of Light and Love, and bring him or her to the Karmic Board to present the harvest of that particular embodiment, and then assign him or her to the appropriate School to accomplish the Ascension without the need of another embodiment.

Act Now

Those desirous of rendering this important assistance, greatly required at this time, may apply now for free membership in this Order. They will receive from time to time a Bulletin with appropriate decrees and instructions to better render their service. They may also apply for prayers for their departed ones.

Address: Scribe of FOM
R.F.D. 1 - Box 321, Charlottesville, Va. U.S.A.

THE PURPOSE OF YOUR DECREES

By the Ascended Master Kuthumi

When individualization was conferred upon your individual identity, the Three-fold Flame was created which became a Cosmic **Cause,** and you, today, are the effect of that Cause; therefore, because that Presence IS, you ARE, and because the Cosmic Cause decreed Perfection, you are pre-destined to out-picture perfection as an Ascended and Cosmic Being, because all cause must of necessity have an effect.

When the Three-fold Flame, which is your true identity, was created from out of the Heart of God, like spokes from a wheel, seven effects were projected, representing the seven-fold nature of man—the seven bodies etc. Thus, you see even in the finite world, **every cause has seven effects,** and each such **effect** in turn creates **seven new causes!** These ramifications extend until, upon contemplation one realizes that the responsibility of being a Creator is very tremendous!

The reason and purpose of your decrees, when issued intelligently, is to set up **new causes** in your world that **must bring** corresponding effects of prosperity, health, illumination, purity, harmony. The reason for the constant admonition for Harmony is because when new causes are set up they must ACT, but as your decrees begin a pulsation of opulence, health, peace, harmony and at the same time in your daily living you set up millions of human causes that also must have effects—and in the balance your decrees are far outweighed by the irirtation and distress your decrees are far outweighed by the irritation and distress of your daily living.

You have no concept of the far-reaching effects of unkind words, thoughts and feelings of irritation, anger and jittery emotions. The Master's decree is fulfilled co-existent with His call, because His entire lifestream is in agreement with His decree and all the energy of His Being is held harmonious, and the natural Law of Life expresses that which He has decreed into form.

WHAT IS YOUR ATTENTION

By the Ascended Master Hilarion

YOUR attention is similar to a radio beam of electrical energy directed at a certain wave length which connects with an objective vibrating at that wave length. Your attention is a consciously emitted stream of electronic spark that forms a bridge or conductor made up of your own life, through which there flows to you on a return current the substance, radiation and quality toward which your attention has been directed.

Your attention is an open door to your individual consciousness and world, and is the **only** avenue through which you consciously **accept!** Your attention is as scientific as the electrical beam created through the Marconi system or a radio transmitter.

Your attention is your **Life** projected forth through self-conscious action into the universe to **tie you** with the object to which your attention has been directed. Countless dictations and afifrmations have pointed you to the **power held within the attention,** and yet the attention is the least governed of the activities of man.

The forces of shadow and the entities of man's own lifestream, however, are **fully aware** of the power of the attention, for they live on the life that **flows through the beam of the attention** as surely as your body subsists on the food you digest. **No thing** can live in one's world **unles his attention feeds it,** whether it is Godly consciousness or sickness of the flesh, or a limitation of the pocket book. For the Godly man, his attention is held **unwaveringly** on the Presence of Life, the Earth slips away and ceases to exist. This in the ultimate state is called Nirvana.

The attention is the **mouth** of your consciousness, which can be held by sustained and conscious effort upon whatever activity or manifestation of God's Perfeciton one desires.

While the attention is held on any human channel, any human form, or any outer source of supply, of health, of happiness—the

Law is in **reverse** and trough the avenue on which the attention is held will flow the radiation and substance of the object upon which the attention is held.

If an individual seeking Godliness, health, happiness and supply could first **understand** the **power of sustained attention,** and then through self-conscious effort **wrest** the attention from the many pulls of the outer self and **anchor** that attention on the Presence of God, God's Presence would flow through him on the return currents as the fullness of all he could desire. Saint Germain said repeatedly, "Where your atention **is,** there you are; what your attention is upon you **become**", but the students do not realize that the attention is constantly moving from place to place and is not one-pointed in acknowledging the Godhead as the ONLY Doer, Doing and Deed!

The attention is the **bridge** from the human to the Divine. It is the electronic energy of the lifestream throuwn forth like a mystic span and the man walks forth on the bridge into the realm of the real. The attention can be **raised instantly** to any Solar Lord or any Master or Deva or Angel and over that bridge the consciousness may consciously soar into the realm where that One Dwells! No one is a **prisoner** on the Earth sphere while he contains within himself the magic, mystic power of the attention.

Every force on Earth, from the small puppy to the immature child, seeks to **gain** and **hold** the **attention,** because **inside** that one knows that **through the attention** there flows a stream of Light, and the God-seeking man is he who DOES NOT allow his attention to become a playground for the seen and unseen forces that would bind him longer to shadow.

Your attention is a **wand**—magic, mystic, potent—and **ONE MAN** with a controlled attention might draw enough spiritual essence from the Heart of God to redeem a planet!

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THE BRIDGE TO FREEDOM

A Monthly Journal Devoted to Individual Unfoldment, Contact with The Great White Brotherhood and Cooperative World Service

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TEN EMBODIMENTS OF EL MORYA,
(See "Hope Magazine", August 15, 1960)

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THE BRIDGE TO FREEDOM

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Vol. IX **August 15, 1960** **No. 5**

THE TEMPLE OF GOD'S WILL

At Darjeeling, India

(The Ascended Master Retreat of the Month)

August 15th through September 14th, 1960

Hierarch: Beloved El Morya; **Color of the Flame:** Crystal with Radiance of Sapphire Blue; **Musical Keytone:** "Pomp and Circumstance", Elgar.

BREATHING STATEMENT FOR THE TRANSMISSION OF THE FLAME CLASS OF AUGUST 20TH, 1960

1	2	3	4	5	6	7	8
"I AM"	inbreathing	El Morya's	Power,	Wisdom	and	Love	to do God's Will
"I AM"	absorbing	El Morya's	Power,	Wisdom	and	Love	to do God's Will
"I AM"	expanding	El Morya's	Power,	Wisdom	and	Love	to do God's Will
"I AM"	projecting	El Morya's	Power,	Wisdom	and	Love	to do God's Will

Description of the Retreat: Please see "The Bridge Journal": Vol. II No. 1; Vol. IV No. 2; Vol. V No. 7; Vol. VI No. 2; Vol VII Nos. 2 and 10.

Addresses by Beloved El Morya: Please see "The Bridge Journal": Vol. II Nos. 9 (two) and 10 (two); Vol III Nos. 3 and 10; Vol. IV Nos. 1, 2 (two), 3, 5, 8 (two) and 9; Vol. V Nos. 7, 8, 9; Vol. VI No. 6; Vol. VII Nos. 2, 6, 10, 11; Vol. VIII Nos. 1, 6 (two), 8, 11 (two), 12; Vol. IX No. 3.

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ASCENDED MASTER EL MORYA

Hierarch of The Temple of God's Will
and Chohan, or Director, of the First Ray

COME OUT OF THE TOMB OF SELFISHNESS!

An Address delivered by Beloved El Morya at The Ashram On Holy Thursday, April 14th, 1960

"Beloved friends of Light and Love Eternal, I, like unto Beloved Serapis Bey am called a strict Task-Master. It is that very Will and desire for you to accelerate the vibratory action of your lower vehicles so that you shall quickly find your way back Home which is Our Love in Our Hearts directed to you and through you for one purpose, your God Freedom!

Here We have a stone, one of the few which remains of Tara's Halls where long since both you and I served our Lord together. That 'Harp that once through Tara's Hall, its song of music sped, now lies as mute on Tara's walls as though its soul had fled'. Why? Because, except for Myself, everyone of you and others dear to My Heart got tired of the Harp of Tara, got tired of the Spirtual Law, and went happily down the by-ways of life seeking self-satisfaction through the senses.

I tell you that Harp shall ring again and around It shall be gathered not only in Heaven, but right here on Earth, the faithful who have learned that the highways and by-ways in the pursuit of happines lead into nothingness leaving disillusionment of soul, etheric memories of imperfection, mental confusions and emotional chaos!

Almighty God, it has taken All the Sons and Daughters of Heaven these past seven years to untangle, not once, but every day, the chaos in your four lower bodies. Every single day during each twenty-four hour period I take the time to go over those bodies, and remove the emotional, the mental, etheric and physical chaos of one twenty-four hour period. Isn't that love? Methinks when you consider it deeply it is, for love to many of you is an ephemeral thing, consisting of the kiss, the embrace,

the handshake. Beloved ones, the love that the Great White Brotherhood from Our Regent, Sanat Kumara, down to My humble Self for you is so great that the foreswearing of Nirvana is nothing in comparison to the redemption of each and every-living thing, and this Earth that We love.

I walked the ways of Earth not too long since. I knew the love of beauty and I knew the trials of flesh. Because "I AM" called the Preceptor of God's Will, from which many men shrink in heart though not in intellect, you think I do not love beauty. Ah, beauty and order are Heaven's first law and in My home at Darjeeling there is and shall remain **always** both beauty and order. Disorder is no part of My Nature or that of My particular Brotherhood. Disorder of person or disorder of surroundings is the externalization of the human nature of disordered mind, feelings, the etheric consciousness or just physical laziness. I repeat to you, as I have many times, if you invite Me or any Divine Being to a Feast for God's sake leave a place of honor (uncluttered) for Us.

In your own realm, in your own life, you will find that when you bring order and beauty into your world, you will progress more happily; for order and beauty bring grace, and that grace brings to you perceptions that you never knew you had and those perceptions externalized make you God-men, women and children in action here on Earth. We know that there are times, naturally during the course of your work-a-day world when you become a little dishevelled through the use of the various media of your magnificent service but this can be rectified in the matter of moments and those moments can be spent in what?—in **invoking** the Will of God for man, woman and child on this Earth, **invoking** the Will of God to make His Kingdom manifest now, **invoking** the Will of God for this Sweet Earth and Its redemption NOW; **invoking** the straightening of the Axis of this Earth, the preparation for a Class wherein the Ascended Master Serapis Bey and Myself should not have to supply all the energies required to be of world wide blessing throughout the entire

United States of America and across the great Oceans into Europe, Asia, Africa, Australia and encircling the planet round in Love!

Are you going to do that with the type of energies released or the vehicles in the condiction in which they are? Hah, Methinks not! How about the little men in the Voodoo countries? How about the lone souls in Scotland, dear, and England too? How about those way off in Asia, Malaya, Hawaii? Think you that the energies, beloved hearts, of your songs alone could reach to Hawaii where those blessed and earnest Boerrigters hold their Focus of Light for this Easter Season? Your energies don't even reach down the rugged road to the so-called macadam. Therefore, in love, We have given those energies that Easter Season throughout the entire planet Earth chelas sincere and earnest might be blessed, so that Mother Mary, Brother John, Beloved Jesus might have a Forcefield into which They could step that is befitting the dignity of an Ascended Being. That is why I come first—the Forerunner, absorbing the deflections, preparing the way for the Greater on Life's Path.

Now awake—come out of that soul sleep, ALMIGHTY GOD awake and let the fires of enthusiasm again spin within your vehicles, spin within your emotional, mental, etheric and physical bodies setting those little electrons spinning around the atoms and prepare for the Holy Mother of Jesus and Brother John and Jesus Himself by making yourself a Cup for Their Presence, for Myself I have the Name, I have the Brand and I care not, except as I fire you with enthusiasm for the Love of God to bring this Earth back Home; bring It, oh bring It back Home with all Its lovely Spring flowers, with all Its Summer grace, with all Its saddened mankind, with all Its laggards, with all imprisoned elementals, with all its humankind; with all those who have left the former compound and roam yet in the psychic realm.

I plead with you, bring Our Earth back Home; bring your little four-footed creatures and all that lives back Home for Saint

Germain's sake, that this Earth may be Freedom's Holy Star. I love Him so! Why should I have gone to Vesta and Helios and asked for a Dispensation to help you? Because I love Him so, because He has that Faith in you all and in all His chelas though they fall by the wayside and desert Him right and left; a Faith which I perchance do not share, having served so often with mankind, both through the TS, Mrs. Bailey, the "I AM", and The Bridge Activity. But His Faith—He is like a Child, your Beloved Ascended Master Saint Germain. He is so happy when anyone of you Ascend, when any one of you shows the tiniest bit of Light, He rushes to the Karmic Board with that Light and your achievement and He covers over every error you make, either consciously or unconsciously, and when We talk with Him He can talk only about how beautiful you are, even to the great Maha Chohan smilingly knowing and listens and too, in Love, does not dissuade Him for that Faith.

Saint Germain pleads your cause and the cause of all that lives and We, the fiery ones—Serapis and I, are DETERMINED that His Faith shall be realized through you, BY GOD, even though We may not seem popular to your outer self, yet one day when you meet Us face to face, We won't be so difficult. I can play the harp, if you want to hear it; They say I have a reasonable tener voice, if you care to listen and I can love enough, love enough to plead for the Ascended Master Saint Germain's Vision of Utopia manifest on this Earth.

It is Easter time, ah yes. We come again to the Holy Season first today the Feast of the Last Supper and tomorrow to the agonies of the cross; Saturday the waiting of the unfaithful disciples and the faithful Mary and John and on Sunday to the Halleluiahs when Jesus burst the tomb and Magdala knelt by His Feet and He told her to go and tell His disciples that He was Risen, and why seek ye the Living among the dead! I love that phrase. When I come in here, and I come in more often than you know, I love to say to Myself, to cheer Myself up, WHY seek ye the living among the dead?

Now come on and LIVE, in God's Name live; live to every ounce of your mind and body, soul and spirit in the Service of the beloved Ascended Master Saint Germain and make His Star a Star of Freedom NOW! Another Cycle has started. Now many Cycles do We have to begin and turn again, again and again and again before you all decide to take off on the Ascension Flame.

NOW I **INSIST** AND **COMMAND** BY THE POWER OF ALMIGHTY GOD that you, individually who have had the privilege of My company, wanted or not, do something about making this Earth Freedom's Holy Star... and I NEVER TAKE A 'NO' FOR AN ANSWER! It is not My Nature; I'm a terrifically persistent Fellow, so persistent that I've followed you all, some of you, into the compound and dragged you out literally by the hair, or out of the Sleepers Realm where you were enjoying a fine respite, and have literally SHOVED you through the Board of Karma and **begged** Mother Mary on bended knee to give you your embodiment **today** when there are two others who could have taken embodiment, making Them stay in Heaven's Realms, just so that YOU COULD, because I knew that you had it in you, help the Ascended Master Saint Germain bring the Earth Home.

I didn't do this for any other reason but that because in that **persistence** and **constancy** of service you shall have your individual Freedom, the Earth shall have Her Freedom, Saint Germain shall have His Utopia, and the Ascended Host shall have an Open Door through this vehicle, through which to convince you again, again and again that We are Real Beings. COME OUT OF THE TOMB OF SELFISHNESS INTO THE LIGHT OF THE NEW DAY FOR **IT IS HERE! SO**—I have spoken!

Welcome to Darjeeling for the gentle side of My Nature.

THE VIOLET FLAME IS YOUR FREEDOM

Addresses by Beloved Saint Germain and Lady Portia delivered at The Ashram on His Coronation and Ascension Anniversary, May 1, 1960

Ladies and gentlemen of grace, it is always a pleasure as well as a privilege to visit those who love the Cause of Freedom; those who love to serve in grace to bring a Planet too long held in the throes of distress again into harmony, ah, that harmony that shall add to the Music of the Spheres and out into the Cosmos Itself instead of being the one disonant note in this Universe and in this Galaxy.

How many of Us love this earth; how many of Us walked upon It; walked sometimes in troubled thought and sometimes in happy free expression! How many of you here have walked and talked with Me—all, I say—while yet unascended were you My friends tried and true, in periods of adversity where friedship, the truest and most perfect expression of Love Divine was required for even physical safety of the outer form.

Now again We have joined together on this magnificent pathway where you and I and All of Our Heavenly Brothers and Sisters and all of those who are being transmuted and transformed into Light will bring to Earth that Kingdom of Magnificence that I have so longed to show you and to show all peoples; that Kingdom where the Angels perform the ceremonies and scatter the petals of the rose before the Sacred Mother; where the great Builders of Form right before your eyes can create a Temple, aye of diamonds, stones of any description and change it in the twinkling of an eye through the power of etherealization. Ah, that Age is coming again wherein there will be no distorted life, wherein there shall be no cry of pain, no distress of heart, of soul or Spirit; for this I have foresworn Nirvana; for this I remain presently the Chohan in charge of the

Permanent Golden Age, wherein some say 'You speak of it often and yet the Angels are not yet manifest'.

Who knows—more there are in the world of form; more there are that walk among you than even ye who sit here this morning know about; that great Serapis Bey, Glory be to His Name, (Who has opened the Door to the Seventh Root Race) and the Great Karmic Board confirming the Petition of beloved Morya will allow dispensations when the blessed and beloved Mother this year creates again in this same month of May the bodies of those who are to come to Earth in 1961.

Beloved ones, when you think how carefully and how beautifully are prepared the vehicles for each embodiment, no matter how much the soul has created in past embodiments of an imperfect nature, through the use of this Violet Fire Which I love so much, Which is part of My Being and World, the soul is given the most perfect body possible for reembodiment and that Violet Fire surges through the Sacred Heart Temple as each and every blessed individual who is to be reborn on the Earth walks through the Elysian Fields, walks up the steps of that Temple, kneels before the Blessed Mary, Mother of Jesus, and before Kwan Yin and passes through that ceremony wherein their long golden hair is shorn. Where is that hair placed? It is placed in the Heart of the Resurrection Temple wherein those who are not again to embody may have a magnetizing power to bless those shorn of their glory to enter into Earth garments and shine through the Light of their own hearts, being sons and daughters of Freedom, wearing Freedom's Robes in dignity and in honor.

Long since it was that My Master called Me Home; long before My Utopia was established on this Sweet Earth, so I had studied it well and endeavored through many, many people in authority to persuade them to allow It to come forth in Europe, but My Master said it was time for Me to close the Book of My Life and enter into the Realms of the Ascended and so you have My little Utopia and the few Memoirs that are therein and the

deeper truths of Shakespeare for those who seek to delve and the memory of a Man shorn not only of position but of name, traveling alone from the England that He loved, meeting trusted friends in France and finding peace in the most beautiful woods of Transylvania, where the birdsong was so sweet and there was no footfall for even the horses there were unshod and they as well as the mankind privileged to be among My close friends in the Transylvanian Forest moved silently and in that silence you could hear the voice of the bird, the more delicate voice of the flower and there I truly pressed My Physical Bosom against this Earth, kissing it a farewell, but promising I should return through those Who love Me first and then one day when the veil of maya was dissolved enough, in Person.

When You have a Project here on Earth, no matter how small it may be it becomes quite dear to You. I have that Project of a Planet free of disease and death, decay; free of every type of consciousness that could create war, wherein Angels, men and elementals might walk together in happiness on a shining Planet just as It was when It first came forth from the Heart of Immaculata with Amarilly's sweetest blooms; that dream has not been fulfilled, but it has become a Vision, a Vision held in My Consciousness with all of the tenacity of My centuries of embodiment on this Earth, as well as My experience on other Stars. That is the Vision that I impart to you when I receive the confidence of your presence.

Oh how lovely to have Our Earth again as She was then; how lovely for you to be a part of leaving Her more beautiful and shining because you have passed by; how lovely indeed that generations yet unborn shall know Angels and Divine Beings as their Friends and no maya stands between; how lovely that the Throne of Freedom shall be occupied by a Heart Friend, simple and yet withal filled with the Consciousness and Conviction that a Vision of a World of Freedom can become FACT when men and women cease bickering amongst themselves and nations among nations—then the Solar Highways can be opened

and then can Those Above look down and say 'how lovely the garland of Light around the Freedom Star'. Instead of pinpoints of Light here and there scattered across the surface of the Earth wherein is the awakened consciousness of one or a handful of valued students; all of the Earth ablaze with Light. For this was invested Sanat Kumara's centuries, ages of service; to this end was created the Great White Brotherhood; to this end do We live but to educate you in the knowledge that the Powers that We used to set Ourselves Free are within your own heart, only to be loosed by the acceptance of Their Reality.

Lovely ones, the Violet Flame is real; more real by far than externalized form on chart or picture. That Flame is your freedom as It blazes in, thorugh and around you—LET GO, LET GO and Let go of emotional, mental, etheric and physical chaos and then accept from My Lady Portia the Divine Justice which is the heritage of your being to be a God and Goddess on this Earth and then achieve Ascended Master or Cosmic status at the close of this Earth life.

Beloved Portia speaks:

My beloved Saint Germain, You plead the Cause of Freedom well and men, women and children who listen to You, and they would love it for themselves and some few for others, but as a Member of the Karmic Board, Beloved, I know that that Vision Which is Yours to become fact must literally be riveted into the outer consciousness of the chelas who have pledged themselves to serve You so that that Freedom is the greatest and highest aspect of their thinking, feeling selves, else in the trials My trusting and beloved One, in the hours that are to come, You may not find anchored as many friends as Your Heart believes. As a Member of the Karmic Board I pledge to You all of the energies of My Being to see that You are NOT disappointed again in ONE SOUL in which you have invested an electron of Your Life and that those who have desecrated Your Vision of Freedom SHALL ARISE and make things right.

NOT ONLY FOR YOU but for the Cause You represent—THIS IS A FIAT OF THE KARMIC BOARD FOR YOU ON YOUR MAY DAY!

Beloved Saint Germain speaks:

Beloved Portia, I know well wherein You speak. "I AM" gentle, too, and trusting for in that trust I find a certain spark of response. It is not blind trust but it is the conviction that holding on to the Heart Flame Which is within each beating heart with all the Love that is within Me that Heart Flame shall respond and give of Itself and in so giving make this Planet a Holy and God-Free place.

To you, beloved, who think perhaps like the Karmic Board that "I AM" gentle I have on times been fiery-fiery just in the desire to see you in dignity proceed on Life's way and become that May-pole of Power around which others weaker than yourselves may stand and lean at times until they gain the power within themselves to stand alone with God and with Us Who are His Messengers.

Thus this Sacred Month of May dedicated to the Festivals of so Many of My Ascended Master Friends of Light, is a particularly blessed one to Me and I wish you this morning the same joy I experienced when I left My Earthly Body and gained My Victory and met the Goddess of Liberty and the Other great Teachers of Light in the Ascended Master Realm. No one can explain the feeling of relief and release and joy that there is in the Ascension even though one's service is not completed and that one shall return to serve through others. One day you will say to Me 'Saint Germain, My Friend, you spake truly' as you expand your Light in the Cosmos and having done completed your little individual task join Me to go out no more.

A Happy and Most Blessed Month of May from your Friend, your Servant and One Who believes you love Me—as I DO LOVE YOU!

THE BRIDGE TO FREEDOM

A Monthly Journal Devoted to Individual Unfoldment, Contact with The Great White Brotherhood and Cooperative World Service

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DEVELOPE YOUR POTENTIAL DIVINITY!

Monthly Letter to the Transmission of the Flame Class of August 20th, 1960

Beloved Friends seeking to do God's Holy Will on Earth: "I AM" again so delighted that you have been and are enjoying active participation in the Transmission Flame Classes, which through My so humble endeavors, were begun in 1952, when the Ascended Master Saint Germain still held His focus of the Freedom Flame in Transylvania.

Now, We join Our breaths with yours in the so charming, gracious and beautiful Home of My Beloved Son, and your Guru, El Morya. His will for you is that you, each one, become Now a God-man, a God-woman, a God-child, and to that end and for that purpose does He spur you onwards to develop the potential Divinity within the Holy Christ Flames of each of your dear hearts. Sometimes the outer self rebels (temporarily) at such Love Divine which is ACTIVE AND CONSTANT PERSUASION FROM THE HEART OF EL MORYA. One day you shall, upon bended knees, prostrate before this God of Love.

Accept the opportunity during this thirty-day period of visiting El Morya's Focus! Learn to love Him as I do. Bring back into your orbits, His feeling of Loving imprisoned life Free. The Sponsors for this month are Gentlemen from El Morya's Court.

Love and Blessings

Maha Chohan

YOUR ASSIGNMENT IS TO LOVE SOMEONE YOU DISLIKE

An Address delivered by Beloved Mother Mary at The Ashram On Good Friday; April 15th, 1960

"Beloved and blessed children walking the ways of Earth, I have loved you long and well. I hold for you, as I did for The Ascended Master Jesus, that Immaculate Concept which shall externalize on this Earthplane as It has in the Higher Realms!

To hold constantly to the Immaculate Concept, amidst all the effluvia of the present untransmuted astral plane requires a great deal of concentration upon the part of unascended beings. It required all of the energy of My Life as well as The Angels Who guarded Me and the Ascended Master Saint Germain (Who was Joseph) to hold The Immaculate Concept for one Boy from the time of His concepcion, birth, through Our flight to Egypt and yet allow Him full Freedom to enter into the rigorous tests at Luxor, when He met face to face Its mighty Hierarch Serapis Bey. We, then, at Divine Direction brought Him back, still a young Boy, into Judea where both He and I were labelled by malicious individuals as rather imperfect characters.

I held that Immaculate Concept, beloved ones, for Him. It was comparatively easy because He was a beautiful Baby, a beautiful Child, a beautiful Youth and Young Man When He met in consciousnes the Beloved Lord Maitreya (now Lord Divino, The New Buddha) He had to learn to magnify the Lord of Life Himself and hold the Divine Concept for Himself and His Mission because that is the Law. I held that Divine Concept, too, with all the energies of My Being until Good Friday but He, by requirement of the Cosmic Law had to utilize the energies of His Own Self-conscious Being, of His emotional, mental, etheric and physical vehicles to magnify the Lord of Good wheresoever He was.

I did My humble service in teaching Him so to do. He was born without sin or taint of this world (untransmuted karma) but He had senses, more alert because of His Spiritual Development. He had eyes that could see sights that you see no more because the present civilization hides them from you through various institutions. He had ears to hear and hands most delicate and beautiful to touch, first Joseph's hand, then My Person later, the flower, the bird, the rabbit, the man, woman or child in the street who required assistance. Hands beautiful and delicate but yet strong enough, with Joseph My Husband's (now Saint Germain) wisdom, to become a skilled carpenter. No yoke He ever made did hurt a beast of burden; no spinning wheel He ever made upon which I Myself wove His garments from childhood onward in the tradition of the Jewish Faith that had a splinter upon them. Hands that could heal and yet serve and were practically directed by a mind alert always to do God's Will in love.

I cannot describe to you the love of My Son for you, all mankind and every living thing. There are no words which can describe that type of Pure Divine Love which takes a Man in the fulness of His Youth—thirty-three years of age by human count—from an Earth that He loved, from a Mother Who had lost Her Husband; from disciples not yet anchored in the understanding of what He was endeavoring in the most simple terminology to teach them Victoriously through the experience of the crucifixion (which I witnessed) holding for those three hours that Immaculate Concept for Him, knowing that neither the spear nor the crown of thorns nor the cross nor the nails could hurt Him! I had seen His Holy Christ Self from the day I first cradled Him in My Arms until the day when His Beloved body hung between two thieves for three long hours.

John The Beloved and I stood watch during those three hours and gave to Him all of the love of Our Hearts, holding that Immaculate Concept for Him, so that He might pass through that initiation, resuscitating His physical Form, resurrecting It

on Easter Morn for the benefaction of a doubting discipleship, and ascending **publicly** in the sight of over 500 people.

Now, "I AM" rendering that same service for you. Where I left one Boy in the bloom of Youth on Galgotha's Hill and walked with John to My shelter in Bethany, I became, and "I AM" the Mother of you all—laggards, humankind, dis-embodied entities and those imprisoned Angels and elementals and those babies who are to be born.

I have a large congregation but it is joy, for what I have done for One gives the confidence in the feelings and then you can do it for many. Your feeling world and Mine, as well as that of My Son Jesus and Saint Germain, while We were all unascended, were connected with that of all unascended mankind. You individually cannot cognize the desperation of the outer feelings of some ten billion lifestreams utilizing the Sweet Earth, as often as they are offered an opportunity to embody, as often as El Morya will allow Me to provide for them a physical vehicle.

Beloved! Do not allow depressive feelings which are looking for a **home** because they are a vampire activity which requires energy to live, to enter into your feelings! Anchor your feeling world into Mine, if you desire or into any other Ascended Being, and draw from Them the feelings of illumined **buoyancy**, confidence, faith and God conviction that ALL IS WELL AND SHALL BE BETTER.

Blessed, beloved ones, I come to plead the Cause of a Mother for sleeping children. You are in a COSMIC MOMENT—a moment when Our beloved Saint Germain desires to make of Earth Freedom's Holy Star, to straighten the axis of this Earth, to help each and everyone of you before your Ascension to experience some of the ecstasy of consciously serving with the Great White Brotherhood instead of a feeling of drudgery which so often impregnates your service to life.

When I achieved My Own Ascension, when I had spoken

with the disciples and apostles, when John received His Ascension and I joined beloved Jesus in the Ascended Master Realm, I was given the same choice that you will be given, to go to Higher Glory. I said, "No, I shall Mother the Earth, the laggards and all upon It, holding for that Earth and all that lives upon it, in, through and around It, the Immaculate Concept until they manifest It", and this I Am doing! Are you doing as much for even one, one that you love, human, animal or elemental? I do not ask you to take on the entire human race, beloved ones, for I know it would be an impossibility, but I would like you to try it on someone for whom you have an antipathy. It is easy to love those you love. It is easy to have a feeling of happy gratitude for association with those for whom you have an affinity, surely, just as easy as it is for Me and Lord Raphael to work with God Free Angels or in the Sacred Heart Temple, or with Jesus or the Ascended Master Saint Germain.

I personally go through the gutters, as does Kwan Yin, of your cities, states and nations, holding the Immaculate Concept for the untouchable of every nation, race and creed. THEY SHALL RESPOND, by the Power of God, for they, too, have a Holy Christ within, awaiting expansion and love.

My Son said, "Love your enemies, treat kindly those who despitefully use you". He spoke in the most simple terms and in easy parables that the man on the street could understand, but somehow the diabolical forces that still roam through the world have emphasized the wrong part of His Mission. They glorified a crucified Christ, muting a Resurrected Christ and a Man among men, Who walked practically on the Earth doing good until He was called at the year of thirty for His Cosmic Mission, and the Dove of the Holy Spirit Who is your particular Benefactor, blessed Him at Jordan's river.

The Dove of the Holy Spirit has blessed you how often! Ah, not only once a week but every day, so kind, the Maha Chohan; so kind Everyone of those great Beings; so kind El Morya!

You think Him strong and strict! Beloved ones, He is love, that magnificent love that is trying to shake your lethargy from you, accelerate the vibratory action of your lower bodies and prepare this Earth to become Freedom's Holy Star! Serapis, too, strong though He may seem—almost violent in His expression—is love. You should see Him with the Seraphim, you should see Him in the privacy of His Own garden at Luxor as He causes the lily to bloom, the dove to light upon the back of His hand, the smallest chela to be held on His lap.

These are Beings of Love Divine! Their externalized expression may be shocking to the vibratory action of the outer vehicles but that is for a purpose because that shock, beloved ones, is like a blow torch that cracks through the emotional, mental, etheric and physical shells and lets maybe one word get through that will help you on your pathway Home. Jesus only used a few words, "I AM" THE RESURRECTION AND THE LIFE", but He had the constancy of repeating It to gain HIS VICTORY.

So on this Good Friday, I chose you, moulding the best of you into the Sacred Heart, putting the worst of you inside and giving you the best cover possible. I have seen you really pulverize My endeavor and yet I am grateful that you even have a cover and a beating heart! As beloved Morya said, for every being that embodies (you among them), two greater beings have had to remain in the inner realms so that you might have opportunity to serve God and His Righteousness. He interceded before the Karmic Board; He interceded before Helios and Vesta; He went to Alpha and Omega; He came to Me with the list with your names upon it, stamped by the Central Sun of the System, so that you, and you, and you, and you might have physical vehicles, when according to your records upon My books, there wasn't much to make an outer covering. Obedience is the Law of Our Life and so to the Greater Ones, the Buddhas and the members of the Seventh Root Race and the Illuminati from other Stars, We made Heavenly apologies and asked, asked Them and Their Great Manu too, to wait until you had run your course and manifested your Victory.

Now, Manus, Buddhas, Illuminati from other Stars, God Free Beings without Karma, remain waiting the call from the Sacred Heart Temple and it has to be next May before They are given a chance for embodiment on this Earth BECAUSE beloved Morya thought you had it within you to bring Earth Home! Please, please love Them—El Morya, Serapis and All the Rest as I love you!

Take as your assignment this Holy Eastertide with the assistance of Ascended Beings, if you have not learned to love enough, to love someone your own outer consciousness is repellent toward. Don't tell them about it because they are probably just as repellent to you. If you can do as Nada did and many of Us did in Our assignments, if you can and will pour that pure Divine Love without an outer sign of lip or look or hand to that one, I promise you in the Name of the Ascended Jesus Christ you will see the rejuvenation of the physical body, the balance of the mind, and the emotions, the clarification of the mental body, purification of the etheric body, and a better man, woman or child—or if you have to, take an animal which you dislike. Don't tell him or her, for animals are more astute than human kind, and if you choose such a little four-footed being to love and you know in your feeling you can't stand him or her, don't tell him or her, but just love that life until you get happiness and harmony from it and that is your reward as Nada's reward was in the beautiful songs of Her sisters and the beautiful art work and in Her humility under the beloved Charity of never letting even Her father, mother or Her sisters know that it was Her love poured on them during their sleeping hours that unfolded their talents and set them free. That is love that will set you and one other person or animal or Angel, whatever you want, just one, free! If you come in with that harvest to beloved Morya on July 1st, He'll be the happiest Man in Heaven!

Morya doesn't really want you to come in with the world in your lap, for in the first instance it would be an impossibility. No, come in with the light expanded in your heart so that the

Karmic Board can see that you have loved one portion of life out of distress into harmony. Then when He stands there, for He is always talking with the Karmic Board or shooting off into intersteller space to Alpha and Omega and finding every kind of assitance for you, and He stands there and listens to you petition the Karmic Board (or not even have the courage to appear before Them), the Karmic Board, that great impersonal Body, looks at your harvest and think, "is this the individual that Morya has been so interested in!"

COME NOW, as your Mother I ask you as I asked Jesus firmly many things, to carry water from the well, I ask you MAKE THE ASCENDED MASTER MORYA PROUD, SPIRITUALLY, of you before the Karmic Board because you have loved one part of life free and forgotten yourself and your personal ailments long enough to hold the Immaculate Concept for that portion of life.

MY PETITION TO MY CHILDREN FROM A LOVING MOTHER OF ALL, a Mother Who made your heart and bodies. Who loves you and has loved you through all the years and embodiments while you pursued the by-passes of the senses is that you consciously accept the God Concept for yourself, the planet which has been your Hostess, and all that live, in through and about It; a Mother Who is strict enough to hold the Immaculate Concept for you—shining, brilliant blazing Light, even though you in the outer consciousness are not yet willing to become the "Children of Mary".

FEATURES IN THE AUGUST 15TH, 1960 ISSUE OF "HOPE MAGAZINE"

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AN INVOCATION TO THE ANGELS OF COMFORT

By the Beloved Maha Chohan

Oh, world, oh world, seeking Comfort, seeking surcease form pain, disease and death! Oh mankind imprisoned in century after century of self-created shadows! Oh elemental kingdom, prisoners of the thoughts and feelings of the masses. Oh, lovely Angels pinioned, bound, exiled from home! OH, FOUR-FOOTED CREATURES THAT HAVE NO WORDS, NO POWER OF INVOCATION WITHIN YOU, NO CAPACITY FOR PRAYER, NO CONSCIOUSNESS THAT CAN REACH TO THE ETERNAL AND WHO HAVE SO FEW TO PRAY FOR YOU. Oh great forces of the elements leashed by the hand of Mercy, forces of the sea, forces of the air and forces of the earth; Oh, great forces of fire held like four great steeds by the great charioteer of Mercy.

IN THE NAME OF THE LIVING GO, IN THE NAME OF THE HOLY SPIRIT OF THIS UNIVERSE, I draw forth that COSMIC COMFORT, those tongues of Flame into every element, every soul, every consciousness that is. LET THERE BE COMFORT! LET THERE BE THE SURCEASE OF DISTRESS.

Oh, mighty and eternal God Who has opened to Me the channel of the "Bulletin" by which I might feed some of the energies of My very Self into those willing to read and ponder it! I thank You for those who have anchored the substance of My world into themselves, and there flows into them mighty streams of Cosmic Comfort.

Oh, mighty Angel Devas of Comfort, mighty and great Angels of Comfort, Seraphim and Cherubim of Comfort, Legions of Comfort from the universal, COME FORTH NOW and BRING COMFORT TO EVERY LIFESTREAM, every one, every electron on this planet—and so be it!

A PRAYER FOR ANIMALS

Hear our humble prayer, O God, for our friends the animals, especially for animals who are suffering; for all that are overworked, underfed and cruelly treated; for all wistful creatures in captivity that beat against their bars; for all that are in pain or ready to make the change called "death"; for all that must be put out of their misery by human beings, through so-called death;

We entreat for them all Thy mercy and pity, Make us, ourselves, to be true friends to animals and so to share the blessing of the merciful; for the sake of Thy Son, Jesus Christ, Our Lord.

A DECREE FOR FINANCES

I AM (3) the Resurrection and the Life of my (our) FINANCES NOW MADE MANIFEST AND SUSTAINED BY GRACE! (9 times)

Beloved Presence of God in me (us) and Beloved Maha Chohan: Come (3) in your visible, tangible, Ascended Master Body and

Release your money,

Cash in Hand

Release your money

From your Hand

Protect me in Its use

To set life free

Seal Your money

In God's use eternally

Beloved I Am (3)

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THE BRIDGE TO FREEDOM

A Monthy Journal

Vol. IX **September 15, 1960** **No. 6**

TEMPLE OF ILLUMINED FAITH AND PROTECTION

In Banff, Canadian Rocky Mountains

(The Ascended Master Retreat of the Month)

September 15th through October 14th, 1960

Hierarch: Lord Michael, Archangel of Faith and Protection; **Color of Flame:** Crystalline with Radiance of Sapphire Blue; **Musical Keynote:** "Soldiers Chorus" from Faust.

BREATHING STATEMENT FOR THE TRANSMISSION OF THE FLAME CLASS OF SEPTEMBER 17TH, 1960

1	2	3	4	5	6	7	8
"I AM"	inbreathing	the-faith	and	protection	from	Archangel-Michael's	Temple
"I AM"	absorbing	the-faith	and	protection	from	Archangel-Michael's	Temple
"I AM"	expanding	the-faith	and	protection	from	Archangel-Michael's	Temple
"I AM"	projecting	the-faith	and	protection	from	Archangel-Michael's	Temple

REFERENCES FOR SANCTUARY DIRECTORS AND STUDENTS

Description of the Temple of Faith and Protection: See "The Bridge Journal": Vol. IV, No. 10 (Supplement), Vol. VI, Nos. 6 and 11; Vol. VIII, No. 4.

Addresses by Lord Michael: See "The Bridge Journal": Vol III: 3 and 8; Vol. VI Nos. 6 and 11; Vol. VIII No. 4. See also "The Seven Archangels Speak", page 105 and "Beloved Archangel Michael—His work and Helpers".

Addresses by Lady Faith: Vol. IV No. 6; Vol. VIII No. 4.

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ASCENDED MASTER KUTHUMI

Co-World Teacher
together with the Ascended Master Jesus

ON PEACE

By Beloved Gautama, Lord of the World

MY dearly beloved ones! If you only knew just how important is the drawing, sustaining and expanding of the feelings of TRUE PEACE! It is much more important than the obtaining and using of money (to which the outer consciousness attaches such supreme importance); it is more important than almost anything which the outer consciousness considers of value, for in TRUE PEACE do the healing currents freely flow; in TRUE PEACE you are able to understand clearly what the Divine Beings desire you to do and have done; in TRUE PEACE your own Holy Christ Self has opportunity to direct your outer consciousness. Do you know that in TRUE PEACE just seven men or seven women (or a harmonious cooperative group composed of both) could create and sustain a Temple wherein the healing of any lifestream could be accomplished without any one of those seven speaking even one audible word?

This Peace of which I speak is not surface Peace! It is the Peace of which Beloved Jesus spoke when He said that it surpassed the understanding of the outer mind. It is the Peace which comes when you have found your Real Self—the Peace that comes when you KNOW that GOD'S WILL IS GOOD FOR YOU and for all; the Peace that comes when you are willing to renounce that which is dearest to you in favor of God's Will being done.

From personal experience, I can tell you that, in renouncing My physical father's name and throne, as well as My lovely wife and baby son, I REALLY FOUND THEM, and My wife and son later became two of My most earnest and loyal disciples in helping to spread THE WORD!

If you seek the Peace and Comfort of Pure Divine Love and find it not in human beings, may I humbly offer you MY FEELING, substance and energy of MY PEACE, which is MY GOD-GIFT TO MAN! Remember, I am your Eternal Friend!

THE ARCHANGEL MICHAEL

(Archangel of Faith, Protection and Deliverance from Evil)

The famous shrine of Mont-Saint-Michael in France

Of the Seven Beloved Archangels Who are the Messengers of God, perhaps the best known and loved is the Lord of the Archangels Prince Michael. Countless prayers to Him, with their attendant and immediate response, have drawn Him close to the peoples of Earth. Golden of hair, with magnificent blue eyes, and an appearance of splendor, confidence and faith in God, Lord Michael has responded so often to the requirement of peoples upon the Earth who are caught up in the distresses of soul, mind and body.

He, of His own free will, chose to become the Guardian of the Faith of man in his God at the very beginning of mankind's embodiment on Earth. His Presence, or that of One of the Celestial Helpers Who are among His Legions, sweep Earthward to give assistance to anyone in distress.

His Focus of Light and Shining Temple pulsates in the Etheric Realm in the Canadian Rockies, near Banff.* Here, many who are aware of this Focus come for the renewal of their Faith in God and find renewed encouragement to serve their fellowman upon the Earth.

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* In the etheric realms over Central Europe is a Focus of Beloved Archangel Michael, as well as in the Canadian Rockies.

Once, long ago, as is told in the Bible, the Earth was pure and Its peoples innocent. They dwelt in a Garden of Eden and enjoyed the beauty, opulence and perfection which God had created for them. "And God looked upon His creation and said IT IS GOOD!"

Then, mankind, endowed with the gift of free fill, chose to experiment with the use of their life (disobeying the law of God) and evil came forth from their minds, feelings, spoken words and actions. This is called by many "the fall of man".

When the "fall of man" took place, Lord Michael—seeing the travail and soul agony which would result from such disobedience to God's Law of Harmony—began to prepare for His long and loving service to God's disobedient children. He fashioned out of His own thought a magnificent Sword of Blue Flame. He drew around Himself Legions of the Angelic Host to assist Him and He offered God His services until the very last of mankind had been redeemed and his sins expiated and he was returned to his God Estate. God, in His infinite Mercy, accepted the kind services of Lord Michael and His Helpers and ever since, Beloved Michael and His Angels have been serving mankind, imprisoned Angels, the elemental kingdom and every living thing, with but one thought in mind—preservation of the spiritual light in the soul and restoration of the desire for obedience to God's Law of **harmony** on Earth and in Its Atmosphere.

By the bedside of a sick person, in the homes of those who suffer, in the great institutions where illness of mind and body are treated, there are always present the Legions of Lord Michael, helping to cut away the invisible cause and core of distress so that the soul may find freedom and happiness in God's service.

At many religious services, where the actual recognition of Lord Michael is given, His Radiant Presence pours down a shower of Faith and Love and Protection upon the communicants. The mere speaking of His Name draws His attention toward you and His help into your world.

When people pass from this Earthlife, they are often as deeply emmeshed in discord as when they lived in an Earthly body. Lord Michael, with His Own hands and flashing Sword of Blue Flame, cuts the bands that bind these so-called deceased peoples to the loved ones on Earth and allows the soul to rise to the Throne of the Father.

In many homes, where distress, discord and impuriy have been emanated by the inhabitants (sometimes for centuries) the invocation to Lord Michael and His Helpers, will free those homes of all past impurity and allow the present inhabitants of that home to enjoy the beauty of the present rather than the heavy, depressing atmosphere of the past.

The secret thoughts, feelings and actions of mankind, as well as their rebellious outer expressions of discord, has created a blanket of discordantly qualified energy around the Earth. This is called the psychic or astral realm. Within it dwell many invisible spirits and elementals who prey upon the credulous minds of those peoples of Earth seeking to know the Truth about their loved ones who have passed through the veil called death or seeking to pierce the hidden "mysteries" of life beyond the veil.

His Shining Presence will and does come to anyone so temporarily caught in the psychic realm and deliverance is immediate and permanent.

Also those who are caught in the habits of dope addiction, alcoholism and various other depravities of the flesh, have an Instant Deliverer in Lord Michael if they will invite Him to help them. Sometimes the individual, so caught in psychic conditions, does not want help. It is the privilege of those who know of Lord Michael to call to Him on their behalf and He will answer them. This call (prayer) need not be made aloud, nor even in the presence of the individuals requiring assistance, for the very mention of Deliverance sets up a resistance in the consciousness of the one who so needs aid.

Wisdom and discrimination upon the part of those who see the need and desire the help of Lord Michael for themselves and others will help them to make such a call silently or audibly when they are alone. Thus the resistance of the outer mind, which is substance heavily charged with rebellion, is avoided.

Words cannot express the manifold services of the Great Prince, Lord Michael and His Divine Helpers, but invocation of His Heavenly Presence and Aid for all who invoke Him into their own worlds or that of their loved ones (whether they are on Earth or have passed through the veil called death) will prove His Reality and Power to give such assistance. Remember, because an individual has passed through the change called "death", he or she is also in need of prayer. Make a personal Friend of Lord Michael. Opportunity will present itself to you every day, as you see distress and limitations about you! Thus you will truly become one of the Helpers of this Selfless One by inviting His assistance in freeing all life everywhere from discord, disease, limitation and distress.

Invocation

Beloved Heavenly Father and Thy Divine Messenger, Lord Michael!

We bless Thee for Thy Presence in this universe. We invoke the Presence of Lord Michael and His Legions of Light into the atmosphere of Earth to cut free every soul belonging to this evolution from all substance, energy, habits, qualities, tendencies and desires which are not of God!

We invoke Thy intercession on behalf of our loved ones who live beyond the veil of death. Go to them and cut them free from all Earthly bonds of greed, hate, avarice and distress. Take them to Thy Temple of Faith and teach them true Faith in God and inculcate in their hearts a desire to obey God's Holy Will.

We invoke Thy Presence into every institution of incarceration of every kind upon the planet Earth and into every home

and place of worship. Dissolve the cause and core of all distress, individual, national and planetary. Help us, we beseech Thee, to learn to serve with Thee in removing the psychic and astral realm that lies like a "smog" upon and around the Earth. Take all dis-embodied spirits and elementals who have not yet learned to do God's Will from the atmosphere of Earth.

We ask Thee, Lord Michael, to meet our loved ones as they pass through the veil called death, and in Thy Own loving Arms, carry them to the Throne of God Himself.

Beloved Lord Michael, help us to want to do God's Will here on Earth and hereafter. Remove the curse of "rebellion and disobedience" from all evolutions in the Earth, upon Its surface and in Its atmosphere. Thank you! Blessed Prince of the Heavenly Host! We accept Your intercession upon our behalf and that of all life and we accept Your Friendship in our own worlds today and forever. Amen!

Prayer

(The general content of the following prayer is given daily in the communal service of one of the great religions and Beloved Archangel Michael Himself has said that this daily recognition of Him by these devout people through the centuries is greatly responsible for His Presence and that of His Protecting Angels in the lower atmosphere of Earth.)

Blessed Michael, the Archangel! Defend us in the hour of conflict. Be our safeguard against the wickedness and snares of both seen and unseen evil forces. Restrain them, O God, we humbly beseech Thee—and do Thou, O Prince of the Heavenly Host, by the power of God, remove from the atmosphere of Earth all the evil spirits who roam about the world seeking the ruin of souls... SO BE IT!

INNER AND EXTERNALIZED CONSCIOUSNESS

By the Ascended Master El Morya

(With interpolated headings)

THE physical appearance world and everything in manifestation is but externalized consciousness. That is self-evident and has been explained to you in detail by the Masters of Wisdom.

Your own bodies and every experience in your daily lives are but the externalization of the consciousness of some lifestream in your environment.

Your consciousness has been builded for hundreds of thousands of centuries of living, and thought and feeling patterns have been set up, many of which your outer self has never been cognizant of. These thought and feeling patterns are constantly moving currents of energy which are like river beds and the perfect energy released from the Godhead flows naturally along the course of these thought and feeling patterns because of the momentum they have builded in these many embodiments. Now, these thought and feeling patterns, conscious and unconscious, represent the inner consciousness of every lifestream and constitute the nature of the personal self, and by the nature of their being, they constitute the outer experience of every lifestream.

We reiterate then, that whatever is in the consciousness, known or unknown, is externalized as the experience of the lifestream, so that the thought and feeling patterns which constitute the inner consciousness continue embodiment after embodiment to form the external experience through which the lifestream passes again and again.

The Spiritual Hierarchy deals only with consciousness

The Spiritual Hierarchy and all Beings directly concerned with the evolution of the race deal only with consciousness, knowing that effect always follows cause.

The Lords of Karma determine the percentage of consciousness to be externalized

The Lords of Karma, therefore, looking at the consciousness of the soul, allow only a certain percentage of that consciousness to be externalized in each life, holding back through mercy the externalization of more than the lifestream can bear.

As you press tooth paste from a tube in the proportion you desire for the operation, so is the pressure of the cosmic law which externalizes in each lifestream's experience a percentage of that lifestream's inner consciousness.

With the increased pressure of the cosmic light and the acceleration of the evolution of the planet, there is a much greater pressure upon the inner consciousness of all souls belonging to this system and the externalization of a greater percentage of their inner iniquities naturally follows.

You must drastically change your inner nature

The import of my message today is to convey to the intellects of all the students that they will never be free of the externalized evil until they make a drastic change in their inner nature, because the inner consciousness must become absolutely free from the ability to entertain or recognize imperfection in thought and feeling, and when the Cup is clean within, the appearance world will automatically manifest only the perfection that fills the inner consciousness.

Distress is the effect of uncontrolled thought and feeling

People cannot go on in their uncontrolled thinking and feeling and not have those thoughts and feelings externalize as distress.

You can dam up feeling by means of the outer will, but while they are entertained within as a seething uncontrol, the cause —though hidden—perhaps from the world, will externalize as an effect as truly as the sun reflected on the water emits a certain radiance of Light.

Invoke the Ascended Masters' Light into your consciousness

This is more important than people have realized, because a person's consciousness is always under the control of the individual's lifestream, and even the Ascended Masters cannot intrude Their Light into the receases of the human consciousness unless invited, but the invocation of the Ascended Masters' Light into an individual's consciousness will bring great illumination to the mind and great assistance in clearing out the filth of centuries.

Your inner nature must be changed in thought and feeling

The people who are to advance spiritually have to change in their inner nature, and neither suppresion nor intellectual knowledge brings release.

The world of consciousness is the world of thought and feeling, and in this secret and sacred place man must be completely honest and if so his externalization will prove his sincerety.

EL MORYA

THE TASK OF THE EXTERNALIZED CONSCIOUSNESS

By the Ascended Master Saint Germain

(With interpolated headings)

IN the precipitation of the Divine Consciousness into and through the four lower vehicles provided as instruments of manifestation, the consciousness so extended into the manifest plane of physical expression was provided as a Transformer of the Divine Ideas into the substance and energy of the lower world; thus the Divine Perfection already completed in the Mind and Heart of God was to be drawn through the Consciousness thus provided and the atoms and molecules of the third dimensional plane coalesced around the Divine Ideas so created according to the Divine Blue Print.

The externalized consciousness

The consciousness thus sent forth from the Divine Mind was to be the interpreter of the Divine Ideation and the interpretation was to follow the original exactly as to form and detail.

In other words, the important task of the externalized consciousness was to receive into itself that portion of the Divine Plan allotted to it for expression and then to use the creative faculties to express that Divine Plan impressed upon it from above.

Your environment is the out-picturing of your consciousness

Every man, woman and child in the universe interprets the Divine Plan today according to their individual capacity and

the out-picturing of a person's environment and association is the result of his or her accurate or faulty interpretation of it. The home in which they live, the environment in which they move and their particular place in the evolutionary scheme of commerce, industry or domestic affairs is but the out-picturing of what their consciousness is capable of receiving from the Realm of Truth.

The cause of limitation

The denser, more impure and heavy the consciousness the less it can tune into the Truth, and, therefore, its interpretation of Life, resulting in limitation, is not accurate nor in any measure cooperative with the expansion of the Kingdom.

How to fulfill your destiny

Your consciousness, each one, has become embedded and ingrained with much imperfection through centuries of life's experience, but as your attention is upon purification and Truth your instruments of interpretation will become more alert, more accurate and more receptive to the Divine Will, and as you interpret more and more Truth so will that expanded consciousness externalize greater perfection.

Cultivating the Ascended Master Consciousness in your quiet thinking and feeling and your hourly living is to build into your spirit the only eternal riches, beauty and happiness, which comes from fulfilling your destinity as an Interpreter of the Ever-Present Good.

The four lower bodies

The folds of consciousness form an actual substance made up of the elements in which the four lower bodies function.

The four lower bodies are the weavers of the universal light substance into the complicated intricate pattern which forms the consciousness of every lifestream.

Through the substance of these folds a consciousness (re-

presenting the creative power) presses into manifestation the conscious or unconscious imaging and picturization of the individual and the quality of manifestation is more or less tempered by the actual substance of the consciousness through which it flows.

The quality of the manifestation

The old statement, "Through a soiled garment the Light will not shine" refers to the absolute necessity of a highly purified consciousness in order to interpret and manifest the perfection contemplated in the inner imaging, because no matter how beautiful the picturization may be, if the folds of consciousness are sullied, as the image is pressed through these folds (just as grapes are pressed through a cloth to separate the pulp and the seeds from the juice) so is the Divine Ideation presented or injected into the consciousness by the Higher Self, but the sum total of the consciousness of the individual, through whose faucet and consciousness the perfection is to come determines the quality of the manifestation.

The purification of the four lower bodies

It is, therefore expedient for the conscious student upon the Path to accelerate the cosmic purification of the four lower bodies in order that the folds of consciousness emitted from every individual and forming the collective "Cup of transmutation" might be utilized by the Gods and that they might find a perfect clean vessel of transmutation that would not dim the glory of each individual manifestation.

SAINT GERMAIN

HOW TO DISCONNECT YOUR INNER BODIES FROM THE MASS CONSCIOUSNESS

By the Mighty Elohim Vista ("Cyclopea")

(With interpolated headings)

AGAIN returning to the ever-expanding knowledge and understanding of the Realm of Consciousness, I will present to you another point of application which will assit you in the process of training and maintaining an inner consciousness at a higher level of spiritual attunement than has been the natural course of your individual evolutionary exprcssion to date.

When a man or woman desires to raise himself or herself to a conscious understanding of the Law into the Ascended Master Consciousness, he must first recognize the fact that it is the **internal nature** of his entire being that must go through a period of drastic change and attunement, which is diametrically opposed to the currents of energy that have been his natural expression to date.

In the Retreats and in the East, where individuals know that the Spiritual Path requires such an extreme re-orientation in the expression of the lifestream, they approach the Path with greater earnestness, knowing that it is not the superficial surface, but the **innermost nature** of the man which must be trained along lines which will evolve a set of vehicles completely harmonious and perfectly attuned to the currents of force that represent the outpourings of the Godhead and set the pattern for the Divine Plan to man and nature.

One must be the Master and not the victim of his vehicles

We will return to the study of the four lower bodies and their

contributing force which, as a conglomerate whole, makes up a man's personality and consciousness and determines his or her state of evolution and progress on the Path.

When a man aspires to spiritual unfoldment, he finds that the energy of his lifestream has evolved a series of independent motivated vehicles whose course of action is completely beyond his control and even beyond the scope of his reason.

Among these warring selves he dwells and is victim rather than master of the vehicles originally intended to be his servants. Each one of these four bodies is fed externally by any vibration going on in the particular sphere to which it belongs at any given moment. Thus, if tremendous currents of force passing though the etheric world, the mental or emotional worlds, the bodies of the unawakened vibrate to those currents as helplessly as a small craft bobs in the waves of a powerful steamboat.

Men are in a sea of cosmic currents intent on cosmic creation

As man's evolution is but a small part of the activity of the Universe to which he belongs, cosmic currents from various planets and stars and activities from the Fourth Dimension are playing through the Seven Spheres, and these currents have been incorrectly interpreted by astrologers as beneficent or malefic forces that affect, constructively or otherwise, certain groups of individuals at various times. The truth of the matter is that these tremendous currents of force as they sweep through the seven spheres are intent on cosmic creation and the power of their release energizes the various bodies of the people according to the quality of the energy predominant in the inner bodies at the time of their passing.

Men are also in the turmoil of the mass consciousness

There are likewise upheavals in the psychic and astral planes such as was recently caused by the world-wide war, which does not only affect the physical bodies of those in the conflict but is a tremendous mental, emotional and etheric conflagration that

fills the inner bodies of every incarnate and descarnate soul with confusion and chaos. Therefore, we see that **one-seventh** of your lifestream is manifest in the physical form and **six-sevenths** are under the influence of currents of energy of which the intellect is completely unaware.

You have been told that the mental, the feeling and the etheric nature of all mankind are one and what affects one affects all. The advancing consciousness makes an intellectual affirmation of its desire to rise out of the mass mind-he then wonders at the rise and fall of the state of his consciousness, not realizing that his inner bodies are at the mercy of and controlled by the mental and emotional waves going through the universe released by the peoples of earth, the descarnates as well as from the Higher Octaves. Thus, **the student must,** in order to facilitate his progress and ensure a steady forward motion of his entire lifestream, **learn how to disconnect his inner bodies from the mass consciousness and thus tune into the vibratory action of the Higher Spheres.** The quicker vibratory action of the latter will raise the lower bodies from connection with the mass mind and will greatly strengthen them by the currents of these Higher Spheres into which they are attuned, and while that higher vibratory action is vibrating through them, they will be immune to malefic forces, but once an individual allows anyone of the lower bodies to descend again into the turmoil of the outer consciousness, he becomes a part of and is affected by the mass thought and feeling. It is the individual's consciousness choice.

How to raise your emotional body

To make this clear, let us take your **emotional nature.** Consciously offer it into the Heart of Heaven—let the Qualities of the Masters fill it with the substance and feeling that Heaven expresses, and if your emotional nature is held in the Heart of Heaven, no inner or outer experience will be important enough to change the ecstasy of that vibratory action.

How to raise your mental body

Consciously take your **mental body** and tune it into the All-knowing Mind of God. You know you cannot entertain a thought less than Perfection and keep it there in that Mind, and when the individual's mind is so attuned it cannot become a part of the mental confusion of the world.

How to raise your etheric body

Take your **etheric body** and consciously bathe it in the Waters of Purity and in the Flame and let it record only Perfection.

Results

As your bodies are thus trained to rise and join with the Ascended Master Mind and Heart, they will **feed** on the substance of **Universal Good.** They will not allow you to be dragged down into the unhappiness of the outer world and they will begin to **feed your consciousness with their reports from God's Kingdom** rather than to dump the refuse of their experiences in the world of human thinking and feeling into it.

I hope We have been clear enough to present to you another phase of unfoldment which, together with your previous understanding, will enable you to invite various Gods and Goddesses to accept, expand and to guard and protect, to fill, to teach and to train your lower vehicles until they become perfect expressions of the good of your lifestream.

The Elohim VISTA

ASCENDED MASTER AUTUMN CLASS

We have the privilege and joy of announcing that the Ascended Master Autumn Class will be held this year on the following days and that the following Cosmic Beings will radiate their Power, Wisdom and Love arround the world during the twenty four hours of each day.

Students should attend **their own** Sanctuaries or Groups during these days at 10 A.M. EST. to accelerate the normal vibratory rate of their forcefields by the magnetization of the blessings of the Divine Beings listed below:

Schedule

Monday, Sept. 26, 1960: Lord Helios and Lady Vesta
Tuesday, Sept. 27, 1960: Lord Thor and Lady Aries
Wednesday, Sept. 28, 1960: Lord Neptune and Lady Lunara
Thursday, Sept. 29, 1960: Lord Pelleur and Lady Virgo

The reading of the Booklet "The Control of the Elements", or the reading of any other addresses by these Cosmic Beings will be a great help in tuning into the Ascended Master Autumn Class.

Geraldine Innocente,
President
The Bridge to Freedom, Inc.

* * *

CHANGE OF ADDRESS

Please be advised that the new postal address of our General Manager is

Mr. Frank C. Pita,
Apartado 1492,
Havana, Cuba.

DECREES FOR THE FOUR ELEMENTS

Fire

"I AM" (3) the Ascended Masters Law of Forgiveness and Transmuting Flame of all misuse of the Fire Element by me and all mankind through the ages.

BELOVED PRESENCE OF GOD "I AM" IN ME and BELOVED ASTREA, draw within Your Circle and Sword of Blue Flame the cause and core of all FEAR of Fire, fear of Air, fear of Water and fear of the Earth, and transmute it into the illumination and Ascended Masters understanding and use of the Sacred Fire.

BELOVED HELIOS AND VESTA, ZARATHUSTRA and ALL Who are in charge of the Fire Element, we love, bless and thank You and all the Salamanders for Your service to us and all mankind though the ages. We ask that all destructive activities of the Fire Element be transmuted into the Sacred Fire of God's Love to bring eternally sustained purity and perfection everywhere on our Earth now, to be ever expanding and world encompassing until all are wholly ascended and free, BELOVED "I AM" (3).

Air

"I AM" (3) the Ascended Masters Law of Forgiveness and Transmuting Flame of all misuse of the Air Element by me or any of mankind, in or out of embodiment.

BELOVED PRESENCE OF GOD "I AM" IN ME and BELOVED THOR AND ARIES, We love, bless and thank You. We bless the northwinds, the southwinds, eastwinds, westwinds and the sylphs of the Air who are your messengers, asking that all destructive activities of the Air be transmuted by the Violet Transmuting Flame and that never again will the Air Element participate in cyclones, tornadoes or any destructive activity. We thank You and consciously accept this done right now, eternally sustained, ever expanding and world encompassing until all are

wholly ascended and free, BELOVED "I AM" (3).

Water

"I AM" (3) the Ascended Masters Law of Forgiveness and Transmuting Flame of all **misuse of the Water Element** by me and every lifestream, in or out of embodiment, and all who ever consciously or unconsciously used the Water Element destructively.

BELOVED PRESENCE OF GOD "I AM" IN ME and in all mankind, BELOVED NEPTUNE AND LUNARA, we love, bless and thank You and all the Beings of the Water Element, all the Undines who have ever served us, are serving us now or ever will serve us and mankind. We bless the Water Element everywhere and the blessed Undines who are your messengers, asking that all destructive activities of the Water Element be transmuted by the Violet Transmuting Flame and that never again will the Water Element participate in hurricanes, typhoons, tidal waves or any destructive activity. We thank You and consciously accept this done right now, eternally sustained, ever expanding and world encompassing until all are wholly ascended and free, BELOVED "I AM" (3).

Earth

"I AM" (3) the Ascended Masters Law of Forgiveness and Transmuting Flame of all **misuse of the Earth's Gifts**; all the tortures, consciously or unconsciously, inflicted upon the gnomes and spirits of nature by myself and all mankind.

BELOVED PRESENCE OF GOD "I AM" IN ME and all mankind, BELOVED PELLEUR AND VIRGO, we love bless and thank You and the beings of the Earth. We bless every atom of the Earth and all beings who work with It, the gnomes and spirits of nature, asking that all destructive activities of the Earth Element be transmuted by the Violet Fire and that never again will the Earth Element participate in earthquakes or any destructive activity. We thank You and consciously accept this done right now, eternally sustained, ever expanding and world encompassing until all are wholly ascended and free, BELOVED "I AM" (3).

OUR LATEST RELEASES

Presented by Thomas Printz (The Ascended Master El Morya)

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THE BRIDGE
TO FREEDOM

A Monthly Journal Devoted to Individual Unfoldment, Contact with The Great White Brotherhood and Cooperative World Service

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THE BRIDGE TO FREEDOM

A Monthy Journal

Vol. IX **October 15, 1960** **No. 7**

TEMPLE OF WISDOM AND ILLUMINED PEACE

(Blue Lotus Retreat)

In Tibet, Himalaya Mountains, Asia

(The Ascended Master Retreat of the Month)

October 15th through November 14th, 1960

Hierarch: Lord Himalaya; **Color of Flame:** Gold; **Musical Keynote:** "Love's Old Sweet Song", Molloy.

BREATHING STATEMENT FOR THE TRANSMISSION OF THE FLAME CLASS OF OCTOBER 15TH, 1960

1	2	3	4	5	6	7	8
"I AM"	inbreathing	Himalaya's	feeling-of	Peace	Wisdom	and-Love	Divine
"I AM"	absorbing	Himalaya's	feeling-of	Peace	Wisdom	and-Love	Divine
"I AM"	expanding	Himalaya's	feeling-of	Peace	Wisdom	and-Love	Divine
"I AM"	projecting	Himalaya's	feeling-of	Peace	Wisdom	and-Love	Divine

REFERENCES FOR SANCTUARY DIRECTORS AND STUDENTS

Description of the Temple of Wisdom and Peace: See "The Bridge Journal": Vol. I No. 2; Vol. II No. 12; Vol. IV No. 11; Vol. VIII No. 2.

Addresses by Lord Himalaya: See "The Bridge Journal": Vol. VII No. 10; Vol. VIII No. 2.

Addresses by Beloved Kuthumi: See "The Bridge Journal": Vol. II Nos. 5 (two); Vol. III N. 8; Vol. IV No. 7; Vol. V Nos. 2 and 4; Vol. IX Nos. 3 and 4.

FRANCHISE NOTICE

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BE A CONDUCTOR OF PEACE!

Letter from The Maha Chohan to the Transmission of the Flame Class of October 15th, 1960.

Beloved Ones seeking Permanent Peace for yourselves and the planet Earth:

Welcome into the Presence of The Beloved God of the Himalayan Range! Prepare yourself to look upon the Blue Lotus, and make your personal wish for a better Planet and Its teeming billions of peoples, as well as all imprisoned life in through and around It.

Your Sponsors for this month are Gentleman, all empowered with Lord Himalaya's Strength and Power of Permanent Peace. Come often, away from the turmoil of your personal worlds into that beautiful Serene Presence of Himalaya. Absorb There His FEELING of Peace and be a conductor of that Peace when your Sponsor returns you safely to your physical vehicles at your request. "I AM" so delighted that the Cosmic Law (proven by your use of projected consciousness to these Retreats) allows you this Freedom, for many a weary traveler, earnest and sincere, who had (under the old dispensation) to find the Ascended Masters Foci perished in their search. For you, it is but the turning of your consciousness towards Us and -lo- you are there.

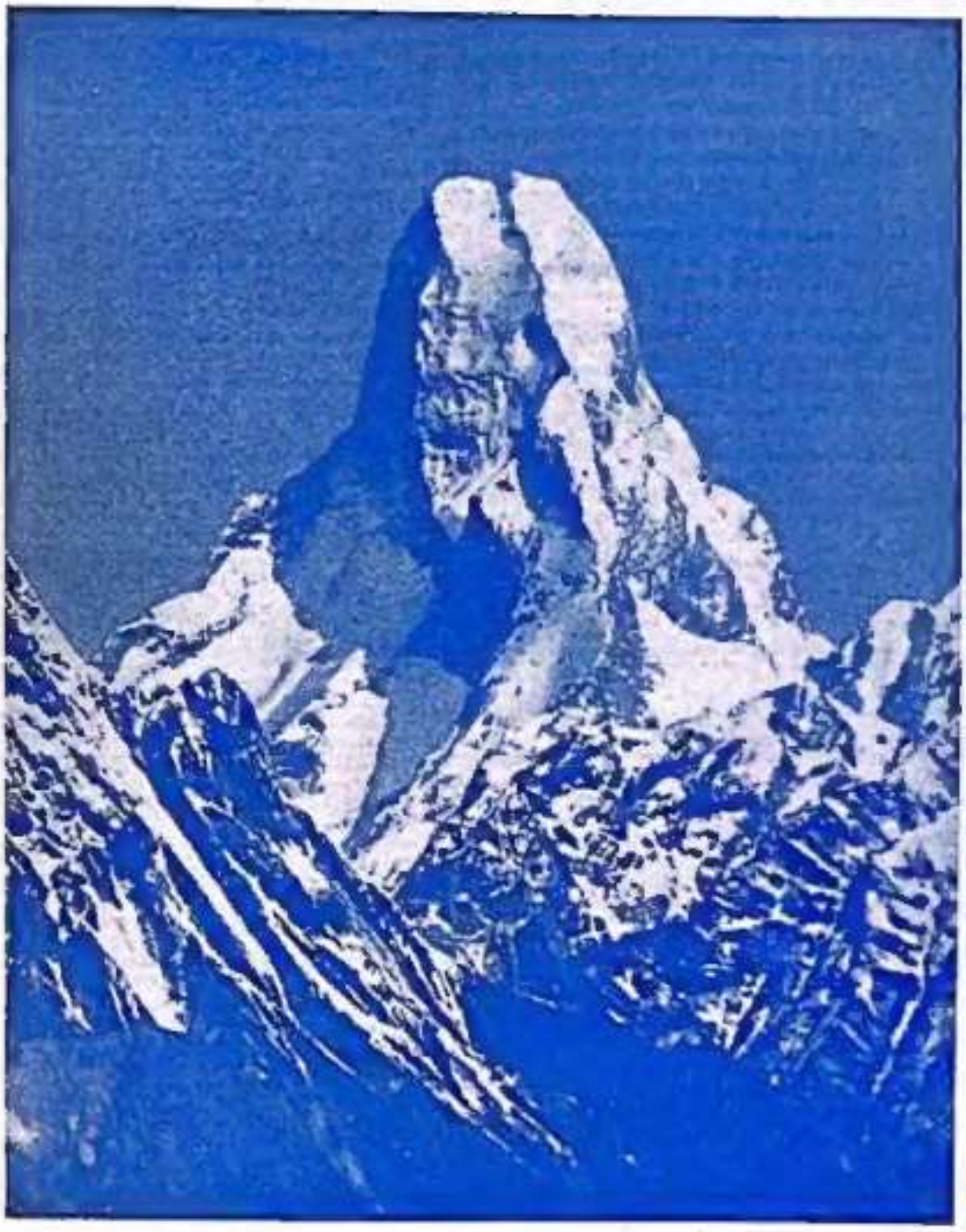
Love and Blessings

The Maha Chohan

Explanatory Note

The unique picture of the Himalaya Mountains which appears on the opposite page contains nearly a score of Figures (Divine), several of which are easily visible, and other smaller ones can be discerned by the use of a magnifying glass. These, of course, are the materialized Thought-forms of Divine Beings Who sought and received in the Himalaya Mountains ILLUMINATION AND PEACE.

The human figures represent the earnest chelas endeavoring to climb the Mount of Attainment.



THE HIMALAYA MOUNTAINS

BELOVED HIMALAYA HAS SAID:

TO make yourself a Cosmic Center of Love is to draw from the Heart of The Great Eternal Father, from the Heart of the Lord Gautama, Myself, The Princely Jesus or the Lady Mary, the substance which begins to enter the inner bodies and the consciousness, and there to generate deep below the surface the Divine Vibration of Love.

When one loves enough, all the supply, all the good of the Universe rushes toward the source of that Love for benediction and bathes in its essence as happy children bathe in a fountain on a hot summer day. **When one loves enough,** both animate and inanimate life draws toward the heart center of that Love because such is the Kingdom of Heaven; and from the plant, the mineral, the vegetable, the animal and the human kingdoms the heart cry is for the re-establishment of the soul and spirit in that Kingdom from whence all have strayed.

Seeing your endeavors to establish and sustain a focus of the Ascended Masters in the Western World, I say to you -if you were to fill your buildings from the foundation beneath the surface of the ground to the topmost spar with the substance of Love (which is the natural Pink Flame generated and drawn forth from the Three-fold Flame in the Heart even as you draw water from a well), you would draw to yourselves both students and children that would tax the capacity of your present equipment and facilities and you would experience opulence of every kind and every form.

True Love is not a sentiment -it is not spasmodic but constant and can transform your activity into a Mountain of Pink Flame [1] as high as Mount Everest.

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[1] The **Golden Flame** coresponds to the Theosophical Society, the **Blue Flame** to the "I AM" Movement and the **Pink Flame** to the Bridge to Freedom Activity.—Maha Chohan, Nov. 8, 1953.

HOW AN ELEMENTAL VISITED THE HALLS OF KARMA

Address by beloved Ascended Master EL MORYA at the Bridge Activity 1960 Summer Conference

Harrisburg, Pa. July 1, 1960

BLESSED and beloved friends of Light and Life Eternal, I greet you again on this God harmonious Day (July 1, 1960). I bring to you the Light of Heaven -the Light Which is the Light of the entire planetary system- that Light from Whence you came into individualization upon the Earth and into Which you shall, one day, when you have completed your service upon the Sweet Earth, return Home.

You shall enter into Our Presence, into Our Hearts, abide within those mansions of Eternal Beauty, Which have been created by the constructive use of your own life, utilized throughout aeons of time, through periods of crises, as well as in periods of temporary calm, to assist the Earth and Her attendant evolutions, as well as the guests from other planets who have used the Earth as a planetary Home, some of whom have just cluttered up the atmosphere of Earth with their own effluvia, creating unnecessarily, psychic substance which has formed the maya of human creation, and closed the inner consciousness from communion with the Divine.

Thus, through a special Dipensation granted to Me by Helios and Vesta, have I been enabled to re-create a Bridge from Divinity's Realm into the human octave. Over THAT BRIDGE have come many Divine Beings to speak to you and to pour Their radiation to you, and, from the human octave, one day, every member of the human, elemental and Angelic race, temporarily

emmeshed in imperfection, will walk in dignity to Our Father's Home! Then all shall wear the Ascended Master Serapis Bey's Garments of crystalline subtance and hear, as the Beloved Ascended Master Jesus did, as I did, and as all Others Who have made the Ascension the glorious words 'Well done, thou good and faithful servant'. In fact, no member of the three kingdoms (Angelic, human nor elemental) shall ever be allowed to embody upon the Sweet Earth again. I received from the Karmic Board a dispensation to that effect.

The glorious Manu of the Seventh Root-Race, Saithrhu, and the first Sub-race of that glorious Root Race, are going to be given opportunity IMMEDIATELY to people the Earth, Some have already passed through the Sacred Temple of the Lady Master Mary in May of 1960, and, are now preparing for embodiment upon the Earth.

In the Name of all that is Divine and Just, why should the Earth, so long a school room not only for Her own evolutions but for the laggards from other Stars, be cluttered up by the same lifestreams who have been given opportunity through aeons of time, to learn the same exact lesson -control of the use of God's energy in thought, feeling, spoken word and action, when there has been already created for them a beautiful new planetary school room, where they can take their own sweet time in learning this lesson?

This new school room (Star) is as shining and beautiful as the Earth Herself was when She was designed by Helios and Vesta and created by the Seven Elohim for approximately three and one half billion lifestreams (note: there are about 10 billion lifestreams, not counting the imprisoned Angels and elementals, presently using the Earth as such a school room). The Ascended Master Saint Germain SHALL BE ALLOWED the fullnes of Freedom on this Earth, which can be more quickly brought about by the infusion of the first Sub-race of the Seventh Root Race, at this TIME. Even Lady Portia, Spokeswoman for the Karmic Board has admitted that this is Divine Justice to all concerned.

For those who are willing to accelerate the consciousness of their four vehicles and to keep them accelerated so that they are not only willing but able to HOLD, in this physical appearance world THAT BRIDGE created by Our Love to you and your love to Us, you are welcome to remain upon the Earth and complete your life-span in Victory, as the Gods and Goddesses which you are (in embryo) Now to manifest in FORM!

Others flit about, hither and yon, building little bamboo bridges over imaginary streams. I tell you **truly**, that THE BRIDGE TO FREEDOM Which can hold the weight of the ten billion lifestreams, aforementioned, as well as innumerable imprisoned Angels and elementals who shall require Its assistance to return Home is builded of sterner material. It is built with the Love of Our Hearts and the tenacity, discrimination, illumined faith, love for God and their fellow man, purity of motive, consecration to the service of The Great White Brotherhood, sustained God-Peace, and the power, already vested in you, to invoke the assistance of Any Divine Being to help you, and all in distress, of My loyal unascended chelas here on Earth. You are not only WELCOME to remain upon the Earth, but I urge you to do so, until the great illumined Ones come IN PERSON to give this assistance.

You are holding, by your illumined faith, a Bridge of Living Light made up of your combined, purified and consecrated Life.

The Halls of Karma, wherein the Karmic Board holds audience, have always AN OPEN DOOR through which may pass any intelligence endeavoring to serve the Earth and Her evolutions. Enter therein! Utilize your God-directed intelligence! Become, once again, a part of the re-creation of a beautiful Planet (Earth) for yourselves and all succeeding evolutions which shall use It. I so command It done, now, by My chelas.

The doors of the Hall of Karma are open wide to any one who comes in love. I have seen an elemental no larger than the tip of this pen who has desired within himself or herself

mercy for the elemental Kingdem. That elemental was carried to the Hall of Karma by a mighty Serapim.

But whose light opens the door? Oh, the Seraphim's Light could open the door oh, but no, in love He must allow the free-will of the elemental who is so brave as to represent his species to open that door. Then the elemental sitting there, not quite so brave as when he first got the idea you know, and thinks maybe he had better go back, but he looks down and the Seraphim looks pretty strong and he is right in the palm of Her hand and he says to himself "but suppose I go back and tell the other folks that the idea we cooked up at home wasn's so good -I'd get it back there and if I go inside I don's know how I am going to speak to these Beings".

So he looked up very pathetically and the Seraphim saw the dew drop tears come down from the little ones eyes -"help- help me" and the Seraphim just quietly pats him or her -soothes those little feelings and says "now you release your light, it will be enough". So the elemental gets his little spine a'l erect again, looks up at the great big door and thinks of the Beings that have been depicted as so austere and sends out a tiny little flicker -he pushes the door and he bounces back- (it seems funny -but it happens to be true) and then this little light-weight bounces back on the door again and the door doesn't even move, and then he wishes he had not come at all. And the Seraphim stays with him. Lo and behold in time through the light and love and patience of the Seraphim and of course with the great mercy of the Karmic Board, he sees that door open a couple of inches, and he quickly jumps in for he thinks it is one of those 'electric eye' deals that it is going to close and of course it does.

Then he steps inside and now he doesn't even have the Seraphim and he is all alone in this big long court yard, and he walks along on those tiny little feet and it sounds so loud to him for there is no one there at all, and he hears his footsteps and he is thinking out his project. He thinks and thinks and walks slower and he thinks this was not such a good idea. I don't know what those outer beings, belonging to my species, meant-

that they should have taken the blight, they should have taken the drought, they should have taken the manure, they should have taken it. Why did they send me up here. So by this time he is at the door that is open then he looks around and the door is closed behind him so he bows before Beloved Portia-and those great Beings are so loving but they keep an impassionate expression on Their faces and many a time they smile behind the palms of Their great hands. Then gaining strength through Their love, that tiny little one looks up. "On behalf of the Nature Kingdom we implore assistance through the directors of Nature to remove blight, drought and all impurities from our particular species."

Then from a great height comes the voice from the Mighty One which has the tendency to shrivel the tiny one, "AND WHY JUST YOUR SPECIES"? "Well we hadn't considered any but our own". "BELOVED IT HAS TAKEN STRENGTH IN THE EXTREME FOR YOU TO COME. WE SAW THAT STRENGTH EXHIBITED AS YOU SO BRAVELY CAME AND YOU ASKED THE SERAPHIC GUARD TO ALLOW YOU TO ENTER THE HALLS OF KARMA TO APPEAR BEFORE US. WE SAW THE STRENGTH AND BEAUTY OF YOUR NATURE WAS MAGNIFICENT WITH WHICH YOU APPROACHED US, BUT MAY WE POINT OUT TO YOU THAT IT WOULD BE NICE AND KINDLY FOR YOU, ALTHOUGH WE GIVE YOU THIS GRANT IN LOVE, THAT WHEN YOU SEND ANOTHER REPRESENTATIVE TO US THAT YOU SHALL NOT RETURN WITHOUT REMEMBERING **ALL THE SPECIES** AND NOT JUST YOUR OWN". Well there was a quick retreat upon the departure of the strong little elemental.

A word to the wise is sufficient. YOU BE THERE July 3rd and God knows I will be with you. So let us remember you have been prompted -I hope you shall not dissappoint me. The doors will be open, you will not have to go through what that little fellow did. The doors will be open wide and so will many thousands of ears, not only mine, for I very well know what

you have in your petitions already, some of them -God help them- you have three days to prepare. But there will be others there way up through Amazon, Helios and Vesta to Alpha and Omega. They will say, I know for I have been at these half-yearly conferences, "What have these been talking about -the Bridge builders in the realms of the human octave"- "By God". They will say "look at the light of My bridge builders", By God - They will say -I love you- and now I turn My humble place over to the Mighty Sponsors of this Class to one of the Creators of this planet earth, Mighty Amazon.

COURTESY IS A PART OF HEAVEN'S LAW

Address by Beloved Mighty ELOHIM HERCULES at The Bridge Activity 1960 Summer Conference.

Harrisburg, Pa. **July 1, 1960**

BELOVED AMAZON SPEAKS:

Oh, to come together with the Beloved Hercules this morning in the Name and by the Power and in the full Authority of Almighty God into the atmosphere of the emotional, etheric, mental and physical world and CHARGE AND CHARGE the full power of Illumined Faith, which is Ours to give, through this class. We take Our establishment in you and sustain that radiation through you, throughout the entire student body and the Earth. BELOVED, BELOVED, BELOVED, know you that We are real!

It is a joy to join Beloved El Morya, and My Beloved Hercules (Sponsor for this class) with you, dear chelas, this morning. The

Flame of Illumined Faith Which is Ours is anchored within the Three-fold Flame within your dear hearts, and forms also a powerful Ray of the Band of the Seven Elohim upon your foreheads.

Both Beloved Hercules and Myself are serving (sometimes as ONE BEING, oft-times as Two to charge the Cosmic Protection of illumined Faith into the emotional, mental, etheric and physical consciousness of all mankind. That Illumined Faith contains within Itself all of the Seven Virtues of the Seven Directors (Chohans) of the Seven Rays, Who pour to you constantly Their Virtue, Radiation and Blessing.

We shall, as an integral part of the centripetal power which holds this Earth in Her orbit and your vehicles upon Her Surface, LOVE ALL IMPRISONED LIFE FREE! To My Beloved Hercules, I send the gratitude of One Who has learned to be a part of His Being and to FEEL WHAT IT IS TO BE OF HERCULEAN ASSISTANCE to Him in His Service to this Earth and Her Evolutions.

BELOVED ELOHIM HERCULES SPEAKS:

HAIL! Beloved and precious ones living upon the surface of the Earth today. You seem to enjoy the comfort of reclining as all Our Divine Company has entered. This is peculiar to Me in the extreme, but perhaps it is your custom. Now, in the Name of God and Divinity, ARISE FOR ONE MOMENT in honor of the Director of the First Ray, Our Friend, El Morya, and for My Divine Complement, Holy Amazon. Respect and dignity comes with understanding, and acceptance that you are in the Presence of Divine Beings, not human beings. Thank you. Now please be seated.

Courtesy is a part of Heaven's Law and courtesy should be a part of your beings as well, beloved ones, if you desire Our Presence and Our Assistance!

I, Myself, would not sit when El Morya entered My Presence any more than I would sit in the Presence of Alpha and Omega.

unless commanded so to do! You learn and act in like manner NOW! You have been given a vertical spinal column so that you can stand erect on the proper occasions and give in dignity REVERENCE-SILENT OR AUDIBLE as conditions warrant that reverence to the Divine Messengers from ON HIGH. Many who have lost, and are now regaining, the use of an erect spine, forfeited this privilege in ages past because they took for granted the Visitation of the Divine Ones... a word to the wise is sufficient!

It is only through the mercy of God, Mighty Polaris and Magnus, Beloved El Morya and Those of Us Who desire to serve the Earth, that these little ones are regaining back an erect spine and never let yourselves forget it for a moment! You can stand for the Star Spangled Banner; you can stand for a bargain in the store; you can stand in a queue for a particular feature that you enjoy in your world of amusement! Now I say, SONS AND DAUGHTERS OF HERCULES, as you stand FOR THE LIGHT, you will acquire the capacity to be alert enough and courteous enough to stand silently, for a moment at least, as each Divine Being comes forth.

Now do not let that dissuade you—you see you are at a disadvantage because I can see your feelings and your thoughts and I will not allow that to dissuade you from coming to that Teton Meeting and presenting your petitions in person on your own two feet, through your own Holy Christ Flame, in dignity. Polish them up a bit though, you have rough diamonds there but diamonds they are and there is no backing down. Everyone shall be present because Hercules is going to be at the door, and I have a surprise for you! I AM GOING TO BE IN YOUR ROOM together with My Beloved Amazon from now through the 4th of July, twenty-four hours a day, so you are going to have company.

Remember if you are not in your room, We have the "All Seeing Eye", we'll be around! Remember when you set a table, leave at least ONE PLACE empty! As Morya says, "Don's clutter

it up because We can't stand parcels on Our lap", but this is the truth! Can you accept it now? COME ON, **"I consciously accept it now"**. WHERE ARE YOU? (Students all say) I CONSCIOUSLY ACCEPT THIS DONE RIGHT NOW WITH FULL POWER, ETERNALLY SUSTAINED, ALL POWERFULLY ACTIVE, EVER EXPANDING AND WORLD ENCOMPASSING UNTIL ALL ARE WHOLLY ASCENDED AND FREE, BELOVED "I AM", BELOVED "I AM", BELOVED "I AM"!

Thank you dear hearts, that is what I mean by alertness —**catch it**—you see. **Catch that energy while it is going on!** Now be seated, beloved hearts of Mine. I guess I frightened you and I don't want to be a frightening person. Honestly, I am really a kindly soul and I have a lot of energy as all of Us do on the First Ray, but I want that alertness, I want that elasticity, I want that, shall I say lubrication emotionally, mentally, etherically and physically that removes the static from your four lower vehicles and enables you to ACT!

In the old days you waited for the other fellow to stand up. If he didn't stand up you thought, 'Oh, I'll look silly', well that's a nice point I'd like to give honor but you look down the row and everybody is glued to the chair, so you say, 'Well I'll stand up in consciousness'. By God, at the Teton Meeting you'll stand up in person! I mean it. What did they say in the old hymn, 'Stand Up For Jesus'—how many are? Think on it and act on it dear loves.

So you have had your Guest, I have paid My Own way, so has My Wife! All We ask in that We have a chair that is not cluttered and a BLUE LIGHT somewhere. Not too much to ask and We're tax exempt! Isn't it wonderful, even the State Law can't put Us on your board bill! When you go into the restaurant, beloved ones, use common sense—God sense—because invariably the waiters are going to remove the chair—I know! I have sat on more chairs that weren't there than any one except El Morya! So use good common sense and just say, "We are ex-

pecting a guest". Just have the chair there with a glass. That is all that is required and then if the waiter insists upon removing it, be persistent, "We are expecting a guest"—YOU ARE! I'M THERE and if it gets too difficult, I'll take care of it. But DON'T SAY, "The Elohim Hercules and Amazon are sitting at my table" PLEASE, please for your own sake, not for mine!

El Morya expects great things of you! The Karmic Board expects great manifestations through you at this Conference! The Earth Herself, straightening upon Her Axis, expects your assistance to lighten the burden of human effluvia, transmuting it by Violet Flame. You might just as well learn this lesson right here and now so that you do not have to be carried upon a litter before the Karmic Board. Let not My words dissuade you from action! You shall be present at the Teton Meeting (July 3rd, 1960) and you shall present your petitions, in person, standing in dignity upon your own two feet. I, Myself Shall HOLD THE DOORS TO THE KARMIC HALLS OPEN. I do not desire to frighten you but POSITIVE, CONTROLLED ENERGY IS REQUIRED TO CLEAR AWAY THE GROOVES IN YOUR FOUR LOWER VEHICLES. THAT ENERGY IS MY LOVE FOR DIVINITY ANCHORED WITHIN YOUR BEATING HEARTS. Be happy, beloved, and expect Holy Amazon and Myselft as your Guests during this class and then you return, each one, in safety, to your orbits!

That, as in all things, oh so many things We could do and so many secrets We could share if We were sure that you were discriminate enough. You have the Beloved Maha Chohan tomorrow to tell you how you make out. He'll tell you, not perhaps with such vigor as El Morya and Beloved Amazon or Myself. He speaks right from the heart and He will tell you - BE HAPPY - happy - happy - with Amazon and Hercules by your side.

Good morning, Beloved from Heaven.

A SUCCESSFUL EXPERIMENT IN PROJECTION OF CONSCIOUSNESS

Address by the beloved MAHA CHOHAN at the Bridge Activity 1960 Summer Conference

Harrisburg, Pa. **July 2, 1960**

BELOVED friends, you have been and are a Comforting Presence to Me. (audience rises) Please be seated. The Activity of Cosmic Christ Comfort, which "I AM" and which is My privilege to release to all the peoples of Earth and to all living things, in, through and around It, has given Me a great scope of understanding of the requirement for Comfort from the tiniest elemental (such as the one the Beloved El Morya spoke of yesterday) as well as to each of the Sons and Daughters of God, whether they are in embodiment, in the sleepers Realm, or awaiting safe convoy to the New Star, prepared in Love Divine, by the Elohim, for the recalcitrant members of the human race who desire to accelerate their vehicles more slowly.

Thus Beloved Saithrhu, The Manu of the Seventh Root Race shall bring forth more quickly the first Sub-race of His great Seventh Root Race upon the Planet Earth. My Comfort Flame flows forth to this newly created Star and into all who choose a more leisurely process of evolution.

That Comfort, drawn forth from God Almighty by Myself and My Predecessors, is yours now, to utilize in making your own worlds more comfortable and in setting all imprisoned life Free! I builded into My Causal Body that Cosmic Christ Comfort by learning to feel and undestand all life, imprisoned, as well as God-Free. To have become such an Understanding Individual is requisite for the Position Which I presently Occupy as the Over-Lord of the Seven Chohans, One of Whom is the Beloved Lady Master Nada. I must understand fully the motive behind the activities of each of the Directors (Chohans) before I can

give My assent to Their Individual Projects and to authorize Them to accept as chelas, unascended lifestreams, who can and will assist AT THIS TIME IN CREATING FOR MY BELOVED SON, THE ASCENDED MASTER SAINT GERMAIN, FREEDOM'S HOLY STAR.

I must fully understand the motive behind illumined faith and enthusiasm and fire of Beloved Master **El Morya.** I must know full well the capacity of transmiting God's Wisdom through Beloved **Lanto** and **Confucius.** I must understand and know fully the capacity and desire of loving life free through Beloved **Paul, the Venetian.** I must understand and know fully the capacity of that mighty Son of Fire, **Serapis,** to purify the lower vehicles of mankind and to stand by those upon whose breast He has written the words, "Candidate for the Ascension", so that I can give My permission for Him Who consecrates a portion of His life for that aim. I must understand and know the full capacity and power of feeling of the great **Hilarion** in His attempt, so successful, to remove all agnostics and their feelings from the peoples of Earth; the peoples who have been removed from the compound as well as His tremendous service directed through the medical profession.

I must know and understand the gracious **Lady Nada,** Who has loved enough through the aeons of time to have earned the place of Chohan of the Sixth Ray, administering to Life as She does and has done through the ages, selflessly loving life free. Under Charity, the Great Beloved Cosmic Being, Nada learned that lesson of selfless love. You have read about it and how that love bloesoming forth through Her being and world did give impetus to the hidden talents within Her sisters and they became, on the world's screen, musicians and artists of note.

I must love and know, as I do with every fiber of My being, the vision of your great Chohan, the Ascended Master **Saint Germain;** the vision of the Golden Age upon this Earth as She becomes Freedom's Holy Star and towards which We have given you the right to embody; toward which We have sustained the very breath in your vehicle.

We have already experimented with the distribution of small grams of Prana through some elementals, four-footed creatures and those of the human kingdom. When there is Prana enough anchored in, through and around you, you will again experience the power of conscious levitation and precipitation and you will be able to say, as My Beloved Brother Jesus said long ago 'I have food to eat that ye know not of'.

First secure through the controlled use of the rhythmic breath (as presented to you in the Transmission Flame Classes) absolute control of your four lower vehicles. Then you are ready to receive more and more pure Prana as sustaining power in your service to God and to Ourselves.

We are releasing to you, every twenty-four hours, 2 grams of Prana. (10 grams = 0.3527 oz) Let Us see what you will do with that.

But were you filled with Prana before you have that full mastered control, dear hearts, you would sail right over the capital of Harrisburg and land perhaps in another State! That would not be kindness upon Our part, so We give to you each one, having tested your four lower vehicles for stability, a little Prana with your breath each day, and if you can accept that, well your breath you have seen on a cold day when it becomes steam-like and you know something of the natural breathing apparatus of your lungs, well Prana to breath is like fire is to water. That terrific DESCENT of the powerful currents of Prana through your physical, etheric, mental and emotional vehicles is an accelerating power. I know! For on that first Whitsuntide what brought I in the tongues of flame -THE GIFT OF PRANA- to those who had lost for a time their teacher Jesus and who had felt desolate without His Presence and required by the Paraclete in My humble Self, to come to give to them the courage to perform His works or the Father's works in His Name or that known as the Ascended Jesus Christ. No wonder it says in the few Biblical references that have not been incorrectly translated through the hands of all those scholars that embellished upon

the original text, no wonder it says that the disciples blessed in the Upper Room reeled down the streets and those looking upon them thought that they were drunken. They were filled with that Prana, Jesus had prepared for them a room until they could pull themselves together and He explained to them how to regulate the use of Prana with His own Name, the Ascended Jesus Christ.

Do you know that all during their ministry until the very last one of them were ascended or left the body, once every twenty-four hours either Jesus, Mary the Holy Mother, or John, the Beloved, had to gather in that Chamber of Consciousness with these disciples and later the Apostles to hold together that remembrance of the power of Prana and to project It.

Now Saul became Paul and went into Greece and there He did great works in the Name of the Ascended Jesus Christ, but He had the power of Prana alive within Him and the projected radiation of those that remained at Bethany. That is why I have been so interested in the establishment and sustaining of the Transmission Flame Classes just using the breath. Why? Because as you learn to concentrate on the transmission of certain statements carrying a certain quality, color and tone on your breath from city to city, and state to state, and across the great Oceanic body to the other physically embodied chelas, you make a permanent track of living Light which does encircle the world around. It grows wider and wider and wider until at the end of each Transmission Flame Class, with the assistance of Myself and the God Free Beings Who take up the weaker energies on the seaboard and direct them forward, it encompasses the planet in the gift and radiation of the power of Precipitation, Illumination and permanent Peace.

As you have learned, in thought, feeling, word and action how to conscionsly transmit your breath (in the Transmission Flame Classes) around the world, now you shall be prepared for your first lesson, which I give to you here... of Transmission of a PERFECT THOUGHT IMAGE.

Please visualize Me (The Maha Chohan). Upon your first endeavor, I see fourteen doves, of asorted size and wing spread, seven shafts of light, of different colors, varying from golden light to deep ruby in shade, three representations of Myself, as presented in the David Anrias Pictures, and ONE PERFECT THOUGHT FORM of Myself. Let Us endeavor to repeat this lesson. I shall give you a hint -"I Am" not wearing a turban today. Please place all your mental turbans out of your consciousness for this lesson. You are doing splendidly.

Now, you PROJECT THAT THOUGHT IMAGE OF MYSELF (combined of all your dear energies) through the use of telepathy across the Atlantic Ocean to Our Foci held so faithfully in Scotland, into the consciousness of My chela, Miss Agnes Mc Laughlin in Scotland. I shall tell you when It arrives. No, let us begin again. Face East and project that THOUGHT IMAGE OF MYSELF again across the Atlantic Ocean to Miss Mc Laughlin and let It expand until It enfolds the Brithish Empire, all of Europe, Africa, Asia Minor, Asia (see all My chelas in Ceylon wondering why "I Am" passing by so often) Australia and the Pacific Islands, through Suva, into the Western Coastal Areas of South, Central and North America, Eastward through the Americas and Canada, blessing Our beloved chelas in Cuba and through every Bridge Foci throughout the World. You have really done a magnificent piece of Thought Transference for which I congratulate you. Please repeat It daily, as energy becomes power through use. You feel these mighty currents passing through your own blessed vehicles as the Presence of the Holy Spirit expands on this Sweet Earth and through all Her evolutions.

That is really magnificent, beloved ones, magnificently accomplished! You are deserving and I think I shall give you **two grams of Prana** within the next twenty-four hour period, but as We are all given a test, I am not going to tell you **when** I am going to give It, but it will be any time between now and within the twenty-four hours, so be careful when you start a-jumping

and ask your Holy Christ Flame every time you seize that, that you utilize it for the purification of yourselves and all those around you, in through and around you and ask for perfect harmony-ask your Holy Christ Flame for balance at that particular time because each of you will receive it at a different time.

The tiny elemental (carried to the Hall of Karma by the Seraphim) to which Beloved Morya referred on July 1st, did achieve audience with the Karmic Board. If such a tiny elemental can render this service for all the species of the Nature Kingdom, I ask you... 'What can you do for My beloved Son, El Morya' Make Him the happiest Man in Heaven by presenting your petitions in dignity on July 3, 1960.

His love and enthusiasm for you is so great, as you know, that it is only by Cosmic Law that I can give anyone else an opportunity to speak with you during these classes. He endeavors constantly to reach you with that loving Light which is His, because He says, "Just give Me one moment and I will tell them again about their requirements of holding that Bridge to Freedom by the tenacity of their spirit, their honor", and I say patiently: "Beloved Son, We too can emphasize that -that Bridge is built of Light from the hearts of Helios and Vesta and all the Suns and Sun Goddesses of the System. It is built of the Light in the hearts of the earnest and worthy chelas in the unascended realm as well". Sometimes He say, "I tell them but they get off on another story". But you must have more than one chapter to a book and that is why We give you the chapters of our own experiences. They vary but they are all divine feelings with the exception of our Beloved Mary, the Mother of Jesus Who has chosen to share with you some of Her experiences in Jesus' Life whereas She had to use the power of the Immaculate Concept especially during the crucifixion, the time on Golgotha Hill. She did that on purpose to show you that She too once was a woman; that She once walked the ways of Earth; that She too once loved a boy, a boy Who became magnificent and in the prime of His youth chose to give His body as a mass sacrifice so

that mankind could know that there is no death; that there is only Life Eternal and that all mankind would say as He did -"I AM, I AM, I AM THE RESURRECTION AND THE LIFE, and so shall it be for you, for you hearts have spoken. Thank you beloved. (audience rises.)

When you so respond as Beloved Hercules pointed out yesterday, your hearts have spoken, the Flame within your heart expands and It says, "Yes, oh yes, for this day have I waited that I, too, may be a radiating center for all the powers which I once knew and had with the Father before this world was". And so it is with you, each and every one, as you advance and gain progress in the magnitizing and externalizing of these Spiritual gifts of the Most High Living God through you for your benefaction and that of all Life will you know yourself, greater and greater Comfort and greater and greater Freedom from distress of every kind and every description.

I have served so long with the Nature Kingdom that I really do enjoy the wonderful obedience within that Kingdom to God's Holy Will. Do you realize how much energy and love is employed by the elementals in creating through the impure substance of the Earth, flowers, shrubs, food and foliage, to stimulate and keep alive the hope in the hearts of mankind? Create, as they do, using the Resurrection Flame which Jesus used, which I used before Him, Which everyone of you will one day use to attain your own Victorious Ascension, coupled, of course with the Ascension Flame, BEAUTY in, through and around you.

No longer remain embryonic Gods and Goddessess but BECOME manifest Gods and Goddesses -Sons and Daughters of Freedom- Sons and Daughters of Hercules -Sons and Daughters of El Morya and, if you should so desire, Sons and Daughters of the Holy Spirit Who ALWAYS BRING LASTING COMFORT TO ALL LIFE. I LOVE YOU, I LOVE YOU, I LOVE YOU". (Response by congregation: We love you (3).

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THE BRIDGE TO FREEDOM

A Monthly Journal Devoted to Individual Unfoldment, Contact with The Great White Brotherhood and Cooperative World Service

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THE BRIDGE TO FREEDOM

A Monthy Journal

Vol. IX **NOVEMBER 15, 1960** **No. 8**

HOME OF THE SPIRITUAL HIERARCHY OF THE WORLD

In Shamballa, Etheric City over the Gobi Desert, Asia
(The Ascended Master Retreat of the Month)
November 15th through December 14th, 1960

Hierarch: Lord Gautama (New Lord of the World); **Color of the Flame:** Pink, Gold and Blue; **Musical Keynote:** "Song of India", Rimsky Korsakov.

BREATHING STATEMENT FOR THE TRANSMISSION OF THE FLAME CLASS OF NOVEMBER 19TH, 1960

1	2	3	4	5	6	7	8
"I AM"	inbreathing	Gautama's	feeling	of-Patience	Humility	Illumination	and-Love
"I AM"	absorbing	Gautama's	feeling	of-Patience	Humility	Illumination	and-Love
"I AM"	expanding	Gautama's	feeling	of-Patience	Humility	Illumination	and-Love
"I AM"	projecting	Gautama's	feeling	of-Patience	Humility	Illumination	and-Love

REFERENCES FOR SANCTUARY DIRECTORS AND STUDENTS

Description of the Home of the Spiritual Hierarchy of the World: See "The Bridge Journal": Vol. I No. 7; and issues No. 8 of the remaining volumes from II to VII. See also Vol. I pages 3, 12, 21, 29 and 42.

Addresses by Sanat Kumara: See "The Bridge Journal": Vol. II No. 8; Vol. III Nos. 2 and 8; Vol. IV No. 8; Vol. V No. 8. See also Bookets: Series II No. 3.

Addresses by Lord Gautama: See "The Bridge Journal": Vol. II Nos. 5 and 11; Vol. III No. 2; Vol. V No. 8; Vol. VI No. 5; Vol. VII Nos. 5 and 8; Vol. VIII No. 2; Vol. IX No. 2. See also Booklets: Series VII No. 4.

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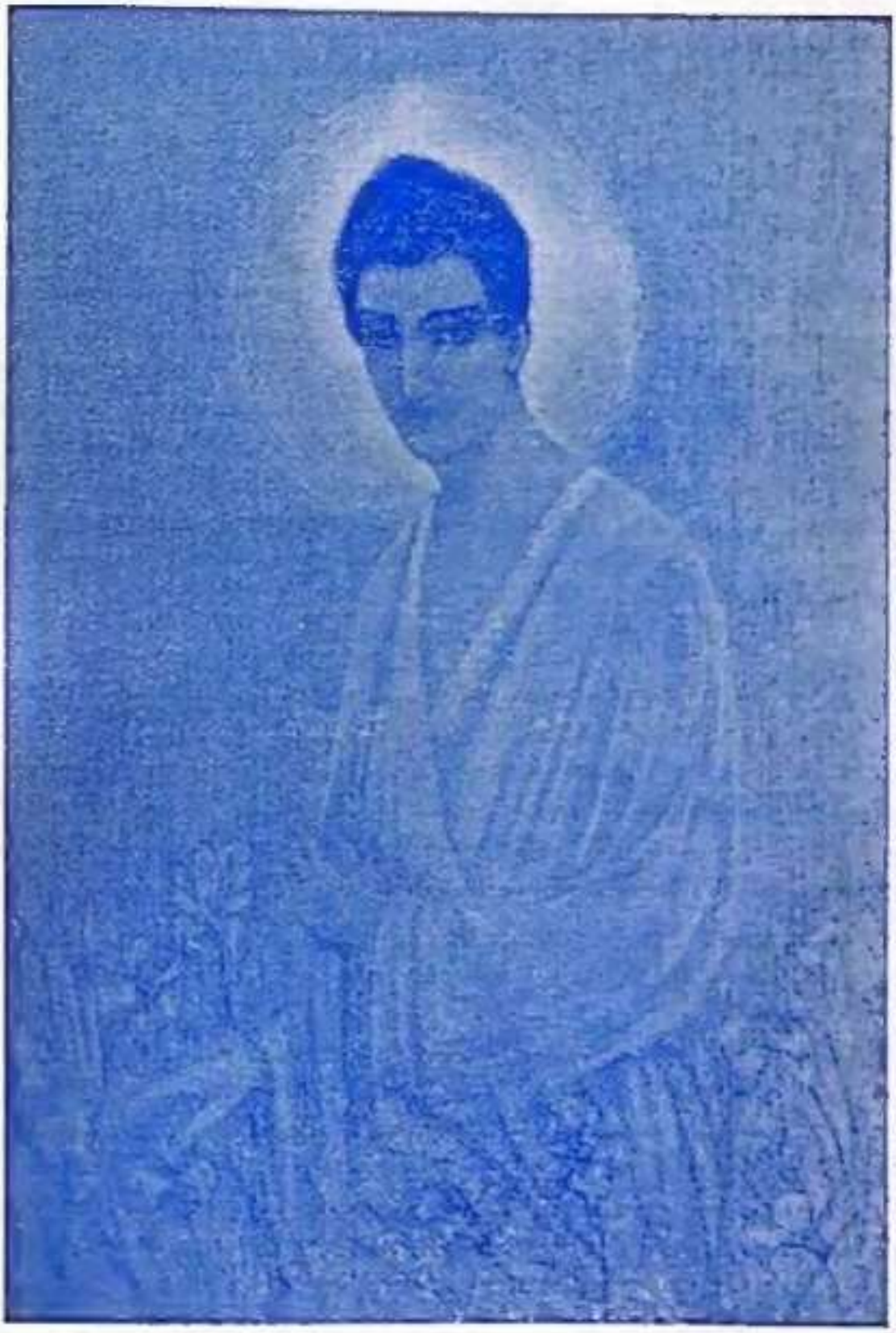

PRINCE SIDARTHA GAUTAMA
NOW LORD OF THE WORLD

A VISIT TO SHAMBALLA

An Address by the Ascended Master Saint Germain

ONCE each year, at the close of the twelve month cycle, We are given a month of release and relief from the service in the world of form. Those of Us Who represent the great Spiritual Hierarchy, Those of Us, Angels, Masters, Devas and Powers of Light Who have worked with mankind and the elemental kingdom upon this planet Earth are given invitation to return to Shamballa and there for thirty days We bask in the radiation of the Lord of the World—Who has been the Mighty King of Kings, the beloved Ancient of Days—Beloved Sanat Kumara—Whom We love and adore even as you yourselves.

Two-fold is the reason for Our return to Shamballa. We bring with Us the report of all that We have done in the world of form, of all that Our chelas have done and all that Our Retreats and the activities of Our Ray has accomplished. We also receive There renewed strength, renewed energy, renewed vitality of a spiritual nature from the beloved Lord of the World Himself, which We take with Us and which forms a great momentum of energy for the next twelve month cycle.

As the great City of the Bridge opens Its doors to the Masters and Angels of Light it is a magnificent sight indeed. You have had it described to you many times before, and yet if you will come with Me now We will enter into the heart of Shamballa so that you may enjoy for yourself the vibration that is there. You remember It was builded through the self-conscious effort of a few individuals from the heart of Venus Who lived upon that bright Star and loved Sanat Kumara and beloved Venus so much, that they did not wish Him to descend into the darkness of Earth's shadows without a fit dwelling place where He might abide in the grace and purity that He knew at Home. These blessed people, unascended lifestreams, mind, belonging to the evolution of Venus, offered to Sanat Kumara and the Cosmic

Law, their lives that they might come and through the ordinary means of birth, through human bodies, attain their maturity and create out of the substance, the energy and activities of the physical world, a duplicate and replica of the Spiritual City in which Sanat Kumara dwelt and from which He ruled His Star Venus.

Beloved ones think for a moment about that; think of these individuals who are not too unlike yourselves. They were individuals who had only consciousness, and into that consciousness they had to imprint the memory of the City of Shamballa on Venus. They had to submit to the bonds of forgetfullness and pass through the bodies of earth people unto a Star that was so filled with psychic and astral creations that the Sun of the system had decided to dissolve it. They had to grow in the homes and families of individuals whose light certainly was not great; if it had been, Sanat Kumara need not have come! These individuals did not all live mind, and they were not precipitated miraculously on the shores of the Gobi Sea. They were born, as many of you, in different countries parted by large bodies of water from the Gobi Sea and the sight of Shamballa. As they grew up there again stirred within their minds the memories of a shining city, and some, like yourselves, found very little sympathy within the confines of their immediate family. They set out following their hearts' promptings across seas and land until finally a band gathered together around the mainland close to the Gobi Sea. There the strongest among them brought forth a vision of this great city and it was confirmed in the hearts of the others, even as My vision is confirmed in your hearts when you heard of the Freedom Flame and the New Day something within your heart stirred.

You came from across the seas, many of you, and you came from all different portions of this great country, and when you came together you had only one thing in common, an inner memory of a vision, of a friend who had sent you here with the hope to establish a Freedom Star.

And so these men and women around the Gobi Sea gathered and they thought they would build this magnificent city—White Island—and they began! They endeavored to draw out of their own consciousness the memory of it; the beautiful street laid out in the form of the oval; they planted their trees; they began to build the great bridge connecting the mainland with the White Island, and what happened to them? More than once in a long period of nine hundred years they were completely wiped out to a man by hordes of savages, by those men and women on the Earth who had no light. They came again in new bodies and brushed the very rubble aside, replanted their trees and began to lay their streets anew, put the blocks back together on the foundation for the magnificent temples.

Toward the end, they knew the time had come for the great Lemurian pole star which signified the cosmic moment, and ready or not, temple or not, Sanat Kumara was due to stand in the atmosphere and then descend on this planet Earth. Happy they were then that they had endured, that they were constant for nine hundred years! Does eighteen seem so long! Nine hundred years is a long time to be faithful to a vision. Oh, lovely ones, as you look back over the pages of history, all of the mysteries are clouded with visions of Angels and great mystic manifestations—but THEY NEVER HAPPENED THUS—**they happened always in a natural, normal manner as they happen now today!**

When I walked into Bethlehem with the beloved Mary, knowing full well Her time was come, no mighty Angel with Sword of Flame opened the door of the Inn. I walked, unknown, seeking shelter for another unknown lifestream. Two thousand years later it is clothed in mystery and glory! **But I assure you in those days we were just individuals like yourselves,** with doubt, with fears, with uncertainty! And so it was with the building of Shamballa! One day then, that faithful few were rewarded: one day the flashing Star of Sanat Kumara was visible to the inner sight of the priests of that group; one day descending

within the glory of the City of the Bridge, within the glorious golden domed Temple stood Sanat Kumara, the Ancient of Days! With Him the Great Kumara and all those powers of Light that have sustained the planet until this present day!

So today as We walk over that Bridge, you can look down at the etheric sea beneath It, and as your feet walk upon that Bridge think of all the sandaled feet and all the bare feet, of all the holy intellects that have walked into and out of Shamballa time and again; going in to be re-polarized, coming forth with new hope to light the world. As you stand at the very top of the Bridge you can see the magnificent Temple of Sanat Kumara on the elevation as the island slopes upward—it is like unto the lovely Taj Mahal and before it are the living fountains. As We walk over that Bridge and take off our shoes, We walk along the right side of the waters and We can see on either side of those pools the magnificent temples in the various colors representing the mighty Devas and activities of the Seven Rays.

Stand for a moment at the foot of the great Temple of Sanat Kumara and look at the Cyclopean architecture, the magnificent sight and beautiful yet delicate perfection of the Temple. You can see that the steps divided into twelve are then interspaced with a long grassy sward, and again you have the living Flame fountain of various colors of water; as you walk up these steps, you come to the doors of the Great Temple of the Lord of the World!

During this thirty day period after you have placed your harvest within that Temple, within the Flame within the Temple, the Lord of the World addresses constantly groups of iniatiates and chelas. In the atmosphere above Shamballa are the individual members of the human race who are advanced enough in consciousness to gather while their bodies sleep and they absorb mostly the radiation of His Flame which is Cosmic Patience. The Lord of the World speaks to the assembly which is made up of a great many of the discarnates, all those who are the relatives of the student body in the Ascension Temples, all those who

are sleeping in their outer forms as well as to many of the initiates who are gathered within the Retreat. As you look up toward the Altar, you can see the beloved Immortal Three-fold Flame of Life burning within the golden brazier and the Presence of Sanat Kumara standing right within that Flame.

For this thirty day period, although during the actual Transmission Flame ceremony We wore garments representing the rank and activity of Our service, for the balance of the period it is a time of festivity, of informal counsels, of the unbound hair as the beloved Maha Chohan refers to it, and of the laughter of the Gods! It is a time when We meet as Brothers and Sisters and Those We have not seen throughout the entire year and exchange pleasantries as well as Our plans for the Teton conference and Our petitions and hopes for the New Year.

Beloved Sanat Kumara, standing in beautiful white garments, His lovely golden hair falling to His shoulders, His great violet eyes looking forth in love, is talking to the Assembly. Perhaps for a moment We may tune in to His radiation and accept His blessing:

BELOVED SANAT KUMARA SPEAKS:

In the Name of the Most High Living God within Whose Presence all stand, I greet You today Beloved Elohim of Creation; You Who have designed from Your Own Free Will and developed precipitating faculties and this planet Earth, which We desire through love to sustain in the Solar System.

In the Name of the God that made Us all, I greet You Beloved Archangels, You Who have been the protecting Power and the radiation of the feeling nature of God in, through and around the souls of men that live upon the Freedom Star.

In the Name of the Most High Living God Whom we serve and by Whom We live, We greet You, Beloved Chohans of the Rays; You, Who have foresworn Nirvana and Who form the Bridge between the human octave and the outer consciousness

and thinking selves of mankind and Our Realm, to You We give a special blessing because Yours, Methinks, is the most difficult of all tasks as the spearhead endeavoring to reach into the reluctant faithless consciousness of mankind and bring them to light.

We have gathered You together in the Presence of Our Lord Gautama, Our Lord Divino, Our Lord Maha Chohan in order to have informally a discussion as to the activities on each of Your Seven Rays. We shall listen with interest to that which has been accomplished. We shall summon first the Elohim, Whose cosmic service at cosmic levels deals not only with the sustenance of this planet but with the sustenance of many galaxies, and then We shall summon the Archangels, in graded order, Prince Michael at Their lead. We shall then summon the Chohans and They, in turn, We ask to summon within Their etheric bodies every unascended chela who has served Them. We would like to see what each one has done, according to his own light, in order that We may determine what best We may do for this Earth in the coming twelve months.

To You all, here assembled, as this is an informal gathering, I want to give My personal Gratitude in Your servie to Me. It is a long time since I decided within Myself to come to Earth. I have become almost, as the people would call, "institutionalized". I am so used to the atmosphere of the Earth and Its peoples that I am having to take the very exercise that Our Son Saint Germain mentioned this morning in repolarizing Myself to the realization of living upon a different Star. Is is not the same vibratory action Beloved Elohim, Beloved Archangels and Chohans, the Earth and Our Star Venus, and yet as Lord Gautama and I this morning discussed it, it has been a wonderful opportunity to expand Our individual and collective Light. If We had to do it over again, We would each have done so, even the experience, the length of Our exile, the disappointments, the disillusionments which the outer consciousness brings.

We are grateful to You, beloved Ones, Who have represented

the Seven Rays on Earth. We are grateful to the Elohim, of course God-Free—the Archangels, God-Free; the Archaii, some Who have not always been God-Free; and the Chohans Who have not always been God-Free. We are grateful to You in bringing to Us the interest in the service of mankind and We would like to point to You with the same interest to the small body of individuals in the United States of America—and throughout the world—who have offered themselves to be conductors of the feelings that We wish to give mankind in this Season.

I would commend to You, Beloved Friends, each of these people. Will you please in Your own way give them the faith, the understanding, the love, the purity, the capacity to wield the law, the love of their fellowman and the efficacy of the acceptance of the Violet Fire that will make them and keep them happy people. Thank you so much.

BELOVED SAINT GERMAIN SPEAKS:

We now turn our attention to the report of mighty Beloved Hercules. Beloved Hercules ascends the pulpit, the magnificence of His mighty glory, the beautiful golden head and the mighty power of it, is a tremendous sight to witness. It will take probably the full part of the day for Them to follow through and from time to time the Masters, the Lord of the World and Others, will intercept with questions. So you can be a part of that, and YOU will have your time. Beloved Morya, Myself, One of Us will call you and you will have your time and you can walk up there without the least bit of trepidation because as Lord Divino says, you have done your best! Let not the Christmas Season be filled with any sense of self-depreciation. You have done your best but you CAN do better! In the Name of God, this Holy Season, I am your Servant and your Friend.

THANKSGIVING

By the BELOVED MAHA CHOHAN

AS We come to the close of the twelve-month cycle, all of Those Who represent the Spiritual Hierarchy are gathered at Shamballa, and here We celebrate a Cosmic Thanksgiving in which every one of the Brothers is a participant. The great Audience Chamber is open for this Festivity and the evening before your national holiday, and for four days and nights thereafter, there is a constant outpouring of blessing upon every electron, elemental, animal, human, Angelic, Deva, Ascended Master and Cosmic Being Who have consciously or unconsciously contributed to the forward progress of the race.

This Flame of Thanksgiving has gone forth rhythmically since the day when the thirty Beings knelt before the Coming of their Lord, Sanat Kumara, and it has builded in power.

One of the most exquisite ways of preparing for the Christmas Season individually is for each lifestream to consciously and earnestly prepare his own ceremony of Thanksgiving and, officiating upon the Altar of his own Christ Temple, invite into the Presence of his own God Flame all of the life that has served him during the twelve months that have passed and, through a special blessing and benediction, confer upon that life the added substance of his own Christ Nature.

This ceremony will show each man how rich he is in the blessings that have filled his world through the channels in every kingdom-natural, human and Divine. In such an activity, no bitterness or discontent can live. Also, every Master to Whom the individual extends an invitation to his ceremony, will respond and enter into the Sanctuary of the heart where such a Thanksgiving is being celebrated; and this visitation, alone, will bring a return of spiritual blessings far beyond the comprehension of the outer man, for the individual effort involved in preparing such a Thanksgiving Service to Life.

THE BRIDGE TO FREEDOM

A Monthly Journal Devoted to Individual Unfoldment, Contact with The Great White Brotherhood and Cooperative World Service

Vol. IX NOVEMBER 15, 1960 No. 8

PREPARE YOURSELVES TO DELIVER YOUR YEARLY HARVEST!

Letter from The Maha Chohan to the Transmission of the Flame Class of November 19, 1960

Beloved Ones Who are assisting Lord Gautama in Lighting the World:

"I AM" so grateful for your marvelous cooperation in expanding the Light through the emotional, mental, etheric and physical bodies of all mankind and all evolutions using the Earth for a planetary Home.

When We come, to Shamballa, to greet Each Other (Cosmic Beings, Ascended Beings, God Free Angels) and you, our dear chelas, it is truly a season of Holy Festivity and friendly discussion.

Lord Gautama has arranged for an Ascended Master Sponsor Who has been for at least 1,000 years trained by Sanat Kumara, to assit you during this thirty day period, preceding the entrance into the Holy Christmas, time. In November, before the Altar at Shamballa, you shall bring in your sheaves of accomplishment and how delighted We all are that those sheaves have borne fruit of works well done.

Love and Blessings

Maha Chohan

HOW YOU CAN PRACTICE LEVITATION NOW

An Address by the Ascended Master Serapis Bey, Director of the Fourth Ray, at The Bridge 1960 Summer Conference

Harrisburg, Pa. **July 3rd, 1960**

BELOVED ones who are qualified as Candidates for the Ascension in this embodiment, I greet you on behalf of The Brotherhood at Luxor, in gratitude for the magnificent accomplishments of your own dear lifestreams which enable Me, with full confidence, to write upon the breast of your etheric garments "Candidate for the Ascension".

At Luxor, all My chelas receive their instructions standing upon their own two feet, with spines erect but you have such a kindly Intercessor, My immediate Superior, The beloved Maha Chohan, so, in His Name, I ask that you please be seated and remain grateful, always, that your present and future training will take place in the comparative comfort of air-conditioned rooms, with nice soft seats, lovely hosts and hostesses, rather than under the hot Sun of Egypt in the noonday heat at Luxor, where the chela is not allowed to wear sandals to protect his feet either from the sand of the desert or from the mosaic floor of the school rooms or the cubicles to which you are assigned wherein you are allowed to assimilate your lessons of the day.

The disciplines at Luxor are strict because we know that many lifestreams are capable of expressing much more of their own potential Divinity than they choose to utilize and some rather enjoy tarrying along the wayside insofar as Spiritual exercises are concerned. There are Other Ascended Master Foci where such individuals can and do receive illumination, either sitting down or lying down (according to their taste) but AT LUXOR, in order to pass successfully through the Seven Temples of Iniatiation and come forth VICTORIOUSLY, REPRESENTATIVES OF LUXOR'S HOLY LIGHT, with a portion of the

ASCENSION FLAME ALIVE WITHIN YOU, it is essential that you have these disciplines. It has not made Me the most popular of the Chohans.

This severity of Discipline has occasionally frightened chelas who came to Luxor to enjoy Our library, Our sculptures, Our activities. These timid ones after spending an hour in the cell assigned to them, fly from Luxor and one can't see them for the dust of the Desert sands as they make haste back to the temporary "pursuit of happiness".

I love you! The Seraphic Nature is One of LOVE. Divine Love is a POSITIVE QUALITY, which embodies the capacity to make each lifestream externalize the highest possible expression of God-life that is within him or her.

I seek LIGHT BEARERS TODAY to consciously carry THE ASCENSION FLAME all over the continental surface of this Planet Earth, as well as all over the Oceanic surfaces, even as We (ages ago) carried the physical Spark of the Ascension Flame from Poseidonis, (last remnant of beautiful Atlantis), rowing rhythmically, praying constantly, breathing upon It, sustaining a tiny Ember of that Flame as We rowed CONSTANTLY ONWARD from Alexandria to Karnak and Luxor. As you know We just reached Our destination seconds before the tremors of the Earth and the spreading of the Nile told Us (without words) that Lovely Atlantis and many of Our loved ones, had sunk beneath the waves, to rest awhile in the purifying essence of the present Atlantic Ocean. There was not even time for a tear, as We breathed into that Ember of the Ascension Flame until It blazed brighter and brighter forming for you and all imprisoned life, the service of holding a Door Open when each one's time has come, so that you and all imprisoned life can gather your purified energies about you and utilize that Ascension Flame and the assistance of The Brotherhood at Luxor into that beautiful God-Free Glory of the Ascension in the Light. (Note: it does not matter where your physical vehicle should happen to be. We know and render this service for you in LOVE.)

When We say "Home, to go out no more" that expression gives some of you a feeling of claustrophobia. Many sincere chelas think and feel "oh, My God, I have to stay up there in the Kingdom of Heaven forever". We mean you shall never have to come back into the confines of an earthly vehicle. You will be about OUR FATHER'S BUSINESS, even as We are. You shall have opportunity to soar through interstellar space; to visit other Planets of this System, to visit loved ones in the Ascension Temples. You will take on new Ascended Master and Cosmic Assignements. Many of you, as We have done, will foreswear Nirvana, and, in time, according to your qualifications, become Chohans of the Seven Rays (God Help You!)

From experience I can tell you, it takes considerable patience to be a Chohan or Director of even One Ray-particularly the Ascension Ray. Many people fear they will ascend instantly into the Light if they place their attention upon It. Would that this were so!

You will not be called before your time. Then the gentle hand of a Seraphim will be placed upon your shoulder, and My Voice (or that of your particular Ascended Master Guru) will speak to your heart... saying "My child, you are ready now to come Home! Under the previous conditions (when self importance and foolish pride were allowed full away) individuals were allowed to re-embody again and again in their egotistical desire to further the pattern and plan of God's Perfection on the Earth. Now, as Beloved Brother El Morya has told you, this DISPENSATION IS CLOSED. The Lord Manu of the Seventh Root Race and His First Sub-race are already to come into embodiment, and at the close of your ordinary lifespan, you shall not again embody upon this Earth.

I think Freedom's Holy Star can spare you when your time comes (not before, of course, because I would not know what to do with you). If I placed you in the Ascension Temples before you where sufficiently developed and you were to meet all your friends and blessed departed ones you, being more advanced than

they are, would not stay there. If you should enter into Our Realms, as you do in consciousness before you have full conscious control of your four lower vehicles (emotional, mental, etheric and physical) you should endeavor, through your personal desire to change the Kingdom of Heaven Itself, you will find you can't do it.

Develop those ideas, visions, patterns and plans upon the Earth plane which make comfortable and pleasant the lives of your fellowman and all evolutions in the Earth, upon Her surface and in Her atmosphere. Surrender of your own ideas (splendid as they may be to you) to the Almighty God Who also created you is essential to your being a conscious channel for His expression of the Kingdom of Heaven on Earth. Surrender (by the outer self) is a part of the disciplines at Luxor.

We have had Our outer courtyard changed this week (June 26th through July 3rd, 1960) seven times. The Maha Chohan has asked that I be lenient with the sincere chelas, who have been so cheerfully running about Our courtyard with various and sundry chairs and tables and new kinds of flowers, birds and other objects d'art. "I Am" learning PATIENCE, for I love Beauty and Symmetry of Design so much, as That is a part of the Seraphic Nature. Last evening, We had nine chairs in one corner of the courtyard, and another placed two more on top of them. Another sweet soul placed a single marble bench with an entirely different motif and design of a different Era on the other side of the Courtyard. All have been mixing Oriental and Occidental flowers, and Our crystal pool, which We keep filled with the exotic Lotus of the East has been changed into every color imaginable. I finally had to enter this melee to speak to the birds and flowers because they had decided amongst themselves to "take off" for Himalaya's Retreat and LASTING PEACE.

They agreed (as it was a temporary arrangement) to remain. In this courtyard, We have also exquisitely sculptured marble figurines of the Seven Chohans (Directors) including the Lady

Nada (Who now holds the Position previously occupied by Beloved Jesus). Nada was removed because one of Our visitors prefer Beloved Jesus. I have the figurine of Nada in My study, as well as most of My other beautiful and irreplaceable objects of beauty, until this experiment is completed.

Now You have the Maha Chohan, the very gentle Spirit, the great Holy Spirit but oh my, He is strict with Us! I dont' mind saying I complained to Him about the chaos over there at Luxor and He said now, perhaps You will be the next Great Chohan and one of the things perhaps that You require—He always says perhaps—but You know He means "that You require" but He makes it kindly, He has more understanding and patience with earnest and worthy chelas who are endeavoring to utilize powers which We are teaching them, so would You just be so kind just for a week to allow them to play around in Your courtyard? Of course His Word is Law.

Now it has become a rather laughable matter and I'm kind of enjoying it. I'm waiting for the third tier of chairs, I'm waiting for something really spectacular which I'll probably get today. Really it is doing something for My nature and doing a lot for the Brotherhood at Luxor too.

It is a new kind of discipline for Us, to see if the water in Our fountain is going to be green, yellow, purple, and see what kind of motif the next group is going to bring in, whether Jesus is going to get knocked down and Nada put back and I imagine I'll probably be "removed" from the pedestal, hah, in the favor of maybe the Maha Chohan, oh, that's all right, I'll stick the bust in My study. I have been knocked down before My Ascension more than once and since My Ascension, it is only that Happy feeling of the Ascension Flame that has kept Me buoyant enough to continue on and ask the Maha Chohan for a Successor. So this experience teaches Me.

So, come along, you have been there before you walked out before; you won't be thrown out. You come along, you do what

you can, see if you can make a Parthenon, a Pyramid without the use of physical labor; just try to reproduce on canvas some of those priceless beautiful pictures that are in your mind, your thoughts and your feelings. The Seraphim have the canvas for you and the brushes and the paints, so you don't have to have a kit before you go to sleep, just come on over and if you want to play something, I will admit I removed Our magnificent celestial Harp and pianochord and organ but I have three that will do you well. Play on them some of this celestial music, you will have a very appreciative audience—yes, I will be there!

I appreciate the endeavor as well as the perfection expressed. I won't bother you. In fact you won't know Me, because you know what I'm going to do, I'm going to be one of those little hooded monks in the courtyard, splashing away at water color, to give you courage. I just can't do surrealist art—no—but I will pick out something. I have something in mind, something kind of sweet. I don't dare tell you because you would know Me. It has to do with the Forcefield that is now world encompassing from this Class (audience rises). Thank you.

I might say, in passing, that the unascended members of The Brotherhood at Luxor have come to Me again and again to ask WHAT IN HEAVEN'S NAME IS HAPPENING TO THE BEAUTY OF LUXOR. I assure them to be at peace and that, at the request of the Beloved Maha Chohan, some worthy chelas are practicing levitation, precipitation and telepathy, and that, for some unknown reason they chose Luxor rather than the Grand Teton. This is certainly a blessing to Lord Lanto, Confucius and The Brotherhood of Precipitation. (All was restored at Luxor on July 3rd, 1960.)

Think, beloved ones, of the Power of Hercules and Holy Amazon encompassing the entire Planet Earth with Their Illumined Faith and Their Illumined Power of Cosmic Christ Protection, giving THAT BLESSING TO ALL LIFE EVERYWHERE which will be sustained even when you take your sweet

and happy departure for your homes. A replica of That will go with you, of course, at the close of this Class (audience rises). Thank you, beloved, and be seated.

We are in the Temple of Precipitation, supposedly, I don't know why everybody got to Luxor, they should be over with Lanto and Confucius but somehow or other We seem to have a crowd over there. I don't know whether everyone is tired of living down here, or what, but everybody seems to be at Luxor.

Well, anyway the Sponsors are carrying you to the magnificent Tetons at the proper time so you can present that Petition and have the opportunity of being a credit to the Ascended Master El Morya. How He loves you!

Why did the small elemental in the palm of the hand of the Seraphim have difficulty walking up the steps to the Halls of Karma and have difficulty opening the door, you have asked? Splendid question deserving of a clear reply—because he became afraid. He was afraid of the power of Light and fear is a lowering of the vibratory action of your vehicles just as buoyancy and happiness and laughter, balanced, is an accelerator of your four lower vehicles.

There is nobody who can consciously levitate who is physically afraid, who has mental accretions or doubts, who has etheric memories of trying to levitate to show their powers to someone else way back before the Continent of Mu, when they didn't make it and said "oh, look at me" and nothing happened—see. Well if that is there and the cause and core hasn't been removed, what's going to happen when you are faced with the same test if it be two billion years later, if the cause and core of past failure is not removed from all your four lower bodies and vehicles you can never express that mastery in this physical body or your etheric, mental or emotional bodies now.

The same with the emotional body, containing far the greater part of your blessed God-energies acting through you. If you have had an emotional shock from the first time when you con-

sciously defended and became a Guardian Spirit, as you all are, of the peoples of Earth and that emotional scar has not been removed from your own emotional world over some particular failure upon your own part or upon the part of an unascended Teacher, when you endeavor again with new life, new light, greater understanding to do that thing you have—I have explained this before—that scar bursts open, it really runs just like an incision that has been sewn and you are deflated.

NOW-don't you think it is time that these causes and cores, known and unknown, in your lifestreams back to the beginning of recorded time be removed, of a discordant nature, of course, and replaced by the Cosmic Three-fold Flame and the Power of the Three times Three. THEN, if you have to levitate in a hurry, for instance if you are in New York City and you have that city under control and there is somebody in Europe who hasn't got that control, you can after settling your city place your second in command in charge there to hold that Focus, and you will have to levitate quickly, whether it is to Europe, to Asia, to Africa, to Latin America, to Australia, or to the Arctic and the Antarctic and you have to do that pretty quickly, beloved ones, to carry that balance. What better time is there to practice on that than now! Think on it! Tomorrow may never come, but today IS for you.

And always have a "second" in command in the Name of God, a second in command who is alert and ready so you can hand them with one hand the power that you wielded and then through projected consciousness or through levitation go to the point where you are directed by your Ascended Master Guru when the assistance is required. If you haven't got a second in command, get yourself as quickly as possible such an individual and if there is no such individual available get yourself some kind of a votive light large enough to burn for twelve or twenty-four hours and have your Group, as We did on Our trip from Poseidonis to Luxor, breathe upon It whatever the activity of your Forcefield may be, sustain it till you return, otherwise when you come back you may find embers.

You know the power that makes a Leader a lasting benefaction to the human race is not felt by those who cluster around in happy assurance of that Leader's proximity until such an one's personage is removed. That is why it is good once in a while, as you have done here, for you to come into Our Presence and allow those in lesser command to endeavor to hold the Foci in your cities, states and nations. Then you can examine for yourself the momentum of the Power of those you have trained. Even Jesus Himself did not escape this, as you all know in the story in the Bible. He knew His disciples had not learned the Law and so He in Himself asked for the Holy Spirit to come and bless them before He made His departure.

Beloved ones, your dreams and your visions are beautiful. NOW LET'S SEE THEM BECOME ACTIVE IN THIS PHYSICAL APPEARANCE WORLD—I SO DECREE IT AND SO BE IT, BY LUXOR'S HOLY LIGHT! I SO DECREE IT (audience joins in) AND SO BE IT, BY LUXOR'S HOLY LIGHT. I SO DECREE IT AND SO BE IT, BY LUXOR'S HOLY LIGHT! Thank you for that beautiful response.

I now CHARGE (3) the Essence within the Communion Cup with the Power of the Ascension Flame. Then as you partake of that Communion you will receive some of the lasting buoyancy and joyousness which is the Nature of the Seraphic Host and Which is My Nature too. I love to be happy and to laugh and I love for you to be happy too.

In the Name, by the Power, through the Full Authority of God, The Father Almighty, God, The Holy Spirit, and God, The Holy Christ Flame, I do CHARGE, CHARGE AND CHARGE into this Communal Cup and into your FEELINGS all the Powers of Luxor's Holy Light, of the Ascension Flame and Ray, the love of the Seraphim and Myself. Ever your Serapis.

THE SECOND RAY

On God's Great Golden Second Ray,
Stands Love and Light the Middle Way,
Where Teachers of mankind abide
And help each soul their God to find.

Great Buddha walked this Path so bright,
And gave to us of His Great Light,
This Great Love-flame Perfection brings,
And helps each Heart its Praise to sing.

Beloved Maitreya, Lord of Love,
The Great World Teacher from Above,
Thou Cosmic Christ through us expand
Thy Gift of Love to every man.

Kuthumi dear, Your Love and Peace,
Your gentle ways give great release,
To help all life to understand
God's Great design - the Cosmic Plan.

Blest Lanto dear with Love Divine,
Now gives His Reverence to mankind,
To show each one the Truth, the Way,
And help those on the Second Ray.

Illumination's Golden Flame,
In Archangel Jophiel's Holy Name
Is balance, Peace and constant too
And brings great Joy to each of you.

Blessed Cassiopeia's Mighty Power
Brings Love and Wisdom every hour,
And brings Perfection to each one,
Until our Earth is like our Sun.

Our Cosmic Parents from the Sun,
Within Their Hearts hold for each one,
The Perfect Pattern to fulfill
As each one does God's Holy Will.

And so we send our Love today,
To All on God's Great Golden Ray,
To All these Great Ones do we call
We love and bless and thank You All!

Charity Masters

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NOTICE

ASCENDED MASTER CHRISTMAS CLASS

(To be held in Students' own Sanctuaries)

Schedule

December 24, 1960 at 10 A.M. EST. . . . Mother Mary
December 25, 1960 at 10 A.M. EST. . . . Beloved Jesus
December 26, 1960 at 10 A.M. EST. . . . Archangel Gabriel
December 27, 1960 at 10 A.M. EST. . . . Beloved El Morya

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THE BRIDGE
TO FREEDOM

A Monthly Journal Devoted to Individual Unfoldment, Contact with The Great White Brotherhood and Cooperative World Service

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NOTE: The last of the four Ascended Master Addresses delivered by Saint Germain at the 1960 Bridge Summer Conference appears in the December issue of "Hope Magazine". The three previous Addresses appeared in the October and November issues of "The Bridge Journal".

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THE BRIDGE TO FREEDOM

A Monthy Journal

Vol. IX **DECEMBER 15, 1960** **No. 9**

TEMPLE OF PRECIPITATION

At Rocky Mountains, Wyoming, U.S.A.

(The Ascended Master Retreat of the Month)

December 15th through January 14th, 1961

Hierach: Beloved Confucius; **Color of Flame**: Chinese Green with Golden Radiance; **Musical Keynote**: "O, Thou Sublime Evening Star", Tannhauser.

BREATHING STATEMENT FOR THE TRANSMISSION OF THE FLAME CLASS OF DECEMBER 17TH, 1960

1 2 3 4 5 6 7 8

"I AM" inbreathing the-peace love and reverence-for-life from-Confucius Flame
"I AM" absorbing the-peace love and reverence-for-life from-Confucius Flame
"I AM" expanding the-peace love and reverence-for-life from-Confucius Flame
"I AM" projecting the-peace love and reverence-for-life from-Confucius Flame

REFERENCES FOR SANCTUARY DIRECTORS AND STUDENTS

Description of the Temple of Precipitation: See "The Bridge Journal": Vol. I Nos. 3 and 8; and issues 3 and 9 of the remaining volumes from II to VII and No. 3 of Vol. VIII.

Addresses by Lord Lanto: See "The Bridge Journal": Vol. II No. 9; Vol. III No. 10; Vol. VII No. 9; Vol. IX No. 3.

Beloved Confucius: A short biography and a few Sayings: See "The Bridge Journal": Vol. VII No. 7.

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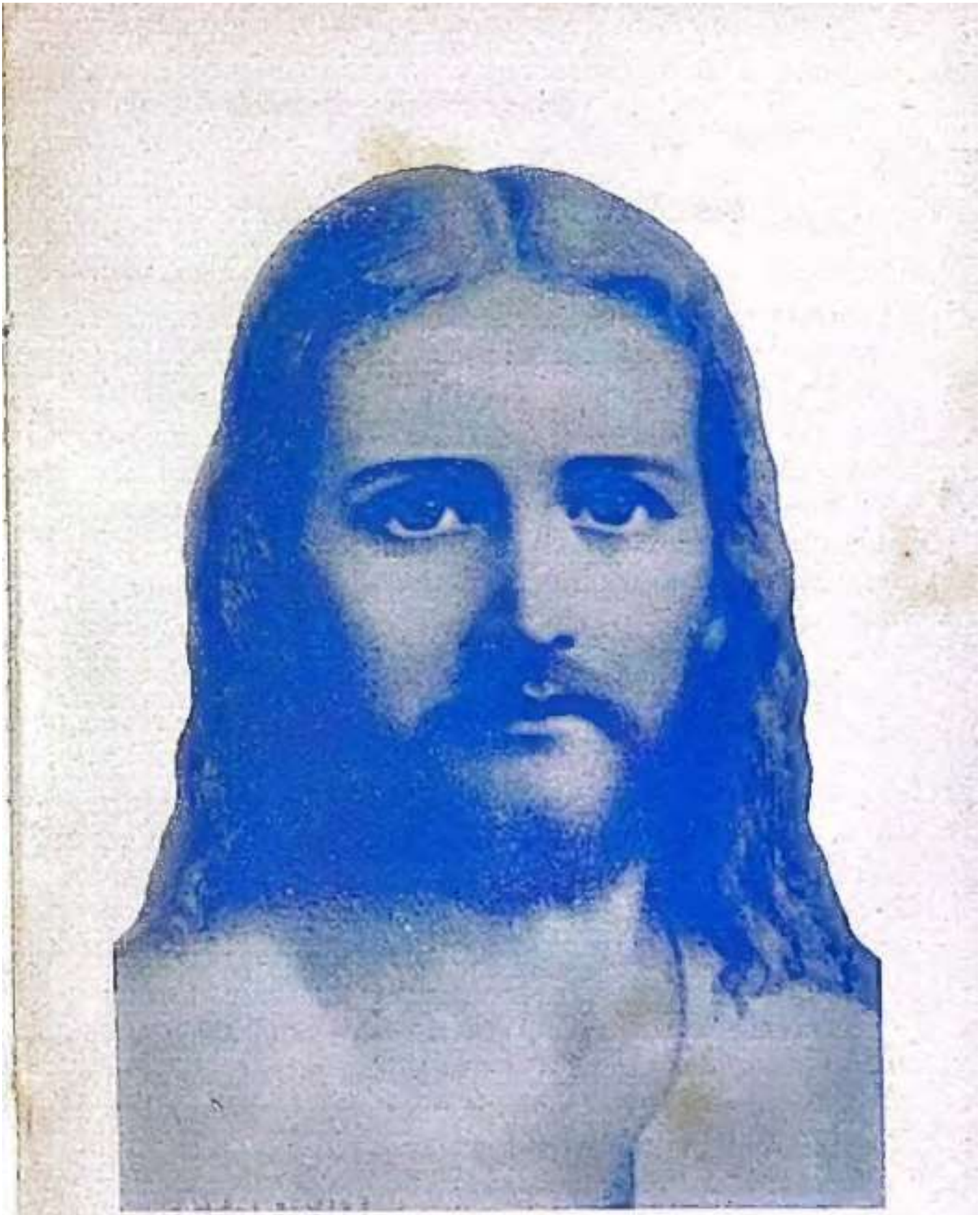

ASCENDED MASTER JESUS

Co-World Teacher together with the beloved Ascended Master Kuthumi

WELCOME TO OUR RETREAT

Ladies and gentlemen, desiring to know and feel a reverence for Life, Great Cosmic Beings, Ascended Masters and all Divine Expressions of Deity, We are your most humble Servants. We do ask that you make use of everything within this Retreat and ask one of our Brothers or Sisters to assist you while you are within the confines of the Retreat. Our Library, paintings and Teachers are all at your disposal, and to those who are listening to Me over ethers elsewhere I make a like invitation to come to Our Retreat and learn here how precious is life - life in a small flower as well as the life in a great tree; the life in the least of men as well as the life in the greatest.

Love and reverence for life brings **a great receptivity to the consciousness and makes one a good pupil in learning** to precipitate happiness wherever you go. Because, as the gracious Nada has said, when you love life enough to put self aside and nourish every attempt toward doing good, you are opening the door of your own feeling world, mind, etheric body and the very substance of the physical world to the inflow of more life, because all life desires love and sublimation through understanding and grace.

LORD LANTO

GIVE THANKS TO IMMACULATA!

Addresses by Beloved Lady Vesta and Lord Helios

The Ashram **September 26, 1960**

BELOVED VESTA SPEAKS:

"I AM" Vesta, Goddess of the Sun, come again to give to you, My children, an investment of My Light; an investment of the Presence of Myself in the consciousness of your emotional, mental, etheric and physical worlds and that investment is truly a Power wherein and whereby you become in yourselves an activity of the expansion of the Light of this particular Globe on which you presently abide.

Many aeons ago, beloved Helios, My Divine Complement, and I qualified to become the Sun God and Sun Goddess for this System. As you know, We designed with great harmony and in great joy the Planets of this System, including this Earth Which was a small Planet in Our Divine Design, to be occupied by about three and a half billion peoples and then before the Manus had prepared the individuals to come into being. We had the assistance of the Great and Mighty Elohim Who of Themselves came with the Mighty Immaculata, and drawing of primal Life Essence created that little Globe on Which you now abide.

She was shining then with all the beauty and love which Helios and I and these Great Builders of Form and the other Beings Who offered to assist Us could manifest. On this shining Orb came forth the first Manu of the Root Race and His sub-races. They found this planet Earth truly like unto the orbit of Our Sun.

Ages have passed and temporarily the Earth has been clothed round by imperfection, not only from Her Own peoples but those from other Stars and it is My privilege and My joy to give gratitude to each and every one who is in earnest in redeeming the Earth and purifying those elements by the conscious use of the Sacred Fire, and blessing each and every one; blessing Immaculata Who stands above the planet Earth, holding constantly

to the Divine Plan for this planet, just as It was projected forth from Helios and Myself, Those Mighty Elohim Who continue to render Their service in holding a balance and All the Beings of the Fire Element Who have been misused through aeons of time so that they may find relief and release and rise into their proper estate, even as the Flame in your hearts rises in love and gratitude when We join one another in communion and God Service.

I ask you, beloved, who use this Earth, even if you have come from other Stars even for a time, to remember beloved Pelleur and beloved Virgo are the Host and Hostess upon It and have given you habitation and all the Elemental Kingdom and their Mighty Directors Who have enabled you to have many joyous experiences on this Sweet Earth.

Now We are called upon by Cosmic Law to make this Earth shining again, brilliant and beautiful as It was in the beginning to straighten Her axis quickly and to accelerate the vibratory action of the electrons which make up the atoms and cells of every human being and all life in, through and about It. Therefore, We have dedicated these four days (September 26th, 1960 through September 29th, 1960) to such an acceleration and the capacity of an affinity between elemental life, human life and Divine Life - the cohesive power of the universe God's Divine, though sometimes seemingly impersonal Love.

I turn you now to the beloved One, My blessed Helios:

BELOVED HELIOS SPEAKS:

Beloved Vesta, beloved children of the Sun, greatings on behalf of the Light Which comes to Earth through the Consciousness of the peoples who are living in the Upper Chamber magnetizing them by the Power of the Light, that SACRED FIRE Which is Ours to give and yours to receive, utilize and expand. Thank you, and be seated!

Be seated in the Light and in the sight of the Sun! Our Aura carries only blessing to all life; Our Aura carries the very gift

of the Energy by which you have being, and carries within Itself every Virtue which you require as you move victoriously upon Life's way. That Aura Which is the Light of the Sun is a permanent part of your aura, too, when We join together in companionship and understanding as to that which We desire to accomplish.

That which We desire to accomplish, beloved ones, is to reinstate Perfection upon this Earth. And to reinstate the Perfection of every electron and every cell and every atom of every living thing in, through and around the Earth until the Earth is again, as beloved Vesta and I first visualized It, and then projected It forth, so that the beloved Ascended Master Saint Germain might have a most glorious Holy Star for you to enjoy and for the Spirits of the various Nature Kingdoms, the gnomes, the undines, the sylphs and the salamanders.

Will you accept, beloved ones, today the rising of the Sun as an activity of the rising of the Sun of Light within your hearts, illumining your consciounsess, vibrating through every cell and atom of your beings and expanding forth until it encompasses the Planet until there is enough Light that the Karmic Board Itself shall say 'This Planet now straightened on Her axis, peopled by God-free peoples, is truly a Home of the Ascended Master Saint Germain.' Then when We absorb into Ourselves the Beings of Mercury and that Great and Mighty Star, the Planet Earth shall most easily move closer to Ourselves.

This is an orderly procession toward Godhood in Its Fulness!

So accept from beloved Vesta and from Myself Our gratitude that you know something of Our World as It was in the beginning and It shall be, incorporated into the beautiful energies of your own conscious understanding again. Thus you are part of the Great Light of the World. Thus I, too, as beloved Vesta, bow before you, giving to you the Light of Understanding, the warmth of Love and the tenacity of the Sun Gods in holding concentrated to the One Purpose - Goodness, until that Goodness is manifestly expressed for the benefaction of all.

Think on it if Immaculata after the laggards came from other Stars had looked upon the Earth and seen It besmirched with the astral and psychic creation about It, had thought 'well I shall not hold this Concept longer because the Earth is not expressing It'. As a Silent Watcher, if Immaculata, a God-free Being, had loosed that Divine Concept there would not have been that permanent Design into which various individuals turn in their endeavors to bring the Earth back Home!

It is much more difficult to work without a blueprint than it is to work with one, but Immaculata was constant and is constant. That Mighty Silent Watcher Who receives so little attention from any of you, was so constant in that great Love and no matter what the appearances were, She has held Her Pattern and has been One of the Great Beings Who has been responsible for the sustaining of the Earth because through the Elohim and through the other Builders of Form Who can return and look at that Divine Pattern time and time again when civilizations have been destroyed, when continents have been destroyed. They looked again into that beautiful Pattern and helped again to re-create It.

So give gratitude, please, to that Mighty Being as We do this morning. And know that there is also a Silent Watcher for you, each one; a Silent Watcher Who never slumbers nor sleeps; One Who refuses to accept imperfection from you or for you, Who is stronger than all the human creation which you might generate or have projected toward you; that Silent Watcher is close - have you forgotten? It is not easy in the outer but it is easy also to remember that One Who holds the Immaculate Concept for you and gives gratitude to Her. They are Beings of patience rare, as you can well understand!

I bless today, in the Name of the Sun, all of the Kingdoms - Virgo and Pelleur, Lunara and Neptune, Aries and Thor and every living thing in, through and around this Planet Earth with the Fulness of My Love, and Vesta and I, through that Love will help you to express Divinity through yourselves and others.

CHRISTMAS GREETING

We, the Staff of **The Bridge to Freedom Activity,** and all associated services join in wishing each and everyone of our readers a Joyous and Holy Christmas Season, and a New Year of Illumination, Peace and the manifest expression of your own CHRIST SELF. For your love, kindness, patience, encouragement and generosity over the past year, we express our deepest love, gratitude and blessings.

★

1961 CALENDAR OF HOLY DAYS

March 17	Saint Patrick's Day
April 2	Easter
May 1	Saint Germain's Ascension Day
May 8	Day of Lord Gautama's Enlightenment
May 11	Jesus Ascension Day
May 21	Pentecost (Whitsuntide)
May 30	Wesak Festival 11.38 p.m. EST
July 27	Asala Festival, 2.51 p.m. EST
August 15	Mother Mary's Ascension Day
September 30 . . .	Angelic Harvest at Shamballa
October 31	Elementals' Harvest at Shamballa
November 1 . . .	All Saints' Day
November 2 . . .	All Souls' Day
November 30 . . .	Mankinds' Harvest at Shamballa
December 25 . . .	Christmas Day

1961 CALENDAR FOR THE ASCENDED MASTER RETREATS

Open to the worthy chelas under the Direction of Lord Gautama

Ascended Master Sponsors for the Year 1961: God and Goddess Meru, Hierarchs of the Temple of Illumination, in Titicaca, South America.
Thought-Form for 1961: A Pink Rose.

1961	Name of Temple	Hierarchs
Jan. 15	Illumination	Lord and Lady Meru
Feb. 15	God's Will	Beloved El Morya
Mar. 15	Resurrection	Beloved Jesus and Mary
Apr. 15	Ascension	Beloved Serapis Bey
May 15	Violet Fire	Beloved Zadkiel and Lady Amethyst
Jun. 15	Precipitation	Beloved Lanto and Confucius
Jul. 15	Illumination	Lord and Lady Meru
Aug. 15	Liberty	Beloved Paul, the Venetian
Sep. 15	Peace	Lord Surya
Oct. 15	Wisdom	Lord Himalaya
Nov. 15	Shamballa	Lord Gautama
Dec. 15	Precipitation	Beloved Lanto and Confucius

For information and descriptions of the above Ascended Master Retreats, please read the booklet **A Daily Aid to Tune into the 1961 Monthly Retreats,** with Pictures of Their Hierarchs, for the Use of Sanctuary Directors, Group Leaders and Students, released by The Bridge to Freedom, Inc. RFD 1, Box 321, Charlottesville, Vir., U.S.A. Price $2.00.

1961 BREATHING STATEMENTS FOR TRANSMISSION OF THE FLAME CLASSES

The following statements are made four times preceded by the words, first time: (1) "I AM" (2) inbreathing, second time: (1) "I AM" (2) absorbing; third time: (1) "I AM" (2) expanding; fourth time: (1) "I AM" (2) projecting.

January 21, Titicaca. (3) from Beloved (4) Meru (5) His God (6) Illumination (7) Love and (8) Peace.

February 18, Darjeeling. (3) from Beloved (4) Morya His (5) Under (6) standing of (7) doing God's (8) Will.

March 18, Holy Land. (3) from Jesus and (4) Mary the (5) raising (6) Power of the (7) Resurrection (8) Flame.

April 15, Luxor. (3) from Beloved (4) Serapis the (5) Joyous (6) Power of the (7) Ascension (8) Flame.

May 20, Cuba. (3) from Beloved (4) Zadkiel the (5) Transmuting (6) Power of (7) Violet (8) Fire.

June 17, Rocky Mountains. (3) from Beloved (4) Confucius the (5) Precipitating (6) Flame and (7) reverence for (8) Life.

July 15, Titicaca. (3) from Beloved (4) Meru (5) His God (6) Illumination (7) Love and (8) Peace.

August 19, Chateau de Liberté. (3) from Beloved (4) Paul the (5) Pink (6) Flame of (7) God's Pure (8) Love.

September 16, Suva. (3) from Beloved (4) Surya the (5) Power and (6) Peace of (7) Love (8) Divine.

October 21, Himalaya. (3) from Beloved (4) Himalaya His (5) Mighty (6) Power of (7) Wisdom and (8) Peace.

November 18, Shamballa. (3) from Beloved (4) Shamballa Its (5) balance of (6) Love (7) Wisdom and (8) Power.

December 16, Rocky Mountains. (3) from Beloved (4) Confucius the (5) Precipitating (6) Flame and (7) reverence for (8) Life.

THE BRIDGE TO FREEDOM

A Monthly Journal Devoted to Individual Unfoldment, Contact with The Great White Brotherhood and Cooperative World Service

Vol. IX DECEMBER 15, 1960 No. 9

SELFLESSNESS, DISCRETION AND HUMILITY -THE BASIS OF PRECIPITATION

Letter from the Maha Chohan to the Transmission of the Flame Class of December 17, 1960

Beloved Ones seeking to learn conscious precipitation:

"I AM" desirous that there be re-animated within you, each and everyone, the power of conscious precipitation of good into your own dear worlds and then, selflessly, into the worlds of others. Remember, always, that when you achieve this power of precipitation, unless you are discreet, you will become a target for the greedy and yet uneducated (spiritually) consciousness of your fellowman. As in all God-Virtues developed, it is the wise chela, who learns, and in the silence acts, with neither thought nor feeling of personal reward. The one in whose emotional, mental, etheric or physical consciousness still lurks selfishness of any kind, will again attempt to gain temporal power through display of his seemingly extraordinary faculties. The Cosmic Law, then, has no alternative, but to remove from such a pompous one, the resuscitated faculty, until he learns TRUE HUMILITY. This Humility you shall witness before Confucius and His Guru, Lord Lanto. The Sponsors, for this thirty-day period are Gentlemen from Lord Confucius' Focus, graceful, humble and yet strong in their FEELING OF REVERENCE FOR THE USE OF GOD'S LIFE.

Love and Blessings
THE MAHA CHOHAN

YOU CAN VISIT OTHER PLANETS IN THE SAFETY OF PROJECTED CONSCIOUSNESS

Addresses by Beloved Lord Thor and Lady Aries

The Ashram September 27, 1960

BELOVED THOR SPEAKS:

I speak in the Name and by the Power of the direction of the energies of the Air Currents which I, Thor, send North and East, South and West carrying moisture, carrying warmth and all the activities of a constructive nature through the Sylphs of the Air. I, Thor, am never still. Those beings the mighty sylphs who work with beloved Aries and Myself have some of them grown to gigantic proportions.

Beloved ones, if I should release the sylphs of the air, who throughout the ages have absorbed the human creations of the peoples of this Earth until you had developed an affinity with them, think you the condition of the Air Element as those sylphs uncontrolled by Myself and Lady Aries should vent their wrath who have antagonized them through the ages! Therefore We are obeying the Divine Edict of holding in check each member of the director of the kingdom of the beings who serve under Us until the various little ones, and big ones too, who represent the Elemental Kingdom can find real love and affinity for mankind.

Although in picturization mankind have distorted the expression of Myself, it is true that "I AM" the Pressure which moves the very atmosphere, created by beloved Aries and in the moving of that atmosphere, keeping it circling round and round this planet Earth there is opportunity without limit for the alert chela to understand and cooperate with Me and beloved Aries and the sylphs, in doing what? In seeing that where there are mass pressures of humanly created substance that the power of Aries and Thor are yours to invoke and to move those pressures out perhaps into the sea, where they can be transmuted and then

carried by Helios and Vesta into the Sun for repolarization and no harm can be done to the peoples of Earth and those who are on Its continental surface.

I have never been the cause of a cyclone or a tornado, which should be self-evident to the thinking mind, but the sylphs of the air like human beings and imprisoned Angels have free will to a certain extent. They gather, just as disgruntled human beings do, in certain vortices where they build up through unpleasant feelings and thoughts and conversations, which is evident to Me though perhaps not to you, a vortex which becomes the "eye" of a hurricane, a cyclone, a tornado. Then that energy following a track causes destruction. You all know one of those mighty vortices is in the Caribbean and there I have established a Luminous Presence of the Elohim of Peace to arrest as much as possible of the turbulence of the Air Element.

Air can be your servant. It was the servant of the peoples of old. Air filled the sails of the early boats which came to your great country. Air is the life which you breathe in by which you live. Or the activity of the Air Element uncontrolled can be your master, for without air your physical vehicles would perish, but it is the allowing of the inhalation and the exhalation of air which is purified within every twenty-four hours by special Beings belonging to Our Divine Court that you have the use of the power of drawing the breath, holding it, expanding it and blessing it as you send it forth to some other part of life.

Now many peoples, much of life draws that energy in from the air currents, utilize it true to sustain themselves on the surface of the Earth but they release only that which is pollution into the atmosphere, instead of BLESSING to life. There again you have the activity of the perfect and rhythmic breath-drawing in of Our Gift of air, absorbing it within you, letting it expand through you, filling and vitalizing your vehicles with its essence and then as it passes from your bodies blessing it and sending it forth with a God Gift and Benediction to some other part of life.

To My beloved Aries, the Lady of My Household ---

BELOVED ARIES SPEAKS:

Beloved Thor and beloved ladies and gentlemen, We thank you so much for being interested in the atmosphere in which you abide.

I wonder how many of you have ever thought of a Planet without an atmosphere! There could be no human life upon it and all the various experiments which the peoples are making regarding trips to other Planets is dependent upon scientific research as to the atmosphere in, through and around those Planets. Of course, scientific accuracy is not yet perfected; the understanding that every Planet on which life abides has an atmosphere and that man-made atmosphere, no matter how expensive will not suffice upon another Planet!

Individuals who desire to rise in space and visit the various Polaroids, Stars and Planets have to accelerate to their own atmosphere, and do so in the safety of projected consciousness!

We are joyous and have been ever since the Great Helios and Vesta asked Us to have created an atmosphere for this Earth; the light blue of the morning to the deep blue of the night where the Moon and the Stars stud Our Garments. That is a living and palpitating essence by which you each and every one have life upon this Earth. Without it there could be no life. Without the Directors of all the Four Elements and Our subjects there could not be life upon this Earth.

If the atmosphere was removed it would do more than all the unpleasant ideas of the atomic age to remove life from this Planet, but We have not chosen so to do. No! We have adjusted Our atmosphere for you, each and every one, lowering its vibratory action as the Earth became more dense and giving to you as much of Our Air element as you can absorb.

Within that atmosphere is what you would call the 'astral realm', which is quickly being transmuted. Have you thought each and every one of you carries a personal atmosphere, which

is made up of your thinking, feeling selves. Is that atmosphere in accord with the Directors of the Four Elements? Is it in accord with your great and blessed Benefactor, the Maha Chohan, or Whatever Ascended Master Guru you represent? Or does your atmosphere vacillate? The vacillation of an individual's atmosphere is the instability in one of the four lower vehicles.

In My capacity as the Substance of the World's Atmosphere, I have to hold that very steady, beloved ones, no matter what creation goes on which is temporarily imperfect. I cannot allow one vacillation in the vibratory action of the atmosphere in, through and around the Earth, except that now We are accelerating it with the help and assistance of sincere chelas.

You as individuals have come far along life's path so that you should learn to control your atmosphere, personally, emotionally stable, mentally alert, etherically pure and physically charged with whatever amount of light is necessary to expand the perfection of God through you, and filling that atmosphere with the warmth of love, with the power of which Thor spoke, to direct the currents of energy wheresoever they are required and not allow them to enter into your personal atmosphere, until you, in the ovoid bright, are the Master Control of your own atmosphere. He who has learned the control of himself, THEN he can be master of others!

Let us remember that, thinking on the sylphs, the gnomes, the salamanders and the undines, thinking upon your dealings with your fellowman and all of life, remind the outer mind and consciousness constantly that you are IN GOD'S NAME His Holy Atmosphere. Sustain it for an hour - for a day! Ask the Great Michael and your Sponsor who has helped you and you will find Us your Friends, as We have been through the ages, and truly your Servants in the Light!

On Behalf of beloved Thor, Myself and the Sylphs of the Air, We remain ever, your humble Servants!

WATER CONTAINS THE ELIXIR OF LIFE

Addresses by Beloved Lord Neptune and Lady Lunara

The Ashram September 28, 1960

BELOVED NEPTUNE SPEAKS:

Beloved ones, I great you as the Spirit of the Water, that great "cushion" into which the continents on your planet are fit! I, Neptune, have been and choose to remain your Servant, together with the Lady Lunara.

The activity of Myself as the Father of Water and the activity of Lunara as the Spirit of the shining Silvery Moon is the same activity as that of each Pair of Divine Directors of the Elements -- the power of cohesion and the power of expansion. In the expansion of the energies of the Water Element there is more energy naturally within the emotional bodies of the peoples as well as the tides are at full ebb. At the time of contraction of the Water Element all of which is done by the rhythm between Lunara and Myself, there is less of that Element of Water in the rivers and less of it within your own being. That is a cosmic activity which has been explained to you before but which bears repetition.

The balance of the power of contraction and expansion is the rhythmic way of living. When you learn that, even in the use of your breath, drawing it in and expanding it, you will have rhythm in the vehicles which are yours to command, including your physical, etheric, mental and emotional garments.

The mighty undines who come under the charge and direction of Myself have served mankind since first Immaculata and the beloved Elohim created this Planet. Into the depths of the seas for purification has gone every type of life, even continents for the purifying essence of the salt in the waters. When continents are again to sink and to rise later in purification, you will see the crystalline substance which through the ages beneath the seas

We have utilized to make those continents beautiful again and shining and bright as They were before mankind polluted them.

Who is it that serves beneath the seas? The undines - the undines great and small - under Our direction true, We being in turn directed by the Cosmic Beings Who hold each group in their certain place.

Beloved ones, I deal, as does Lunara, with perfect balance. Without perfect balance in the Water Element, think what would happen to your seas. Any great oceanic body allowed to continue to swell and swell would eventually cover all of the continental surface of the Earth, but We serve in that activity of balance, allowing the seas to come in with their purifying air and to recede taking the residue with them, back into the deep for purification. That is the activity of balance! Have you done, and can you do as much with yourself? Think on it!

The natural color of the Water Element is a beautiful blue, shading on the aquamarine but through the same activity which has temporarily weighed down the vibratory action of all of the Four Elements, the great waters are changed in color both by differences of climate and by pollution, but one day you shall see crystal waters again, those waters which were foreordained of The Father as a gift of refreshment, ablution and a gift to cushion the continents and give beauty through reflection to the great mountains and their lakes.

We have loved you long and We have served joyously, I can say, as your great boats as well as the smaller ones have utilized the surface of Our seas. We have experienced great pleasure in any gift which pure water can give to you. As the beloved Aries said yesterday of the Air Element, if you were without water perhaps you could understand more its intrinsic value. This I hope shall never be!

You have in past embodiments known what it was to be without water. There are in your etheric bodies those vibratory actions of fear concerning that experience but today with one sweep

of Our Hands, We remove those etheric experiences and all that fear, until water becomes for you a friend, until YOU KNOW in your being that within every drop of water is the love of Our Hearts and the Elixir of Life Eternal. Until you recognize that in the control of the Element of Water within your own emotional bodies, you become qualified to become, to be, the control of the entire Water Kingdom, when and where We require your assistance and God-protection for great numbers of peoples and many living things who have not this conscious understanding, know not even of Our Names nor of Our Service. I LIVE FOR THAT DAY!

To beloved Lunara, blessed of Light:

BELOVED LUNARA SPEAKS:

My beloved Neptune and gentle assembly, many have been affrighted of the Spirit of the Moon. I wish to put you at peace in the realization that the activity I represent with the beloved Neptune is an activity of stimulating the latent virtues within your Holy Christ Self and accelerating the latent virtues within your own Causal Bodies that they may expand through purified emotional, mental, etheric and physical vehicles.

The difficulty has been until this day that the stimulation of those energies in your Great Causal Bodies, in your Holy Christ Selves have stimulated and accelerated untransmuted causes and cores of diattress in the emotional, mental, etheric and physical vehicles as well. NOW!!! These are to be removed and you can feel My love flow to you as I endeavor to, and shall, stimulate the goodness already planted in your lifestreams, earned through aeons of living and living as pulsating bands of Light in your Causal Bodies, living within the virtues within your hearts, living within the Seven-fold Flame upon your forehead and those constructive momentums of the four lower vehicles which you have builded through countless aeons of time, not only upon this Earth, beloved ones, but upon other Planets of this System as well.

If the farmer does not choose to place his seed into the sweet earth and expose it to the radiation of beloved Helios and Vesta's Light of the Sun, he shall not have the shoot, the foliage, the flower. If the conscious chela does not desire within himself to first weed out his garden through the call to the Great Astrea of all emotional, mental, etheric and physical fear and its attendant tentacles, then lovingly and in Full Illumined Faith place those vehicles before My Presence, I cannot, because of your free will, externalize through you as fully as I would otherwise the virtues which you have desired to manifest and which you have felt limited in manifesting unto this day!

We give love. Every Director of the Elements gives only love else We would not have served so long. We give love to mankind, imprisoned Angels and to every living thing; to the blessed undines who have served so long and We have given love to everything which has been placed within the Water Element since the great continent of Mu and of Atlantis down to every individual who has passed from this Earth at sea, and that love has purified that essence. When Atlantis again arises, as My Beloved has said, shining and bright will be the radiance, the crystalline substance of the hermetically sealed Temples and you and I shall be grateful We have served together for this day!

To the Spirit and the soul and the heart of each of you, I give the blessings of the Water Element, blessing from beloved Neptune and Myself. May you live in the realization of Our friendship and Our abiding love!

ELEMENTALS CAN BE YOUR SERVANTS

Addresses by Beloved Lady Virgo and Lord Pelleur

The Ashram September 29, 1960

BELOVED VIRGO SPEAKS:

Blessed and beloved, you who are My guests upon this Earth, I thank you for assisting in the purification of this planet.

How aeons have passed since first you came to Me from distant Stars and enjoyed the pleasure of this Sweet Earth, every electron of which is made up of My Own Electronic Body; every electron which has been temporarily despoiled shall be returned in this Era and Age to the glory of the Ascended Master Saint Germain and you serving upon this Earth to that purity and perfection and protection again.

It has been My joy to be the nourishment through the energies of My Being of every harvest you have known. It has been my joy to be the platform upon which your blessed feet have stood, as well as that of the glorious Ascended Master Jesus and beloved Buddha's feet (now the Lord of the World) Whose imprints yet remain upon the breast of the substance of this Earth.

We, too, have been patient I think you will agree with not only those who have loved Us and who have enjoyed serving with Us but also with those who have taken Our Life and used it to their own personal advantage, not blessing any part of life with their gifts. The vibratory action of Our patience is stepped down into Our Element just as you channel from your Causal Bodies the gifts and powers into your Holy Christ Flame, do We channel into the gnomes and all those in Our Element that patience which sustains their service and to bless forever the opportunity given even by a recalcitrant mankind to serve them, for they grow thereby.

I think of all the smaller beings. The most mischievous are the gnomes - the gnome that is not on the ascendancy but who

is engaged in mirroring some of the distortions seen around him and some little ones on occasion have to be called before Us to be reprimanded. It would be wise indeed if you in any case regarding the salamanders, the sylphs, the gnomes or the undines would ask Us to help you to bless them and to hold them in their perfect place as co-workers with you, for this is Our Reason for Being.

You do not always know how much elemental life might be playing 'games' with you so to speak. Therefore causing you unnecessary discomfort, but you can make the call to Us and We in turn will see that those elementals of the most constructive type and nature are the servants of your life-streams. We will remove and place in school for re-education those who have gotten out of line. We do that anyway but with your conscious understanding of it and calls to Us as the Directors of these baings, We can give you assistance.

There is in you a lot of the Earth; of the Earth-earthy is an expression; well! That means there is in you a great deal of Myself and as We accelerate the vibratory action of the entire Planet, that substance of earth which is within you is good. It will accelerate with Me and become part of the Light of the World.

Therefore I ask you to bless the landed surface of the Earth and the gnomes who are within It and be so grateful indeed for all beings who for the most part unseen serve not only around you but make up the very structure of your physical vehicles. Time after time after time as you take embodiment. Those little beings at this close of this embodiment through the Power of Transmutation, through the gift of the beloved Serapis Bey and the Brotherhood at Luxor and the great Ascended Master Saint Germain and that Mighty Violet Flame shall be purified and returned to the Sun and form then a part of the glory of your Causal Body as you work as God-free Beings, never again hampered by human creation!

I turn My attention, and you turn yours too, to beloved Pelleur, that great Being Who with Myself holds the Earth in Her orbit:

LORD PELLEUR SPEAKS:

Beloved Virgo, beloved ladies and gentlemen here assembled, "I AM" Pelleur, the actual POWER which holds the Earth in Her place in the Solar System! COME NOW from lethargy into Light and understand that the very Earth Herself, even Her axis being bended, would not remain nor would the souls belonging to this Planet remain on this small globe if it were not the cohesive power of My Love which science chooses to call 'the gravity pull' of the Earth!

Think on it! When you place your feet one before the other on an appointed task, human or Divine, if there was no cohesive power which is the power of Love Divine beneath your feet you would sail into outer space. Even in the process of walking you can be grateful for that cohesive power which We maintatin in the very center of the Earth, where the Masculine and the Feminine Rays of Beloved Himalaya and Beloved Meru join and where the great Spirit of Cosmic Christ Peace serves with Me constantly holding the substance of the Earth and radiating from Its center to Its periphery the Love and the Light of Our Beings. That Love is the actual substance on which you stand. It is the substance which makes up your chairs upon which you are seated. It is that Love which holds all the Beings Who belong to this evolution and have been accepted by this evolution in the orbit of the Earth. It is that Love which has accepted again, again and again the excrement of human life and through kindness transmuted it into purity and perfection.

Beloved Virgo speaks of the mischievous nature of the gnome, which I can confirm, but where else is his joy, living as he does for the most part under the surface of the Earth and performing those tasks of preparation for every season of the year to bring the harvest; performing those tasks of trasmutation! Think on it! Their service is not one of complete and absolute joy but it shall

so become. They have Causal Bodies too - miniature ones - every gnome, sylph, undine and salamander has a little band of Light which is its own record for the good which it has done throughout the centuries of being. That record will, as in the case of humankind, be read when greater positions of trust and authority in the Elemental Kingdom are open, there will be those always who are ready to fill them.

Thus We represent, as do All Those Who have preceded Us, the Power of contraction and expansion. The Earth breathes you know and through Its many pores comes the Pink Light from Its center. When the Earth does not breathe, you have witnessed certain portion, if not in person at least in picturization where great destruction was done, the Earth for the time breathed not there. What have you?... Desert sands upon which nothing can grow or barren swamps. All that is in the process of redemption.

Now take your own bodies --- would you care to have ten billion people utilize your own physical body as they desire for twenty-four hours? I think not! Then think how We, the Directors of the Elements, together with Our great Kingdoms feel when We have given Our very Body's Life, in patience, to have Them so imperfectly used. It is not the part of kindness nor of wisdom. "I AM" strong in My endeavor to convey to you THE POWER which lies within cooperation with the Directors of the Elements NOW, and then should there arise an occasion where individuals or any living thing required assistance, you being Our God-friends could give and will give that calming balance, peace and understanding even though you may not have to speak a word.

It is in the NOW, TODAY, that We ask that that Peace be created between you and the beings of nature and it is today, the Anniversary of the Feast of the beloved Michael, the great Prince of the Archangels, that We ask in love that you give Our Peace to all you contact.

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The Thought Form for this Autumn Class of 1960 has been a tremendous many petalled leaf enfolding the Earth.

THE BRIDGE TO FREEDOM

A Monthly Journal Devoted to Individual Unfoldment, Contact with The Great White Brotherhood and Cooperative World Service

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THE BRIDGE TO FREEDOM

A Monthy Journal

Vol. IX **January 15, 1961** **No. 10**

TEMPLE OF ILLUMINATION

Near Lake Titicaca, on the Peruvian- Bolivian Border, South America

(The Ascended Master Retreat of the Month)

January 15th through February 14th 1961

Hierarchs: God and Goddess Meru; **Color of Flame:** Gold and Pink; **Musical Keynote:** "Faith of Our Fathers", Hemy Walton.

BREATHING STATEMENT FOR THE TRANSMISSION OF THE FLAME CLASS OF JANUARY 21ST, 1961

(1)	(2)	3	4	5	6	7	8
"I AM"	inbreathing	from-Beloved	Meru	His-God	Illumination	Love-and	Peace
"I AM"	absorbing	from-Beloved	Meru	His-God	Illumination	Love-and	Peace
"I AM"	expanding	from-Beloved	Meru	His-God	Illumination	Love-and	Peace
"I AM"	projecting	from-Beloved	Meru	His-God	Illumination	Love-and	Peace

References for Sanctuary Directors and Students

Description of the Temple of Illumination: See "The Bridge Journal": Vol I No. 4; Vol V No. 5; Vol VI No. 4; Vol VII No. 5.

Addresses by the Ascended Lady Master Nada: See "The Bridge Journay": Vol VII No. 11; Vol IX No. 2; and Series IV, booklet 1.

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LEARN THE SELF-MASTERY OF UNDISTURBED PEACE

Monthly Letter to the Flame Class of January 21, 1961

Beloved children of God seeking Permanent Peace:

Welcome to the glorious Focus of the Great God and Goddess of the Andes Mountains, Lord and Lady Meru. I shall meet you there, and hand in hand, shall enter into the heart of Their Temple and look upon the Illumination Flame. You shall be assigned a Lady Sponsor Who will endeavor, during this thirty-day period (January 15th through February 14th, 1961) to anchor into your feelings, primarily, that everlasting Peace which nothing (not even a seed of discord that has not been transmuted within your inner vehicles nor that of others) can ruffle or disturb.

One man, woman or child, learning the self-mastery of UN-DISTURBED PEACE, under all circumstances, can through the expansion of consciousness, hold an entire continent in perfect balance. In early ages, this God-Illumination, self-mastery, and sustained peace, enabled those so equipped to sustain the entire Earth during Her lowest ebb.

Now the Earth and Her attendant evolutions are rising out of darkness into LIGHT ETERNAL and many of the earnest and worthy chelas shall be required to help in holding the equipoise of the earth and Her evolutions during this time. Through the opening of the Ascended Masters' foci to you and Our Presence with you, such opportunity as you know not of, is at hand.

Anticipating your visits with Us at the Temple of Illumination and Peace, "I AM" ever-lovingly, your Friend and Servant to one end, EARTH'S REDEMPTION NOW.

My love and blessings,

MAHA CHOHAN

ASCENDED MASTER SAINT GERMAIN
Chohan, or Director, of the Seventh Ray
and
Presiding Authority for the next 2,000 year Cycle

WHAT WE HAVE TO DO IN THE NEXT 2,000 YEARS

An Address by the Beloved Ascended Master Saint Germain

Dearly beloved friends of My Heart, you who have responded, to My call, you who have through the veil of maya reached your strong hands, who have opened your heart both to My calls and to My Presence, who have opened the energies of your mental and feeling worlds in the substance of the physical appearance world to further My Cause over a period of years, to you I give My personal gratitudes, My love, and My undying devotion and friendship for being among those willing to serve; willing to grasp a part of the vision of the great future, willing to open your consciousness to that which seems like fantasy to the masses, and willing to weave out of your mental, emotional and physical energies a portion of that vision in the world of form that it may stand as a manifest example of that which is to be.

Co-operation between men, Angels and elementals

The next two thousand year cycle, which the great Cosmic Law has permitted Me the honor and with all the responsibilities to represent, is to bring in an understanding of ceremonial worship and a kindly cooperation, first among the human race themselves, and then when they are at least in some accord, the members of the Elemental Kingdom and the Angelic Kingdom as well. These three great Kingdoms who have used the Earth as a habitat, who have breathed the air, who have used freely the waters and substance of the Earth through the ages, these Kingdoms have grown so far apart in consciousness that there is no means of communication between them except by the very few.

Those few who represent the heart of the nature kingdom and take human embodiment, are sometimes able to reach through the Elemental Kingdom, or through the flower, the birds or with the four-footed creatures, and in that way accelerate the consciousness of such an one and bring assistance to that realm. Our beloved Kuthumi as Saint Francis was One, and you know

the gentleman who has recently rendered such a service in that same capacity through a colored body. (Dr. Carver).

The Angelic Kingdom is very well relegated to the realms of fantasy and are drawn out more as ornaments than as living beings of intelligent consciousness and power to assist. It is to bring into alignment the consciousness, the understanding and the desire for unity before these three kingdoms that I have come, and to bring into alignment which is more difficult even than the above, the seven types or Rays of evolution, the seven types of men who will perform the activities of the ceremonies in the days and years ahead.

The Work of the Centuries ahead

We are at a new beginning, a new and humble beginning which will be written upon the pages of life and which will be read by consciousnesses less fettered by the effluvia of the ages; more ilumined by reason of your application and use of the Violet Fire; more able to grasp that which We say today. In the centuries ahead those individuals will work out and develop the truths, the ceremonies and the activities that We have written through the energies of Our Life, and **you** have written into the substance of the Earth through your energies and reading, they will comprehend even as it was long after the advent and mission of the Master Jesus.

It was long after the removal of the Main Figures of the Christian Church upon the screen of life that the ceremonies have drawn the Angelic Host, the Devic Beings and have kept a connection with the consciousness of beloved Jesus and Mary, and Lord Michael, the Archangel, and Those Who have achieved the right to live in the realms of immortality; it was long after the removal of these simple, humble folks that this development took place. You cannot, as they say, build Rome in a day but it is the strong spirit with the confidence of faith in their consciousness, with enough drive of enthusiasm, with a certain ten-

acity of will, and when you find these individuals with a perception and intuitive development and the capacity to expend the finer vibrations, that combination is rare indeed; and yet it must be used in the mystic of the new order to build a strong and firm foundation for this two thousand year cycle.

There is no such thing as failure connected with the turning of the Cosmic Wheel. Every fourteen thousand years that Wheel makes a complete revolution. In the two thousand years alloted to the Being Who has been invested with the power of the Chohan of the Ray, He may using His own discrimination, intuitive faculties, inspiration and God direction, use whatever consciousness, whatever lifestreams are available to Him in order to bring an understanding of the particular type of worship that will engage the attention of the people for that cycle. If some do not respond, the He endeavors always to secure the assistance and cooperation of others. These cycles are provided in order to animate certain of the spiritual centers in man. We have described this to you before.

Preparation for the coming of the Avatar

In the two thousand year cycle when the Ray is predominant on the Earth, Its Chohan is actively engaged in bringing the worded instruction of The Law which will best invoke the powers of that Ray ino the outer consciousness of mankind. The Chohan is engaged in developing the individual chelas through whom He endeavors to reach mankind, and also preparing for the coming of the Avatar of that age. He is endeavoring through the chelas and the group activity, if He can be so fortunate as to secure it, to pour forth a blessing and a condensation of radiation which will be beneficial to the entire population and the Elemental and Angelic Kingdoms during that era.

The activities of the Chohan are diversified in the extreme. We live under Cosmic Law which We may not supercede except by application to the Karmic Board, for which We must give a very good reason. If that reason is proven in the world of man

as of benefit to individuals or to many, the Karmic Board will allow the Chohan certain liberties to look through the eyes of the chela, speak through his lips, act through his hands, walk through his form and build a firmer and a stronger foundation.

You have responded to the Call

You are those who have responded to a subtle call! It is the same call which went forth at the beginning of the Christian dispensation. The Holy Mother chose to speak to you a little of My activity endeavoring to prepare the ground for the Master Jesus; to prepare the consciousness of certain men and a very few women for the coming of the Nameless One. Through that dispensation which allowed Me by the Law, the heavier consciousness of the outer selves of those chosen, those who had vowed to participate in the Christian pageant were alerted to a degree, and when the call came to Peter, Andrew, James and John and the other of the disciples, they were already within themselves **listening,** where otherwise they might have been pursuing their daily occupation with the thought which was prevalent in the Jewish race at that time, that the Messiahship, while it might come within their lifetime, yet might be delayed for hundreds of years.

It was so that John the Baptist, looking up from the Jordan had been alerted and was partially prepared for the coming of the Nameless One. The Law did not allow Us to transfer an understanding to the chosen of Who was going to embody as the Christ. The Law did allow us, however, to stir the lethargy of the mind and to break through the aura from the mass creations of the day, sufficiently so that there was an acceleration of soul and inner consciousness. The preparation then of the individual through his own application became his obligation to life. When I went to those gentlemen and ladies, I was privileged to say to them: "You can prepare to take part in a great activity that is about to break on the screen of life, by individual application and the acceleration of your physical and inner bodies. I am

prepared to give to you certain personal hints, which you may or may not do." There were many to whom I went, a humble unostentatious figure, who thought Me mad. There were many who thought Me a seeker after place. There were many who thought I was promoting some scheme or deceit. Everyone to whom I went did not take My words and ponder them in their hearts or take My application and weave them into the energies of their own worlds. Many there were when the triumphant baptized Jesus walked from the Jordan who did not hear the "mystic note", who did not respond because the forerunner was scorned.

Individual preparation indispensable

I had finished My activity of preparation. I had secured through the assistance of Lord Divino (Lord Maitreya then), Holy Mary and Others the right to make this preparation, otherwise I do not feel that any would have known Him for more than a great Teacher. It was that **individual application** and power of Light which surged through them that enabled them (think this through) to stand up and leave home, responsibilities and personal obligations, following those few words, "Follow Me". Could YOU do it beloved ones?

Opportunity comes to men and women in every era and every age in many disguises. Opportunity comes humbly, naturally, unaffectedly. Opportunity comes, waits a while at the threshold of individual consciousness, and then, because time is precious the great Cosmic Rays must sweep onward and to another door. And standing there if welcomed therein, and the vital energies of the lifestream accept Her, there She waits to bid welcome to the Chohan of that Ray. And here is a heart dedicated, consecrated and sincere. Here is a heart where the Lord may abide and plant the seeds of vision where they will be nourished and developed - a harvest of worth - and so that Lord, where He may, enters in and there abides, and the individual accepting that power and responsibility, obligation and opportunity BECOMES the "DOOR" so far as his own capacity and development will allow.

The importance of Forcefields

Now I thought today, "What shall I say to these earnest students?" Every few months for a few minutes I am given access to their minds, and yet these people among all those on the planet Earth have opened their hearts to opportunity and have invited Me in! These people have opened their hearts and created focuses on the Earth - Sanctuaries, Reading Rooms, Homes where the Masters may come and go at will; where the Angels and Devas may rest as They move on Cosmic missions among the creations of the lower atmosphere; where lifestreams tired to death of the sense activities may find some surcease from the pressures of the day. You know it is nice to have homes on Earth! Homes with you, blessed ones. The Sanctuaries and the small dedicated rooms are funnels through which We can Pour our concentrated essence to bless a city, the nation, and the world. Why? Because in a permanent location We have constant access to a forcefield and We can use that forcefield as you do an ember and fan a flame. You must have the ember or spark to get the Flame!

Therefore, these forcefields, no matter how small they may be, can be fanned and fanned and fanned by the power of the Cosmos as the requirement of the hour comes until they can become world engulfing. The larger they are, the more dynamic and more rhythmically fed, the less of Our energy is required for such fanning. Even for a tiny spark, a glowing ember in the darkness of this Star, I am so eternally grateful. You are sanctuary and group directors and individual who aspire to become group leaders. You are individuals who have not only sat at the feet of the Masters but have decided to stand up and DO SOMETHING about expanding the activity of Their Love - and for this - I am so grateful!

THE RAY OF WISDOM

By the Ascended Master Kuthumi

The Ray of Wisdom, of which I am but one facet, is little interested in the world of man. It does not deal with knowledge, which is an accretion of intellectual facts, nor mental genius. True Wisdom comes from facing the Sun **within,** and drawing forth the conscious realization that all reality, Truth, Beauty and Understanding may be found **within the Flame of one's own heart!** By litening to the Voice of the Silence in humble and silent reverence without mental concepts or emotional restraints, one becomes imbued with Wisdom. The wiser one becomes, the more silent is his tongue; the more peaceful his emotional world; and the less thinking he does with the brain.

This is the Second Person of the Trinity referred to as the "Son", although this is often taken as a parental-child relationship. Its inner significance is S-u-n and when you really know that the only reality is this SUN, the world of maya can no longer touch you. This is the Path of Wisdom; the period of listening and waiting that signifies the cross-legged Buddha resting from the arduous climb on the Ray of Strength and Purity.

Outwardly it will be a period which, in comparison to your struggle, will seem peaceful, quiet and serene, for you are not tested in strength now but in **patience inwardly.** However, let Me warn you that it is one of the most difficult steps on the Path, for until you can hear the Voice of the Silence, you are running on the periphery of Life, shouting with the multitude the hollow hosannas that resound nowhere but in your own ears.

You will find Me, perhaps, a gentle and lenient Master because the Way of the Silence cannot be forced, but let not My gentleness deceive you, for beneath it is the "rod of iron". The Blessing of Lord Divino previous Lord Maitreya, rest upon you and I shall endeavor to visit you often this year.

(Reprinted by request)

THE BRIDGE TO FREEDOM

A Monthly Journal Devoted to Individual Unfoldment, Contact with The Great White Brotherhood and Cooperative World Service

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GREAT GOD MERU

Great God Meru from Your great mountain height,
Blaze on us now Your love and Your light,
Illumination now let Your light bring,
Until our Earth Its Victory can sing.
Great God Meru, we love Thy Name,
Blaze on mankind Your great Love Flame!

Long ages waiting Your gifts to release,
To help mankind to permanent Peace,
Guarding with love that great focus of might
Illumination's great Cosmic Light.
Great God Meru, we love Thy Name,
Blaze on mankind Illumination's Flame!

Protect and guard all who strive to do right,
Guide and direct each one to This Light,
Awaken Peace in the hearts of mankind,
That once again Perfection they find.
Great God Meru, we love Thy Name,
Blaze on mankind Thy Sacred Flame!

- Charity Masters -

Melody to Hymn Tune - "Faith of our Fathers
by J. W. Walton

ON MANUS, ROOT RACES AND DIVINE COMPLEMENTS

An Address by the Great God Meru

Blessed and beloved children of Life, seeking the way of Truth, welcoming the Flame of Illumination into your outer consciousness in order that you might enrich not only your own soul growth, but that of all whom you contact - to you I come - bringing all of the blessings from Our Holy Mountain, all of the blessings of the Brotherhood of Illumination and all of the individual blessings of My Lifestream!

For many, many ages now have We guarded and sustained that Focus of the Illumination Flame which We honor. Some few of the more advanced among the race have found their way into the heart of the Mountain wherein that Flame abides. In the future when the spiritual pioneers have opened the emotional, mental and etheric pathways toward Our Mystic Retreat, more and more of mankind will become physically aware of the spiritual radiation which is held within the great Andes Mountains and you will see that those who have clung for many ages to the desire to enter into the great Himalayan Range will begin to turn their spiritual pilgrimages to the West.

Transference of Records from Himalaya to Titicaca

We are in the process of preparation for such changes; for several years there have been transported from the great Retreat of My Brother Himalaya priceless scrolls and scripts which have been prepared by the Sages throughout many ages and which have been preserved unto this present day, and which will, when mankind is raised above the consciousness of greed and selfishness and the capacity of self destruction, be released for the use of the masses; self-evident proof of the Truths as presented by the many Avatars, and Masters of Light and Wisdom under which the members of the race who will then be living on this

Earth, have sat before. They can place their hands upon the parchments; they can place their fingers into the grooves made in the stones; they can feel the very substance of the energy of their own Master of Light, Who ages before, made these written records and that contact with the physical substance of Earth, which has been so carefully preserved by the great Himalaya and His Brotherhood, and which now We have taken upon Us the responsibility and obligation here in the Andes. Such connection with the Ascended Masters substance and the physical substance of the world will revivify the etheric memories of the Truths which that Master or Avatar taught, and those individuals who are coming into embodiment will enjoy the great civilization being born in South America, will have the joy of these magnificent treasures of every kind and every description.

The Responsibility of the Manus

The subject of the MANU has been in your minds and I would like to explain it to you. Manus have been provided for the Seven Great Root Races who naturally belong to the Earth's evolution. Each of these Manus, Myself included, is responsible for a Root Race and Seven Sub-Races which come under Him. Each Manu cannot be free - He does not choose to be free - until every member of His Root Race and the Seven Sub-Race belonging to It, is redeemed and ascended into the God Perfection from whence it came forth in the beginning.

The first three Manus completed Their service because the radiation on the Earth was not yet polluted by the coming of the laggards from other stars. Their Root Races embodied, Their Sub-races developed, and the people ascended having completed in approximately fourteen thousand years in each cycle, their evolution.

Himalaya, the Manu of the Fourth Root Race

When We come to the great Himalaya, as the Manu of the Fourth Root Race, We have many Fourth Root Race people and

the successive Sub-Races still in embodiment, so the great Himalaya is one of Those Who is an Exile of Love, remaining in the great Himalayan Mountains and serving and blessings those individual lifestreams belonging to the Fourth Root Race and Sub-races who have not completed the Ascension. That includes any members of the Angelic Host who came out with the Fourth Root Race, any of the Guardian Spirits who came forth from other planets at the inception of the Fourth Root Race, any elementals who became imprisoned at that time and all living things everywhere.

The Lord Himalaya is therefore responsible for the redemption of all of the mammals and the animal life, some of which is still in a state of suspended animation beneath the cap of frozen wasteland and it is the responsibility and obligation of Lord Himalaya and His Lieutenants and chelas and unascended friends and those who belong to that Race to make that redemption possible.

Vaivasvata, the Manu of the Fifth Root Race

The Great Vaivasvata Manu is responsible for the evolution and restoration in a similar activity of the Fourth Root Race and all of its Sub-Races. It is My obligation, of course, to bring to maturity the Sixth Root Race upon the planet Earth, including all of its Sub-Races.

Now, why exactly does a Manu take on this responsibility? A Manu is a Perfected Being - a Being Who has already developed the perfection of the Godhead and Who offers to a Sun of a System (in Our case Helios and Vesta) to be a God-Parent to a certain number of Spirit Sparks which will be drawn forth upon a planet.

The descent of the Two Divine Complements

These Spirit Sparks are directed by the Father and Mother of the System - Helios and Vesta - into universal light, becoming a glorious Immortal Three-fold Flame and then around It is a

great White Fire Being; that White Fire Being in turn projecting forth the Two Divine Complements - all still in the realm of perfection. These Two Divine Complements as They dwell in that realm of perfection, have free will and they can choose to descend through the entire Seven Spheres where perfection exists, ligering as long as they desire in each of the Spheres and assimilating as much of the instruction as they desire.

You may think it peculiar, but the Two Divine Complements do not always proceed together through the Seven Spheres, because through free will, one sometimes will remain a little longer in the First Sphere and perhaps the other move on to the Third. It is exactly the same as when one of the Two Divine Complements chooses to take embodiment - but for the purpose of My illustration your have the Two Divine Complements descending through the seven spheres, because only those who have passed through the seven spheres, starting of course in the White Light around the Presence of Helios and Vesta, the Electronic Belt around the Sun and moving out through the spheres similar to the colors in your Causal Body.

When they have passed through these seven spheres they have developed around themselves a Causal Body which has predominant within Itself a specific band of color. Then, through free will, those beings, and only those who have passed through the seven spheres at inner levels and who have drawn a band of color large enough to be acceptable to a Manu, apply to the Manu to come in with a Root Race as a Guardian, as a part of the race, or as an Angelic Guide.

Meru, the Manu of the Sixth Root Race

The Seven Manus Who applied for the opportunity of taking charge of these Spirit Sparks were desirous of guarding those individuals who desired to come into embodiment on this Earth, and those who desired to come in as the Sixth Root Race were those whose radiation in the Causal Body was predominantly gold in color. They were given into My keeping and then I, in cooper-

ation with the Karmic Board and in cooperation with the Laws of embodiment, was allowed to bring through the gates of birth the beginning of the Sixth Root Race and some of the Sub-Races which are beginning to infiltrate the masses of mankind.

All of the Sixth Root Race and Its Sub-Races are not yet in embodiment, therefore, My task is comparatively new insofar as redemption is concerned. My task and that of the Goddess Meru is to reap, really, where Others have sown because as Himalaya and the Vaivasvata Manu and all of the beings who belong to the earlier Root Races, all of the laggards who are being called into action, and all of the student body are purifying the atmosphere, more and more of the Sixth Root Race lifestreams can come in and they, of course, will be finer, more delicate of form, more beautiful and more highly attuned and developed. They can be easily distinguished by any who have studied the Law of the Root Races by the perfection of their form. They have the perfect oval face and mostly are golden of hair and blue of eye with certain exceptions, where We have chosen to give assistance to Himalaya through Oriental embodiment, and those individuals have taken on and will take on the features of the race into which they embody to help and assist Him.

The Vehicle the Manu uses

The Manu, Himself, is a Perfected Being, and utilizes a vehicle prepared for Him at the inception of His Root Race. This is a most delicate and subtle subject and one which cannot be dealt with to all mankind, but a Manu is already a Perfected Being, the Ultimate Archtype of the entire Root Race and all of the Sub-Races, the Perfection which God the Father and God the Mother of the Almighty Universe desires to manifest through that Race. Therefore, such an One, contrary to previously presented instruction, does NOT Himself embody any more than the Avatar, but you have the Mystic Union as you had with the beloved Lord Divino (Lord Maitreya) joined with the consciousness of Jesus, the Christ, at the Jordan and the Two became

One, so that Maitreya through Jesus might bring the powers of the Cosmic Christ to man.

So it is with the Manu. We have seen it written that the Manu, Himself, takes birth. The Manu is offered by a very pure and beautiful pupil whom He has trained at inner levels but who not yet ascended - He is offered by that one the preparation of a body. Then that blessed pupil comes naturally through the gates of birth, like Jesus did, and he holds within himself as clear and distinct as possible the picture of the great Manu, his Teacher. That picture is also closely held by the Devic Protector Who stands around both the chosen mother and father as well as the embryo as it develops, and sometimes, almost always, the mother and father are aware of the sacrifice and the preparation and the Trinity - the Mother, the Father and the Child - prepare the Cup and then at a chosen time, according to the receptivity of the pupil who has embodied and according to the cosmic moment when the Manu is needed to be expressed on Earth, is the union made. Sometimes in that union the soul of the pupil departs and the Manu Himself wears that body for as long as He may choose; sometimes the soul of the pupil remains and the Manu uses it only fleetingly, so that He can continue His work at inner levels and not be constantly concerned with feeding, clothing and performing the necessary tasks of sustaining a physical form.

Saithrhu, the Manu of the Seventh Root Race

This, beloved ones, is as clear a description as can be given to you of the activity of the Manu of the Race. I have seen One of the Manus take the form of the infant at the age of five. In the case of the great Himalaya the possession by the Manu was at the age of twelve. In My own case, I have not yet prepared My vessel. It will come when the Earth's axis is straightened and the great jungles and morasses and all of the reptiles, the insect life and vicious foci in South America are redeemed and transmuted and that Continent becomes the beautiful paradise which it is destined to be. Then again the splendor and magnificence

that We knew with the Father before the world was, will be manifested in South America and the Great Divine Director - SAITHRHU - and His Seventh Root Race and all Its SubRaces will enjoy all of the Western Hemisphere as a literal paradice on Earth - Saint Germain's Golden Age permanently established.

Many of you are those privileged to be in embodiment during this time of change because of the strength of your light, because of past associations with various Ones of Us, because of your capacity to understand the intricacies of the Spiritual Law and to cognize the requirements of the hour, utilizing the energies of your own individual and collective worlds to expand God's Kingdom here on Earth.

How your life can be more pleasant this year

The representatives of Our Retreat are very dignified and of tremendous power to help you to know that Truth which sets you free. I cannot emphasize too much to you the reality of these Representatives Who will come at your call, day or night and render the service for you that you require: BE the acceleration of you brain-consciousness; Be the Light on your pathway; BE the purification of your etheric memories; BE the vitalization of your mental capacity that helps you to be the God Control of the energies of your feeling world. If you can accept the reality of Myself and Our Retreat and the ILLUMINATION FLAME, from which you can receive so much that will illumine your pathway, that will make life extremely more pleasant for you during this year!

(Reprinted by request)

WHEN YOU REQUIRE LOVE, I ALWAYS COME TO YOU

An Address by Lord Divino (Previous Lord Maitreya)

I AM COME at the response to the call of Love, for where the heart sincerely desires to know the secret of the ONE, it is My privilege to enfold the aspiring Flame in My Presence. I am ONE with the Love in every heart, and when part of My Love desires to become united again with the **whole,** it is for Me to seek out that Part and welcome It again into the Universal Cosmic Breast.

It has been said that Love is the cohesive power of the universe, or the Law of Attraction. It is the force that draws all to It and makes for unity and singleness of purpose. It is the easiest and most natural expression of Life, because only **separateness** makes struggle and tension. In reality, **Love** is but the responsive cord of **one spark** of Life recognizing Itself in all that is!

A Vision of the Universe

You might liken the Universe to a great circle filled with a single substance of Flame, and then through the Cosmic Night you might see the circle cut into many parts and through pressure in the center of those parts, fly out into space. When the pressure of disintegration is removed, there is an automatic **rushing back** into ONENESS and UNITY of what the world has experienced as various forms of Love. The more any one individual can become concentrated in the Power of Love, the greater is his individual part in the unifying of this particular Solar System.

The Cosmic Note of Creation has **completed** Its work, and removing the pressure of separateness, the Cosmic Note of the NEW DAY is returned to the Universal Presence to **re-form** the Great One. This Note sounds first at inner levels and is perceived by the most sensitive parts of life **before** It becomes the Keynote of the outer world.

Shiva and Brahm Explained

In this Cosmic return, each Part will bring back a very much greater expansion of Light than It had when it was propelled into individual being, and the Cosmic Circle when completed, will be much brighter and much richer for this experience. This is the old Indian understanding of Shiva (the Destroyer) and Brahm, the Builder, although the word "Destroyer" is used inadvisedly. Your creation might be likened to the **outbreath** of the body when all living things are breathed into space, and the **inbreath** of the body when all are drawn home.

It is My particular province and joy to represent the awakening of that cohesive power in the hearts of man that will draw them, without exception, back into the bosom of the Eternal. The less man struggles and the more he relaxes in the great pull of Love, the easier will be the return - **for RETURN HE MUST** - and there is not one electron in this System that will not be **breathed back** eventually into the Heart of God.

The Cosmic and Individual Harvest

As the macrocosm so the microcosm - and you, too - must breathe back into your being and world all the substance, all the life, and all the light that you as the individual has sent forth. This being a Cosmic Fiat, there is returning on the **inbreath** good and evil - both of which you have sent out - which will cause a tremendous pressure in the bodies of those not aware that it is but the COSMIC HARVEST not only of the Cosmos but of humanity as well.

It is LOVE ALONE that is drawing back into Its cause all that has been, and if each student would redeem his individual creation of force around his own lifestream, which comprises his particular gifts and experiences, when he plunges back into the Heart of God in what you term the Ascension, then that much quicker would the Cosmic Plan be completed, until, with the last returning soul, the final petal of the Lotus will be drawn again

into the Heart of the Solar Logoi and the completed Solar System will stand revealed as the Divine Plan.

Rest in the Arms of Love

This is not a period of unconsciousness or sleep, but it is a period of fulfillment of the full glory of the Cosmic Day, when each man and each electron has poured his ALL into the Cup of the ONE, and all drink together from the never-ending opulence. Rest, beloved ones, in the Arms of Love, and let the Cosmic Tide of Love carry you on a Barque of Peace - Home - HOME - HOME - your arms laden with your experience of the centuries, shorn of the heartbreak, with but the rich meat and great life and understanding. Pour thou, thy gifts, upon the Altar of the ONE. See gathered these other shining Parts of Thyself, offering **their** gifts to blend with thine, and so make the whole greater in Glory!

When you think of LORD DIVINO, think of Me as the Shepherd come to carry the sheep homeward from the world of **separateness** into the Harmony of the Elysian Fields . I come always when you require LOVE, and even the vocal word itself in the poorest and most shallow soul, brings a response from MY PERSONAL PRESENCE, for LOVE is MY Command, and It cannot be **thought of** without drawing ME in answer, and one day man shall KNOW THE REALITY OF LOVE.

★

DECREES FOR SUPPLY

1. "I AM" the Ascended Master Law of Forgiveness and Transmuting Flame of the cause and core of all lack and limitation in my world and that of all mankind (3).

2. "I AM" THE PRESENCE OF SUPPLY, alive and active in every channel and facet of my being and world (3).

3. BELOVED PRESENCE OF GOD "I AM" IN ME - **BELOVED ARCHANGEL CHAMUEL - KEEP YOUR PINK ADORATION FLAME** blazing through me, my money and supply - DOUBLE AND TRIPLE IT into my financial freedom right now,

BELOVED "I AM" (3)
I NOW COMMAND (3)
BY ALL OF CHAMUEL'S COSMIC POWER (3)
I ACCEPT IT DONE THIS HOUR (3)

4. IN THE NAME OF THE PRESENCE OF GOD WHICH "I AM", by the magnetic power of the Sacred Fire vested in us, we call to You,

BELOVED SERAPIS BEY AND THE BROTHERHOOD AT LUXOR - KEEP THE ASCENSION FLAME BLAZING (3) into every part of our beings and worlds, into all business in.....(city) the State of.....into all stock markets, all investment and money foci of every kind in.....(city) the State of....., New York City, the United States and the whole world - and RAISE IT ALL into the Ascended Master sustained Supply, Prosperity and Perfection for all,

BELOVED "I AM" (3)
I NOW COMMAND (3)
BY THE ASCENSION FLAME'S COSMIC POWER (3)
I ACCEPT IT DONE THIS HOUR (3)

5. "I AM" THE RESURRECTION AND THE LIFE OF MY FINANCES (3)
I AM THE RESURRECTION AND THE LIFE OF MY LIMITLESS SUPPLY OF EVERYTHING I REQUIRE (3)
I AM THE RESURRECTION AND THE LIFE OF ALL THE GOOD IN MY LIFESTREAM (3)
now made manifest and sustained by Grace!

Facsimile of Front Page of our new Release

A DAILY AID TO TUNE INTO THE 1961 MONTHLY RETREATS

or

DESCRIPTIONS OF TEN ASCENDED MASTER RETREATS

With Pictures of Their Hierarchs

For the use of

SANCTUARY DIRECTORS,
GROUP LEADERS AND STUDENTS

Presented by Thomas Printz
(The Ascended Master El Morya)

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THE BRIDGE TO FREEDOM

A Monthy Journal

Vol. IX **FEBRUARY 15, 1961** **No. 11**

TEMPLE OF GOD'S WILL

At Darjeeling, India

(The Ascended Master Retreat of the Month)

February 15th through March 14th, 1961

FOR INFORMATION AND DESCRIPTION

of the above Ascended Master Retreat, please see the booklet **A Daily Aid to Tune into the 1961 Monthly Retreats,** with Pictures of Their Hierarchs, for the use of Sanctuary Directors, Group Leaders and Students, recently released by The Bridge to Freedom, Inc.

BREATHING STATEMENT FOR THE TRANSMISSION OF THE FLAME CLASS OF FEBRUARY 18, 1961

1	2	3	4	5	6	7	8
"I AM"	inbreathing	from	Beloved Morya	His	Under	standing of	doing God's Will
"I AM"	absorbing	from	Beloved Morya	His	Under	standing of	doing God's Will
"I AM"	expanding	from	Beloved Morya	His	Under	standing of	doing God's Will
"I AM"	projecting	from	Beloved Morya	His	Under	standing of	doing God's Will

WORLD BROTHERHOOD

World Brotherhood, as sponsored by THE BRIDGE and all its subsidiary publications, does not constitute the leveling of all men to the sub-standards of the lowest strata of human kind, but rather the conscious raising, through education and competent guidance, of the entire race—through the individual—to the highest standards of moral, ethical, economical and spiritual maturity.

THOMAS PRINTZ, Editor

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YOU HAVE A PERMANENT SEAT IN EL MORYA'S TEMPLE

Letter to the Flame Class of February 18, 1961

Beloved Friends of My Heart:

I love you! All of Heaven loves you! You have learned, and so well, that opening your consciousness to God's Holy Will does, indeed, bring you personal happiness and adds to the light of the world. As you are privileged, again, to visit the Temple of God's Holy Will, guarded by the beloved Chohan, El Morya, accept into your inner vehicles with more than ordinary endeavor, the Truth that the Will of God is really GOOD.

Your Gracious Gentlemen Sponsors, assigned to you by My Son, El Morya, will assist you, as you call Them into your aura, waking or sleeping, day or night. You are so familiar with the Temple of God's Will and have been so often the guest of the Gracious El Morya, that it is easy for you to walk up the steps of His Marble Palace and through the open doors, turning to the right to the Flame Room, wherein, in glorious Royal Purple, the Flame of God's Will for men is sustained by the Brotherhood at Darjeeling.

You have now a permanent seat of honor in the Flame Room, upon which is written your inner name, and all through 1961, you can-through projected consciousness-take your seat of honor and listen to, absorb, cognize the Holy Will of God. Then, when you have absorbed enough of That Essence, particularly in your feelings, carry that joyous energy back into the orbit of your own world and let that FEELING radiate out through you for the blessing of all in your vicinity. Thus you are a messenger of Our Temple of God's Will, even though you speak not a word.

Love and blessings

MAHA CHOHAN

ASCENDED MASTER EL MORYA
Hierach of The Temple of God's Will
and Chohan, or Director, of the First Ray

HOW THE MASTER PREPARES YOU TO WORK WITH ANOTHER LIFESTREAM

An Address by the Ascended Master El Morya

BLESSED ones, in the development of a positive radiation you must work for it. Everybody likes a **comfortable** religion; certainly that is why the Earth is in the condition it is. Everybody likes peace, everybody wants some other being to **carry them out of distress.** Now here you have the razor's edge! Do you think Lord Buddha was comfortable when He got up from the couch leaving His wife; then He walked out of the palace of His father and left His son? Do you think He was comfortable when He walked the dusty roads of India with a begging bowl and had to take from door to door those few scraps that were thrown to Him?

Remember the Buddha

Have you ever tried to sit in the Buddha posture with nothing to sustain your spine but it's own light for seven years? Have you done it for an hour? Do you think He had comfort when there was no food, no disciples, when the fiends in the astral and psychic realm presented themselves, and every test of maya blew upon His soul, and He wondered in God's Name, "Why didn't I stay home" and "Why did I not teach My people from the authority of the ruler's seat"? Do you think He was comfortable when He entered into those various realms of Light and saw the perfection that was there and yet refused to stay, pushing onward that soul, onward and upward, upward! upward! until He stood in the Presence of Eternity?

Do you think there was a sense of comfort after achieving the ultimate, the Mount of Attainment, the pinnacle of success, and then to RENOUNCE Nirvana and come back, back, back into a body that was very emaciated due to His long period of Samadhi; a body in which He had to again draw those vital forces

and then walk the ways of men? What did He do? He disciplined Himself as every great Being Who loves mankind enough has disciplined Himself - but He asks no discipline of others!

THERE YOU HAVE THE KEY! To those who are going to carry this Light the length and breadth of every land, the discipline of self and the giving of comfort to others! When Lord Buddha's Light shown, when people touched the hem of His garment, when they felt the sweet essence of His Presence (and I know for I was there) the heart rushed forth and said, 'Oh, Lord, what may we do to become as Thou art?' Then came the eight great steps, then came the teaching to those who asked, and they asked because He had the fullness of ecstasy and bliss - but HE HAD EARNED - earned it through a discipline that mankind does not see for many an age.

Think of Moses

Think you not that Moses went through a discipline? Think of that Man, a Man Who was timid in himself, and yet was called of the Lord to take a great people across the trackless wastes and through a burning desert and across a sea over which there was no bridge, no pontoon, no possible pathway but faith! And He answered that call! He walked with men and women who spat upon Him when they felt the burning heat of the desert and when they knew no water, and when they saw the surging tides of the sea, behind them the great might of the Egyptian army - and curses descended upon Him. Yet He knew if He were to become discouraged at that moment, or resentful, all would be lost! There He stood with the sea before Him, the Egyptian army behind Him and a reluctant people that He was endeavoring to save surging around Him, thousands of them! In the discipline of God, holding His attention on the Presence, He carried them across that sea on the **beam of His own Faith** and through the desert. Then in the short span when He mounted Sinai and left them for a moment, BACK they went to the idols and the flesh pots of the earth!

The discipline of Holy Mary

There was discipline in that lifestream; there is discipline of the self in any great leader. Think you there was not discipline of the life of the Holy Mother of Jesus! Seldom has a woman experienced the disciplines of that lifestream. Taken from Her home before the birth of Her child; bringing Him forth in a strange country; wakened when She felt all was not safe and secure and caused to cross the desert with that infant Child - hoping, HOPING always that this Light, this vision of the Messiah, Those Angel voices and those glorious Beings were real! Taking that infant to the doors of Luxor, letting go that hand, remaining on the outskirts in prayer until He returned. Was it not a discipline to stand on Golgatha's hillside beneath a bleeding cross and not for once in three hours to take Her attention from the very body that She had borne and the spirit of Her Son. Was it not a discipline on the part of that Son, in the height of His youth, prime and mastery to lay that body down!

Beloved ones, there is a discipline that is born of love in the heart, love for mankind at large that enables some to take upon themselves certain steps which develop the inner nature. Then in example, in radiant light, to become a magnet so that mankind will say: "What you are, I would be, what you have I would like, what you desire I would become". Then to those men and women who ASK, put a positive and encouraging presentation of the law. The "thou shalt not" stir the animal in man. Take the "THOU SHALT", thou shalt sublimate the passions of thy body to illumine the mind. Thou shalt rise above the desire of making thy body a sepulcher for the dead beast. Thou shalt take into thy body new life, new light through the natural herb and produce - THOU SHALT - pointing out the good and showing the pathway UP is the pathway of Light and not making of discipline a lash. I KNOW for I learned the hard way.

A trip to meet Lord Himalaya

I was thinking about it - Kuthumi and I were laughing about it as We remembered back many centuries ago. I had been a warrior and a soldier for many ages, and I must admit I had a tremendous spiritual pride in my capacity to follow through - through at all costs to God, man, anything that was in My path. Finally in the traveling of our souls through embodiment after embodiment, We came to a point where Our Lord Maha Chohan began to look upon Us as a possible TEAM, and I think He had the founding of the Theosophical movement in mind.

One day He called Us before Him and said: "Brothers, I have a little excursion for you, just a period of relaxation for you have worked so hard on your own individual discipline that I am going to send you on a beautiful trip to find the Retreat of Lord Himalaya together". Oh! We were so happy - happy you know like children obeying!

We started out in Kashmir, in the Vales of Kashmir where the sea is blue. Ah, children that country is magnificent! The green slopes running down to the water, the most magnificent bird songs, the Kashmir weavers. It is a beautiful land, the land of peace, the land that belonged to My Kuthumi. We sat and talked together and planned Our little trip. We thought We had better get started early because of the heavy snows in the mountains. He said: "You be in charge of the sleeping gear and the path, and I will be in charge of the food and the prayer". We thought that would be just fine. I will never forget the morning that We left - to Us it was an outing, an excursion. We had no path, you know, no one told us WHERE this Retreat would be, except the compass of our hearts - but - We had the mission given to Us by Our Lord Maha Chohan!

seemed to be going BACKWARDS instead of forward, and every night as I retired, the Face of the Maha Chohan!

Then We got into the high country, most of you are not familiar with the path of Tibet. In this high country one must be very alert for the paths are narrow and the ravines are steep. I would be talking with Him perfectly at peace - He would be gone in the snow! No trace of Him at all. I would go back and dig Him out of some drifts. And do you know He was never hurt, He never fell off - He just disappeared. We finally went to a cave and I said: "Look, We will never find Himalaya unless You buckle down", and He smiled - and He smiled - He had that beautiful smile and that exquisite golden hair - a most magnificent Being. He said: "We will find Him." And We did. We found Him - yes - BUT I COULDN'T HEAR A WORD HE SAID: Kuthumi remembered everything that happened. I couldn't hear a thing - I think I didn't even remember the outline of His body.

An answer given after 500 years

All the way down that path and back to the Maha Chohan's Retreat I pondered deeply. When We got home, the beloved Maha Chohan was smiling. He said: "You are both wiser men." And WE WERE! He said: "I have a great work for you in the future - together!" I said: "No! No!" He said: "Of course, think it over". "It is voluntary but you would be such a marvelous complement one to the other". And I did think it ower for five hundred years!

All these experiences, dear hearts, are not lightly passed. I remember the day I returned to the Maha Chohan's Presence and I said: "I have thought it over. I shall consider it an honor, an opportunity to render what service You great Master think right".

And so We worked and served together and DO SO STILL. Yet, even now He enjoys the Music of the Spheres and the song

of the bird. Even now the fate of nations and the discipline of the chelas is not appealing to Him. We found Our place, and He has found, I hope, in Me a Friend, and I have found in Him more than a Brother - I found in Him the sweetness, the sweetness of the Holy Spirit that I needed so much Myself.

Persevere unto the end

So it is with you, beloved ones, life's experiences may seem trying, but one day you will stand before Our Lord Maha Chohan, one day you will thank Him for whatever excursion you are presently upon. PERSEVERE UNTO THE END, and in that perseverance you will have victory and great opportunity. Little did I know as I struggled through that deep snow of that which lay ahead in the shimmering folds of akasha as a **possibility** if I did not throw them over the cliff enroute. I thank God and the powers of Light that I was able to persevere.

Now, much as the Maha Chohan wanted Us to reach the Retreat of Himalaya and receive His instruction, Himalaya did not take **one step** out of that Retreat to meet us. Even when We climbed on the face of that last glacier and I'm telling you it was completely smooth, He waited until we reached the APEX OF HIS CONSCIOUSNESS and then we were given the benefit of His radiation. I, unfortunately, did not receive it, but at least I made the effort and built something of endurance into Myself.

Watch the newspapers to render service anywhere

You can carry your group through projected consciousness to the various points on the Earth where assistance is needed. When you hear over the radio or from your newspaper of such a requirement, have certain members of your group ready to respond at a moment's notice and through projected consciousness render the service. There is opportunity every day and the opportunities are going to become greater, if you have some selected

trained people who can be called if necessary at a given moment, and then through projected consciousness enter any specific theater of world crisis. It is a marvelous thing to have a trained group that knows how to release energy and are willing to give of themselves at a moments notice, ready to project their consciousness to any point on the Earth's surface where distress may be. Get yourselves an atlas and a knowledge of geography and learn where these points on the Earth's surface are ahead of time.

Some spirits do not like restrictions and I am One of them. How I ever got Godfree, only through the mercy of Kwan Yin and the kindness of God Himself! So I feel for you who have rebellious spirits, you who do not like change, I can feel for you. I walked that way. I had to learn the Law of Love and balance and submission until one day - mind - I received the honor of becoming the Representative of the Will of God - the greatest SURRENDER in the world, you know - the greatest surrender; for I was I think, the greatest trial to the Beloved Maha Chohan and the Host of Heaven. Because of that, I want to make it right THROUGH YOU and to the Earth and to the King of all Kings!

Lovely friends, when your path is hard, when your associations are trying, remember ME and know that I tell you in truth that EVERY EXPERIENCE BRINGS GOLD TO THE SOUL WHO IS WISE! And remember, always by your side I stand, reminding you that you have said you are My Friend of Light, and My Cause becomes an EFFECT **through you!** For your friendship, your cooperation, your loving selves I thank you. When I return to the Maha Chohan I can tell Him I did not frighten you unduly but that We had a **happy** time together, for that is the harvest I am always told to bring home.

THE BRIDGE TO FREEDOM

A Monthly Journal Devoted to Individual Unfoldment, Contact with The Great White Brotherhood and Cooperative World Service

Vol. IX FEBRUARY 15, 1961 No. 11

HOW TO CENTER YOUR CONSCIOUSNESS IN THE THREE-FOLD FLAME IN YOUR HEART

An Address by Lord Vulcan

A primary factor in the study of the evolution of man and the mastery to be attained by each lifestream lies in a clear presentation of the centre or focal point of the individual consciousness.

The human consciousness, you have been told, is a conglomerate mass of thought and feeling and represents in essence a great cloud held together by a magnetic force within the center of that mass of moving energy. The heart center represents the intelligent thinking and feeling point of consciousness and the area from the center to the circumference is the aura of radiation of that heart center of the individual's outer personality.

The Four Lower Bodies

In studying the four lower bodies as the **contributing factors** to the consciousness and as the "qualifiers" of tons of God Energy, we see that the central point of consciousness is in constant motion, functioning in one or more of the four lower bodies and is like a basket ball tossed by the players in the course of the game. The individual thus functions from the heart of the emotional body, or the mental, or the etheric, or the physical, moving like the pendulum of a clock from one to the other, according to the particular experience and pressure and the wile of the body which tries to secure for the moment the prize.

The body which secures the center of consciousness is highly energized during the time when that focus is within it, and, therefore, the lower bodies seek and fight with each other to secure the center of the individual consciousness through fair means or foul. This is a completely fatal condition for the progress of the lifestream, because an individual whose central balance is constantly shifted to the authority of his lower bodies is a prey to his emotional outbreaks, his etheric memories, etc.

The Grail is whithin the heart

The Grail provided for the focus of each lifestream's consciousness is within the heart and when the individual attains mastery he holds his consciousness **within** the Three-fold Flame in his heart where perfect balance rules all his outer activities and where the Light Ray from his Preesnce forms a direct line of communication, inspiration and direction, which is much more easily received from the Secret Place of the Most High. If, however, any set of circumstances can throw the consciousness to the mercy of the emotional, mental, etheric or physical bodies, the direct communication between the soul and the Spirit is broken.

You have read, perhaps, and seen in pictures how a boat in distress will be circled either by a plane or a rescuing vessel, but the turbulent sea between would not allow the life line or the connecting link to unite the two. It is in the same manner that the Higher Self, during the times of emergency, has to throw his line of force into the battling sea of the lower bodies, hoping to catch the consciousness in its rapid progress from one to tthe other.

Most people are completely at the mercy of the lower bodies and find themselves functioning in an emotional frenzy or a mental battle, completely unaware that they have slipped from their moorings.

Senile people and ageing lifestreams often slip into the etheric body and their consciousness remains there until their passing and thus they enjoy re-living the scenes of yesterday.

Your open doors

Your four lower bodies are like four rooms through which your consciousness reaches into the physical appearance world for certain defined effects:

a) through the **emotional body** it should absorb the qualities and feelings of the Presence and radiate them;

b) thus through the **mental body** the consciousness absorbs knowledge receives instruction from the Presence and gives it forth;

c) the **etheric body** should be a storehouse of all the Divine memories of the past and should be used as a library;

d) and the **physical body** should be a vessel through which contact could be made with the Three Dimensional Plane.

All these bodies, however, should be **Open Doors** through which the consciousness works, maintaining its anchorage **always** within the constantly flowing stream of energy in the heart.

The purpose of stilling yourself

You will find upon contemplation and observing yourselves how illusive is the center of consciousness and how quickly it slips from one to the other of your bodies before you are even conscious of it. **The purpose of stilling one self is manifold,** but one particular activity is to draw the consciousness back into the Secret Chamber of the heart and then to function from **within the Light Ray** at all times. Even the mental contemplation of this gives you a feeling of poise, mastery and detachment. You will always have a direct line of communication from Headquarters and you will not release energy unkindly because from the Fountain of the Secred Water of Life within your heart there can go no unkind emanation.

It is only when the heart center of consciousness energizes one or more of the lower bodies that they seize upon the Creative Principle and dishonor God's Name by sending it forth im-

perfectly. If these lower bodies cannot get the heart center of your consciousness **they have no independent authority** and **they know this.** Here you have one of the most powerful ways to mastery if you will contemplate it.

All the accumulation in your four lower bodies **could not act** and could be purified and consumed without struggle, **IF** the center of the intelligent consciousness of the outer self could be hidden in the Heart of the Presence and not allowed to be coaxed forth by any external tying it to the caprices of any one of the four lower bodies.

Being directly concerned with drawing the Consciousness into the Three-fold Flame in your heart, you will find your bodies straight, your sense of struggle greatly diminished and you will have an alert, calm poise that should amaze you in your forward progress.

I thank you for this opportunity to make your acquaintance and visit with you and I offer you, on the ever-expanding altar of your endeavors to become the Ascended Master Consciousness, MY particular service **-yours** for the asking.

Beloved Jesus' Suggestion

BELOVED PRESENCE OF GOD "I AM" IN ME AND ALL MANKIND, Beloved Ascended JESUS, the Christ, The ELOHIM OF PEACE, Beloved TRANQUILITY - and Beloved ARCHANGEL URIEL - draw out of the hearts and feelings of ALL MANKIND their inner desire for Peace, and let it act as a balance to take away all destructive use of the atom bomb and all destructive activities, and see the Earth never again has war! THERE SHALL BE PEACE (3) now manifest and forever sustained! BELOVED "I AM" (3).

DEVELOP SELF-LUMINOSITY!

An Address by the Ascended Master El Morya

BELOVED Ladies and Gentlemen, members of the Great White Brotherhood, I greet you in the name of all Life and Light, which you have sworn to serve. This Cause has been dear to My heart for many centuries and is now shared with you, but a Cause is not enough - it must become an effect in order for it to be a manifest blessing to Life. In the Realm of Causation, which it is Our privilege and honor to represent, the First Realm, where the divine ideas of the universal are born, We draw from the Universal First Cause that which is known as the Will of God.

To describe the Will of God to the finite mind would be like describing the galaxies of the heavens to a child of eighteen months. Each and every One Who represent the Spiritual Hierarchy and the Great White Brotherhood, and Who are the God-free Members of this August Body, have taken upon Themselves the personal obligation and responsibility of nurturing, developing and maturing some portion of that Divine Will, and the causative centered, magnetized, into their consciousness must be nourished, developed and externalized upon whatever plane is to be benefitted by the expansion of God's Will.

A Cause must have an Effect

You presently function in the physical appearance world. This physical plane is that which We are dealing with primarily in an endeavor to raise the vibratory action of the Earth and Its evolutions to their God estate. I have accepted from the universal First Cause, this Cause, which is part of God's Will, which was to release Sanat Kumara and every guardian spirit, every angelic being, every Deva, every force of nature and every Director of those beings who have voluntarily exiled themselves from their own evolution to keep a permanent place in the Solar System for this planet.

Now that is very fine - it is very praiseworthy to dedicate oneself thus,- but a Cause is not enough. A Cause must become an effect through the consciousness of beings who dwell within the realm to be benefitted and a Cause becomes an effect by the **clothing** of the vision, the ideal, the pattern, the plan, within the mind of the one who holds the vision; through the energies of voluntary lifestreams stirred from their slumbers, shaken from their lethargies, and with a burning zeal and enthusiasm of their own life, putting into action those practical activities which further that Cause in the world of form, in Our case.

You are such people to whom I have entrusted My Cause! You are today its ultimate effect! You will be tomorrow a far greater effect and in turn, you become causative centers when you transfer into the consciousness of any man, woman or child, through the written word, the spoken word, or whatever medium of radiation that you have developed to a point where it can impress the outer consciousness with something of what We are endeavoring to do in this great Cosmic push!

You will stand where I stand now

I have endeavored to draw forth a "bridge" of energy from the Ascended Masters' Realm through which your outer consciousness might be made aware of the **current endeavors** of the Ascended Masters, the Angelic Host, the Spiritual Hierarchy and All Who are working to forward God's Will with regard to your planet. This **bridge of energy** has been anchored into your consciousness, your mental and feeling worlds, your etheric bodies and your flesh with all the power of persuasion which Each of Us Who have come to you can put behind the energy of Our Life. The capacity of your consciousness to reach out and grasp that vision and that call; the capacity of your mind to see what it would mean to have the entire human race aware of the Elder Brothers and Sisters and willing to abide within the instruction given by

Them; your capacity to conceive of the possibilities of that, will determine to a measure the enthusiasm and zeal of your feeling world as well as the cooperation of your flesh form in becoming Ourselves incarnate.

We speak to the outer mind through the veil of maya. We speak to your hearts through feelings. We are not the first Men and Women Who have endeavored to present a cause of merit to the lethargic consciousness of mankind, and We will not be the last. YOU will follow Us! One day **you** will stand where I stand, in a body of electronic light, and you will have only as a BRIDGE in the world of form, the voluntary energies of some unascended, confused outer beings, who may or may not respond according to the pressure of daily life. Then alone will you realize My position!

It is only when the child is grown to become the parent he can realize the love and solicitude, the tenderness and the experience which as a child he looked upon in his own parents as foolish. As you grow to spiritual manhood and womanhood you will come to an understanding of what it is to try to reach some three and a half billions of people through a handful of earnest souls - oh yes, earnest true, and willing.

Why The Bridge Activity was founded

While you were singing about forswearing Nirvana, I have often wondered at the fork of that road why I took the turn I did, and yet it is just like yourselves in the quietude and harmony of your own rooms, you wonder why you have taken upon yourselves the obligation that seems to bring so little of fruits of gratitude and thanksgiving; yet were any one of you to be given opportunity to take your hand from the plow, I think there is not one who would relinquish it - but you will plow that furrow through to the end and then the seed will be planted and the harvest will be grown - **because of you** the Pioneers of Life.

Blessed friends of life and light eternal, how can I describe to you the Earth with millions and millions of years of living upon

Her. You have drawn from Her bosom the substance that has clothed your bodies and nourished and sustained them. You have bathed in her blue lakes and refreshed yourself by the waters of her spring. You have found new hope in the rising Sun, aspiration in the fingers of the mountains pointing heavenward and peace in the green meadows. **EARTH** - ah, so sweet, so long suffering, so patient! Even when decayed, your bodies were placed beneath Her surface -never a murmur but willing to build for you a new body. Earth so sweet! Where you have heard the song of the birds, the voice of friendship; where you have seen the imprints in the shining sands of time of the Immortal **Eearth** - would you anyone relinquish Her to nothing with all the memories, Her great Temples, Her shining pyramids, Her beautiful lakes, oceans and planes!

Ah, no, there is not one among you who would not pass through any privation to sustain another Earth in its solar system. So felt Beloved Sanat Kumara Who did not even know the sweetness or the very pains that make for maturity; and so has been formed and sustained the Great White Brotherhood, and so has been formed a New Endeavor to make a Cause a **manifest effect** in the world of form.

I believe in your capacity

I am a persevering gentlemen. I warn you of that in all Our association. I believe in the capacity to follow through and when you have said you are My Friend, and when you have shared My cause, I shall remind you, as often as is required - until that Cause has an effect. And what is that effect? **A self-luminous planet!** A planet that shines like the Sun at noonday, and that planet is made up of individuals whose light bodies are self-luminous even as the self-luminous body of an Ascended being is made up of the electrons that makes for that luminosity. LET YOUR LIGHT SHINE! DEVELOP SELF-LUMINOSITY and let that Light then be the aura of this Earth until the Karmic Board Itself may say: "It is enough. Already the Earth shines.

already Her song joins the music of the spheres, already Her people have completed a task too long left undone."

TIME! Everyone wants TIME to do things. NOW! NOW let us do them, this instant! Procrastination has caused the sinking of more continents, the destroying of more Golden Ages, the delay of more victories in the eternal **tomorrow.** The average man does not begin to set his soul in orden until he is on the brink of the grave. Procrastinating - enjoying the senses, putting off until tomorrow, which never comes, THAT WHICH CAN BE DONE TODAY! If you can be self-luminous in a hundred years - YOU CAN BE SELF-LUMINOUS NOW - NOW!

Where the center of power is in you

I want to speak to you upon a subject which perhaps is not clear. At the throat is the chakra center of power, as you know. Your power is released through the spoken word and that power is drawn from your Causal Body. The Causal Body with all the colors that are within It can be focused through the center of power in the throat and in the spoken word and decrees it can go forth to fulfillment as the individual's inner bodies come into alignment. **At the moment of realization** when your seven bodies are completely aligned; when your Electronic Body, your Causal Body, your Holy Christ Self, your Emotional, Mental, Etheric and Physical bodies come to that point of spiritual illumination and realization - THAT MOMENT - **ONE SPOKEN WORD** is all that is required for manifestation and precipitation to occur. All the power in your Causal Body flowing through that word brings manifestation. Jesus manifested that in the drawing of the precipitation through the fishes' mouth and in every fiat which He gave for healing and for resuscitation even of bodies that passed through so-called death. Then what is the purpose of repetition which is the basis of Saint Germain's activity in the decree pattern? It is based upon the fact that you have used in millions of years so much energy through the spoken word and beaten that into your emotional, mental and

etheric bodies that you have solidified qualities of a negative and destructive nature within them, such as doubt, fear, rebellion, dis-illusionment, etc.

The efficacy of your decrees

To requalify the energy in your physical bodies and your etheric, mental and emotional bodies, you must begin to release a balance of energy which will blaze into them and shatter those patterns that you set up, mostly through the use of the spoken word and physical action. The efficacy of your decrees is not only in that which goes out into the ethers but that which is CHARGED and CHARGED into your etheric bodies which brings a positive alignment and control of your entire consciousness in the acceptance of the affirmation of faith and positive assurance.

When you have said for centuries, "I am helpless, I am sick, I am distressed", you have built into this etheric garment, into that which the world calls the sub-conscious, certain deep grooves of energy. You have set that body into action. It is a consciousness which has accepted that which you have decreed for yourself for millions of years. You have done the same thing with your emotional body and your mental body through the use of Life. **ONE AFFIRMATION FROM YOUR LIPS is not** going to convince these conscious vehicles that you have completely changed your centuries of living. You are going to have to DRIVE INTO THEM a POSITIVE radiation which will in time shatter and transmute the patterns of your past, and put in its place the patterns of perfection for the future.

You can say to the flood "STOP!", and it will stop

The activity of the Ascended Master Saint Germain is to **drive that energy into** yourself, for your mental body is so little of your entire being. When all of your vehicles respond and your mental, etheric and emotional bodies will cooperate with

the physical, then one day you can say, "I AM" FREE" and that moment you will be! You might have to keep on saying it for a long time before you have the full cooperation of all these vehicles; on the other hand, you may be one whose inner bodies are very positively charged and at the very first call you have a manifestation. I don't have to tell you in the use of the words and fiats of life whether you are having manifestations or not - YOU KNOW! If you are NOT' it is because some place back in that realm of the inner vehicles you have a momentum of doubt. There is no fooling with this law. When you come to a point of REALIZATION - THEN - you are Master! Then in one word you can say to the flood "STOP"! You can say to the great earthquakes, "CEASE". You can say to volcanic eruptions, "BE STILL" **and it will be done!** But you cannot work with some of your bodies out of gear any more than you can drive your car with one wheel - you would have a very bumpy trip I assure you.

Beloved Helios' Fiat

BELOVED PRESENCE OF GOD "I AM" IN ME, my Holy Christ Self and that of all mankind; by the magnetic power of the Sacred Fire vested in us; in the Name and by the Power and in the full Cosmic Authority of the GODHEAD which Beloved Helios IS - we speak HIS WORDS to our Earth and Its humanity:

THERE SHALL NOT BE WAR (3)
HELIOS HAS SPOKEN AND SO BE IT!
BELOVED "I AM" (3)
I NOW COMMAND (3)
BY ALL OF HELIOS' COSMIC POWER (3)
BY ALL THE SEVEN ELOHIM'S COSMIC POYER (2)
BY ALL THE CENTRAL SUNS COSMIC POWER (3)
WE ACCEPT IT DONE THIS HOUR (3)

Facsimile of Front Page of our new Release

A DAILY AID TO TUNE INTO THE 1961 MONTHLY RETREATS

or

DESCRIPTIONS OF TEN ASCENDED MASTER RETREATS

With Pictures of Their Hierarchs

For the use of

SANCTUARY DIRECTORS,
GROUP LEADERS AND STUDENTS

Presented by Thomas Printz
(The Ascended Master El Morya)

The Bridge to Freedom, Inc.
R. F. D. 1 - Box 321, Charlottesville, Va. U. S. A.
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THE BRIDGE TO FREEDOM

A Monthly Journal Devoted to Individual Unfoldment, Contact with The Great White Brotherhood and Cooperative World Service

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NOTE: Pleas read in our next issue of April **It is Easy to Rise into the Upper Chamber,** an Address delivered by beloved Mother Mary at the 1960 Christmas Class.

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THE BRIDGE TO FREEDOM

A Monthy Journal

Vol. IX **MARCH, 1961** **No. 12**

THE TEMPLE OF RESURRECTION

Etheric, over the Holy Land

The Ascended Master Retreat of the Month

March 15th through April 14th, 1960

FOR INFORMATION AND DESCRIPTION

of the above Ascended Master Retreat, please see the booklet **A Daily Aid to Tune into the 1961 Monthly Retreats**, with Pictures of Their Hierarchs, for the use of Sanctuary Directors, Group Leaders and Students, recently released by The Bridge to Freedom, Inc.

BREATHING STATEMENT FOR THE TRANSMISSION OF THE FLAME CLASS OF MARCH 18, 1961

1	2	3	4	5	6	7	8
"I AM"	inbreathing	from Jesus and	Mary	the raising	Power of the	Resurrection	Flame
"I AM"	absorbing	from Jesus and	Mary	the raising	Power of the	Resurrection	Flame
"I AM"	expanding	from Jesus and	Mary	the raising	Power of the	Resurrection	Flame
"I AM"	projecting	from Jesus and	Mary	the raising	Power of the	Resurrection	Flame

WARLD BROTHERHOOD

World Brotherhood, as sponsored by THE BRIDGE and all its subsidiary publications, does not constitute the leveling of all men to the sub-standards of the lowest strata of human kind, but rather the conscious raising, through education and competent guidance, of the entire race—through the individual—to the highest standards of moral, ethical, economical and spiritual maturity.

THOMAS PRINTZ, Editor

FRANCHISE NOTICE

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ALLOW THE RESURRECTION FLAME TO FLOW THROUGH YOU

Letter to the Flame Class of March 18, 1961

Beloved ones seeking to become a Healing Presence wheresoever you are:

I love you. All of Heaven's Sons love you. As the Gracious Mary, Mother of Jesus, opens the Ascended Master Retreat, guarded, guided and protected by Her Cosmic Court and Her beloved Son, Jesus, avail yourselves of daily visitation (through projected consciousness) with both Mary and Jesus and feel the Resurrection Flame resuscitate all the good which is in your individual lifestreams as well as the full-gathered Cosmic Momentum of your own Causal Bodies. Allow that Resurrection Flame to flow through you. As you are now qualified to enter into the Inner Corridor (there are seven such circular temples surrounding the Resurrection Flame) you shall FEEL THE HOPE, BUOYANCY, VITALITY, AND RESUSCITATING POWER THERE.

The Lady Masters Sponsors assigned to you for this thirty day period (March 15 through April 14, 1961 will be so delighted for your helpful assistance in accepting Their Reality and allowing Them to bring you safely to this Retreat as well as Returning you, in safety, to your own homes. I shall, of course, be there to meet You.

This Transmission Flame Class was instigated by My humble self and is so sustained by Me. I do thank the Lords of Karma for They, looking upon your very enthusiastic and successful endeavors, have allowed Us to continue in this monthly communal service, when the breath of the human and Divine Beings blend to carry the blessings of each Ascended Master Foci around the world. Thus, I join with you in spreading the knowledge, feeling and hope of Resurrection of all that is good at this time.

Love and Blessings
MAHA CHOHAN

THE KEY TO CONTROL YOUR SURROUNDINGS AND ATTAIN YOUR PURPOSE

An Address by beloved Ascended Master JESUS

The Ashram **December 30th, 1960**

HAIL thou, come into My Presence! I salute the Christus arisen within your hearts and as you have honored My Birthdate and as you have honored My Mother, so I honor that Flaming Presence Which is alive within you, expecting and invoking that Presence within you to COME FORTH and render through you those services which I rendered ages ago, and which have been glamorized by the myths of the past and yet which are a challenge to each and every one of you of this day. For every word which I have spoken which has been recorded is Truth and I have said "the things which I have done ye shall do, and greater things". Where are "these greater things?". COME YE FORTH THIS DAY OF LIBERATION and render at least those services which are the powers of instantaneous healing and sustained harmony and the God-gifts of your Divine Nature.

You have a Cosmic Name

Through the kindness of Almighty God, you have had intercession with the Divine Beings from the Realms of Light throughout this embodiment and embodiments which have gone before. You have been with Me on Earth, and you have been with Me between embodiments and you know that although "I AM" honored as being the Gentle Shepherd, I, too, have the fire and authority to command energy to ACT in a perfect manner! Such energy I request now!

What is the purpose of your being? To control the energy which is loaned to you by God, to qualify it and to send it forth

through all of your lower vehicles and then to utilize in and project God-energy with the constructive quality required through the authority of Myself and your own "I AM" Presence to bring perfection where imperfection has been! I had told the disciples centuries ago "whatsoever ye shall ask in My Name, it shall be done unto you". I repeat that again, again and again!

What you are required to do

You, too, have a Cosmic name, a Cosmic mission, a Cosmic purpose of accomplishment and that is in the efficacy of learning the control of the vibratory action of God-energy or God-life. Think you that if We Who were among those drawn forth in Galilee to render that service had not control of all of the energies of Our Own Vehicles, that We could control the energies of those around Us, those who sought to destroy the Plan of Perfection; those who desired, through temptations which you will never meet, to stir the energies of My Feeling World or My Thoughts, My Etheric Consciousness or My Flesh Form.

You are required to do as much. If you are constantly bombarded by, and you will be if you so allow it, not only tramp thoughts and feelings, words and actions but projected ones, and you have not A POSITIVE AURA which moves more rapidly than that which is directed toward you, IT SHALL BECOME A PART OF YOU, because like becomes like. Which do you wish to be—a God or a Goddess, or again after ages a human being bent with the frailties which come through the acceptance of human nature?

I assume in your hearts that you desire to rise above the vibratory action of imperfection and live in a Realm, even while yet unascended, where you are the Master Control of all energy in, through and around you. Then you have builded for the hour when you require it, that energy you can direct to any person, place, condition or thing which desires or requires assistance.

How I stilled the waters

When the fishermen in the boat were sore distressed because of the raging sea, where did I receive the Power which stilled the waters? Because I had through the assistance of both My Mother and Father, and Lord Maitreya been taught from Childhood to magnetize Peace, and that Peace became a great reservoir and so I said to the waters "Peace be still". And naturally they responded, because there was more energy already drawn around Me qualified with God Peace than all of the turbulence of the sea of Galilee.

Mechanical and scientific in the extreme is The Law! Whatever power has the most energy in your own world is the power which will act in emergency particularly. Build, each one of you, those Virtues and Qualities so that if it is required of you, anyone, to bring Peace or Healing or Resuscitation, you have already more energy than the imperfect appearance.

The resuscitation of Lazarus

If I had dwelt upon the passing of My Own Father and All of those other blessed ones whom I had known, I should not have had the stockpile of God qualified energy of Life Eternal, which was more powerful than the moaning, crying, curiosity, scepticism and various other qualities of energy in the group, as well as the lethargy of Lazarus. So, INVOKING all that gathered power and momentum of LIFE EVERLASTING and directing it into the heart of his lifestream to render a service, that energy was more powerful than those other qualities of an imperfect nature acting through the people. Lazarus responded and came forth.

Everything in this world, on any plane, even in the Ascended Masters Realm, in the Realm of Divinity, is qualified either by GOD POSITIVE ENERGY or by creations—positive or otherwise—of imperfection, through the misuse of free will.

Now you have started upon the pathway Home into the Heart

of God, the very first pebble upon your pathway may stub your toe a bit, yet as you draw of that self-mastery in, through and around you, your own light blazing forth through you will be enough to remove a boulder or a mountain.

What is an "Avatar"

I was a Man Who came to Earth for a Purpose, voluntarily. I chose to show mankind in a time of great darkness what God's destiny for each and everyone of them was to be. Through misinterpretation of The Law, unfortunately, I was set apart as the "Only Begotten Son". I came to bring the Example of Eternal Life, overcoming through the assistance of Divine Beings a very unpleasant experience called death, then had to re-convince My disciples that I lived and moved among them Resurrected, no human power able to touch the God-qualified energies of My Own Lifestream.

All of these things I had done because the world requires every now and again the Coming of a Perfect One; One Who can fulfill the purpose and represent on the Earth Our Heavenly Father. They call such en One "an Avatar". You will have, of course, the Coming of a Perfect Being representing My Beloved Brother, the Ascended Master Saint Germain. But, in the interim, under the Dispensation of the Cosmic Law, it would a marvelous thing to have rise up among you your own Godliness to a point where your energies are constantly, and consciously, devoted to One Purpose—learning to build in the silence the reservoir of every God Gift and Virtue, and utilizing it as the requirements demands!

Be honest with yourselves!

Now "I AM" with Beloved Kuthumi serving in the capacity of World Teacher, and I will say to you who are not yet without sin, be honest, as honest as you would have to be in the Presence of Beloved El Morya, as you will have to be as you stand before The Karmic Board. BE HONEST with yourselves as to that

Quality or those Virtues which are your "weak" points and develop them.

It is easy to love those who love you but you must learn to love those who perhaps have disturbed you. No one could have passed through that Initiation of the Crucifixion without knowing what it is to hold control and mastery throughout every type of ridicule, physical, mental, etheric and emotional and at the end of that period pass the final test, remaining on that cross and then, with the help of the Lord of Life, the Holy Spirit Himself, coming forth and remaining to ANCHOR the disciples in the Power of Light before I went back to My Father and yours.

Have you been whipped in public, with a crown of thorns pressed into your brow? Have you had your garments rent? No! Those things which happened to you in this embodiment are very slight as to those experiences through which I, voluntarily, passed to show that the Son of God was the Master of the energy of His World. Thus I was able to stand before Pilate Himself and when he said unto me "Hearest Thou not how many things they witness against Thee?". And I answered him never a word, for he had no power over My Life or My departure, and no human being has power over your life and your departure, except your own "I AM" Presence, Holy Christ Flame and your Divine Sponsor.

The control of Energy and Power

Accept that not only for yourself but as I speak it into the ethers, I speak of LIFE ETERNAL through the controlled energy and power of One Who has experienced every type of energy which was less than perfection catapulted at Him and Who has come forth VICTORIOUS! What One has done, many shall do!

We are late, beloved ones! Late, by thousands of years. The next Avatar was due long since, yet came He not because of the recalcitrance of the human race and her attendant evolutions.

Now in the Great Tetons there are gathered together around

the Hierarchs, Beloved Lanto and Confucius, Many shining Beings from the Hearts of Alpha and Omega and All the Suns of the System. The Great Karmic Board is already in session... The Beloved Lady Portia, Kwan Yin and the Others. Mankind has opportunity unparalleled to walk and talk with the Master of their choice, and You have opportunity TO BECOME GOD IN ACTION! When I say that affirmation, it was ofttimes required to release power through the spoken word to "shatter" the creations of imperfection, but in wisdom's way ofttimes the service can be rendered in the silence.

The moment is NOW!

Those of you who have loved Me thousands of years, thought a good deal about Me this Holy Season, are definitely connected with My world experience, PREPARE YOU TO BECOME AND TO REMAIN A GOD EXPRESSION, ABLE TO USE THAT GOD-LIFE AS OF NOW. The moment is NOW! When do you think? I was not told beforehand about any of the experiences from My Baptism in the Jordan on. I had no written scroll, saying on such and such date the Holy Spirit shall descend; on such and such date You will heal; on such and such date You will raise so-and-so. No! But I used My Life magnetizing that God Power and then as each experience came I had already the qualified energy and through the Power of the God acting through Me, I was able to render the assistance. Thus I was not taken unawares. If you have to have a calendar, to advise you when you shall be called, don't expect it, but expect through Our Words that We shall require assistance of unascended beings AT ANY MOMENT! NOW, SLEEP NOT LONGER BUT LIVE, AND IN LIVING MAKE BEAUTY A PART OF YOUR BEING.

THE BRIDGE TO FREEDOM

A Monthly Journal Devoted to Individual Unfoldment, Contact with The Great White Brotherhood and Cooperative World Service

Vol. IX MARCH, 1961 No. 12

YOU CAN RESURRECT THE GOOD IN YOU!

An Easter Address delivered by beloved MOTHER MARY

Dear, beloved and blessed children of God who walk the ways of Earth, as I once long ago did, it is My privilege and honor while the orthodox religions are placing ashes and dust upon the heads of the faithful reminding them that they are "nothing", to come to you and remind you again, again and again that you are "something"! You are The Christ, even as Our beloved Jesus, developing your God-powers for the blessing of mankind right here and now on this Earth plane where there is so much distress of every kind and description.

Dwell on the Resurrection, not on the Crucifixion

I have loved that Christ within your hearts, creating for you the beautiful bodies into which you were born, not only in this embodiment, remember, but through all the embodiments you have had since I have taken over the role of Cosmic Mother, and I love you still with a Mother's Love. Therefore, it is suggested as a portion of My message today to remind you during this season that is supposed to be dedicated to the sorrows and disciplines of My Son's life leading to the crucifixion on Golgotha and all orthodox individuals choose to dwell on the crucified Christ—and that Image We are endeavoring to remove through the beauty of the Christian Dispensation and all of Its many avenues of expression by the **Ascended** Christ. I say to you let this Lenten season be a season of anticipation of a Resurrection and anticipation of an Ascension when your service in this world of form is completed. The dolorous activities that accompany

the activities of the people of the orthodox religions is entirely AGAINST THE NATURAL LAW which is the growing buoyancy and anticipation of Resurrection on Easter Morn and the Ascension of beloved Jesus—which Ascension is also offered to you; let us remember this, beloved ones.

We are a happy, joyous, buoyant, enthusiastic Brotherhood and Sisterhood and it is only the veil of time and the careful coloration of Our original Teachings from Jesus and Myself and the early disciples who have glorified the "crucified" Christ rather than the **Living, Breathing presence of Jesus** as the Example for each and everyone of you towards which goal He intended to lead you two thousand years ago!

Awaken to the Message of Easter

Beloved ones, AWAKEN to the MESSAGE OF EASTER as a message of Easter to your own hearts, as a message of the Resurrection of the good God in you, vitalizing the vehicles that you wear so that you may walk among the sons of men and be at all times their example, and then, having completed your mission, accept your Ascension into the Light, becoming a Divine Being who has no longer requirement of embodying here on this Earth.

You have been told again, again and again how the elementals **mirror** whatever they see, and in My Temple where I teach the elementals which form the first bloom of the springtime, We have had many experiences where the blessed little elementals would either mirror Myself or any of the Teachers rather than learning The Law of drawing into themselves the actual pattern of the flower, shrub, tree, whatever the harvest should be, sustaining it and externalizing it against the law of resistance and all of the riptides of human creation here on Earth, to make of the Earth, the Spring, a crown of glody on the face of what has seemingly been a barren and lifeless Nature Kingdom. I say humankind are likewise mirrors; you mirror each other; you mirror your asociates; you even mirror yourselves from past em-

bodiments, and until the day and hour comes when you decide and consciously remove from your world that acceptance of mirroring the mass consciousness of old age, disintegration, decay, death and all of its ramifications and allow the Holy Christ Self within you to do, as It did within Jesus the so-called miracles, until you are self-luminous, you are not fully God Free.

Do not mirror your inharmonious surroundings

There are God Free people who are unascended but they are strong enough to refuse to mirror and accept the mass concepts of their contemporaries and of the reports, televised and otherwise, and these God Free individuals allow the Babe of Christ the Holy Christ Flame within the heart FREEDOM TO ACT. Suppose that I had chosen to endeavor to hold back the actual birth of My Son. It was not at that time or place, the most comfortable experience to go through alone with the exception of the beloved Saint Germain. Suppose I had mirrored the surroundings, discord, the laughing of the inkeepers, the very humble stable in which no Son of God should have been born; suppose I had (and women can withhold birth) done so. I would have destroyed the Perfect Divine Pattern and Plan and also impinged on the beautiful perfect physical vehicle of Jesus that willfulness. But I allowed the tide of the Cosmic Moment to carry Me forward until He was delivered—beautiful beyond compare!

Allow your Christ Self to act

ARE YOU ALLOWING THE BABE OF CHRIST WITHIN YOUR HEARTS TO ACT, or are you holding It so tight within the confines of your emotional insecurity, your mental concepts, your etheric memories and your reasoning powers THAT GOD ALMIGHTY THROUGH YOU, THIS DAY, IS NOT ALLOWED BIRTH IN THIS COSMIC HOUR! Think on this —whether you are a man or a woman—it is **you** who through free will **allow** the Second Birth, the expansion of the Living Christ through you, or do you hobble along to your grave, having done good **BUT NOT ENOUGH!**

We have talked now for many years about loosing the Power of God to act through you. I, Myself, time and again have told you that the very arms you use can be the arms of the Holy Christ Self; that every step you take, every action, every spoken word can be either the personality or the expansion of the Holy Christ Self. WHAT, in God's Name, IS THE HOLY CHRIST SELF DOING MUMMIFIED IN STUDENTS who have such knowledge of this Law locked up century after century, each individual awaiting someone else's accomplishment to externalize the Perfection, the Healing, the Peace, the Purity or whatever the quality may be?

Love is the greatest Power in the Universe

Oh, yes, I can be powerful, beloved ones! It is not My full nature; My nature is the nature of Love, but Love IS POWERFUL, one of the greatest powers in the universe and the loving Mother is powerful in Her protection of Her children. The lethargic mother allows the child to grow in lax ways, drifting through life without purpose and doing more harm than good to that individual. Oh surely, I loved beloved Jesus, but HE WAS RAISED UNDER STRICT DISCIPLINE, the same as I, Myself, was, else He would have rushed off into some unknown place when the great tests of life came.

Suppose, I knowing as I did of His future, I had coddeld Him through His early years and shielded Him from the world and all of its many manifestations of evil, and then when His Call came, He had to look upon the leprous and the blind and the insane, do you think the strength in His Own Lifestream then would have enabled Him to VICTORIOUSLY use the Power of Christ and His Father in Heaven to render those miracles? NO! He would have been among all those ascetics that were in the hills! It takes strength to love, and wisdom to love and constancy to love in the Divine Way.

Why was Lazarus resurrected

As I raised Jesus, so I have endeavored to help to raise the consciousness of every blessed and sincere student but the peoples of Earth consider Me a rather ephemeral delicate Flower that grew in Judea. Ladies and Gentlemen, it took all of the power of all the lives that I had lived; all of the power of the Archangels; all the power of Lord Maitreya (Divino); all of the power of your beloved Saint Germain as Joseph to help Me live that one life alone, and it has taken and is taking, all the power of My lifestream at this time to try and awaken the outer mind of the students to the Eternal Verity that CHRIST WITHIN THEM is NOT TO BE ENTOMBED but allowed to flow forth freely! Then you will not be caught unawares.

In the preparatory process of the Age that I passed through, I was prepared; through the very careful training of Jesus, He was prepared. He could stand by the tomb of Lazarus where the laughing throng scorned Him and the weeping family disbelieved, and say with all the power of His Immortal Divine Father "LAZARUS, COME FORTH!". And death yielded up the soul of Lazarus and he came forth!

Would you attempt that now? Why? Because you have not builded the momentum yet through your own self conscious being to a point where even in small matters, wherein you are tempted through the outer personality to perform even a menial service, to become STILL and then say, "Beloved Holy Christ Self in me, THROUGH ME ACT, NOW!". Then have the patience to keep the mouth still, the feelings at peace, the mind from whirling about what you are going to do if Christ does not act through you. Then, when you feel that Christ Power **flow**, you will KNOW whereof I speak.

HOW TO REND THE VEIL OF MAYA

An Easter Address delivered by beloved Ascended Master JESUS

To be a **wayshower** among people is to be a **living and breathing example of the Law which you affirm!** This was the instruction that was given to Me febore I even took embodiment and required the concentration of My lifestream through the entire course of that embodiment to become The Law which I affirmed. During the early years when I passed through the initiations at Luxor and was able to use the power of resuscitation and draw life, even as a child, I did continually and constantly make application, as did My Mother, so that during the time of the maturity of My Mission I would remember and be able to do in the presence of the unbelieving that which I could do with comparative ease in the presence of the Individuals Who had already experienced Resurrection and Who had experienced the activities of resuscitation within the Holy Temple at Luxor.

I practiced the Power of Resurrection

So when I speak to you who live in the world, you who go to business, you whose activities are mingled partly spiritual and partly material, I know that you have the pressure of the outer world and the mass mind as well as the Divine Inspiration that you receive within your holy sanctuary and within the secret times when your hearts and minds are turned toward Us! Once again I say, that Infinite Power beating your hearts, that Infinite Power which is THE CHRIST ever expanding from within your worlds IS MORE POWERFUL **than all human appearances** - if you can but believe it to be so! I know that with your minds you want to believe; with your souls you want to believe but there is yet so much within the etheric body, so many memories

to be erased that there is yet resistance to the full acceptance of your own Divine Power to manifest through YOU this very hour, to use, to heal, and to set life free!

Think you not after I started upon My public ministry that the tempter did not put the question before Me often; "Shall You be able to follow through with that which You have invoked for the blessing, healing and benediction of a soul in distress?". I had to put that tempter aside, relying upon the Christ Power and holding against the appearance world that realization of the all power of Divinity through Me to make things right, and holding your Flame steady you can let that Christ Light qualified with healing, with peace, with purity, with balance, qualified with any God Gift flow forth for the blessing and upliftment of those with whom you come in contact.

You have centuries of training

That which **I** did, was done after many, many centuries of training true, but **you** also have had many, many centuries of training! Most of you have been great powers of Light in Lemurian Ages and Atlantean Ages, in the days of the Buddha; in My Own day you were great magnetizing centers through your own hearts beat of the gift of the Holy Spirit and the gift of Divine Light. That power and momentum is within you, dormant though it may seem to be for the time being, but it is being revivified as We continue to turn your outer mind and attention to the fact that you did have and do have a magnificent heritage which comes to you of God in the fact that you are individually created in His Image and Likeness.

You are individually surrounded by substance which is His Living Body, and that Substance is obedient because God the Father, and Mother of Creation have told that substance to obey you! That substance waits to be molded into form according to your thought, your feeling, your spoken word and your gestures.

You are now at-one with the Father

Therefore, you are NOW the Sons and Daughters of the Most High! You are NOW clothed in the power of the Most High Living God! You are NOW at-one with the Father. You are NOW embodying and radiating the gifts of the Father which He, in turn, entrusted to you to bring to this planet Earth and you at one time, even like unto Myself, knelt before Him and said that you would bring those gifts to the peoples of Earth.

Those gifts are the virtues, the virtues of Grace and Healing, of Forgiveness and Peace, of Opulence and Understanding. We could describe them without number but those mighty and magnificent gifts are LOANED, shall We say, to each one of you as a gift of Lord Divino (Lord Maitreya) as the magnificent cloak of the Christ was given to Me, in order to manifest the perfection of Divinity here in this world of form. Lord Divino gave to Me the cosmic cloak of His Own gathered momentum and that coupled with My Own enabled Me to render certain services that seemed miraculous but are only the use of the natural Law!

What the human veil is

Although My embodiment came and I attained that Mastery and left that example and though others have come with great light, yet while there are unascended beings who are using the creative centers of thought and feeling to move this beautiful light in a discordand manner, they set up a riptide of various qualities of anger and distress, and **that** is all that the human veil is! It is agitation of electronic energy which the thought and feeling centers of mankind, as well as the spoken word and the activities of the physical vehicles have spewed forth, and where there are a few to hold the peace, there are millions who cannot yet hold that peace for themselves.

As We anchor more and more of God Poise and God Peace

through your own Flames and that expands out and begins to STILL the energies of which I have spoken (which is the veil of maya), when they are still enough, there is no veil! It is just beautiful electronic light and the **here** and **there** are just one.

Every person who has been raised in contemplation, who has come to a point of Peace, who has come to a place of one-pointed concentration of mind, who has been humble and selfless in service, has reached that point of passing through the veil for a moment and some have had the glory of seeing the Presence and the Angelic Host and the various Members of Their Kingdom. It is the great test to **bring back** that Peace and Benediction which you receive in such moments of uplifment and give of that gift without losing its virtue yourself but letting it flow forth from you.

Lakes of Peace over cities

When there are all over the planet enough lifestreams to hold the energy harmonized over and in and around these great cities, it is exactly like oil on troubled waters and will have the effect of placid lakes instead of those turbulent seas. These great lakes of energy will be magnetized and sustained by the trained students and as they increase, they will have the same effects as the electrons as they expand and meet electrons - these lakes of Peace will grow until the turbulent sea has been entirely stilled and then you have a planetary atmosphere of cosmic Peace through which no discord can longer exist.

We live to create this Kingdom of Heaven on Earth and We can create it only by establishing individual, collective and then planetary Peace upon the surface of the Earth. In the atmosphere around the Earth there is this turbulent moving energy of which I speak and yet in the midst of all that—ONE LIFESTREAM—turning their attention toward God or Myself or any Divine Being can draw back enough PEACE to hold the balance for a community, city, state or a nation! Believe Me - I KNOW!

Cultivate the habit of Peace

I have seen My Mother draw that Peace and sustain it after My Ascension when She performed that wonderful service of magnetizing the currents of Light from My Own Ascended Body into the new Christian Order. I have seen Her hold that Peace - now We offer, I offer you, She offers you, the great Lord Gautama offers you Our power to HOLD THE PEACE in the small things and then when the greater things come your momentum is gained, your pattern is set, you have a habit of holding the Peace. A habit is only the repetition over and over of certain activities until a momentum is builded.

Is it not time to build now a cosmic Divine Habit of the Perfected Ones rather than to continue in the habits of the human? Let us put on this morning while We are gathered together the **Divine Habit** and become truly men and women in Divine Order bringing Peace unto this Earth. Let us make our Habit more than just a garment to cover the physical form; let us make this Habit an activity of our nature wherein it was first designed, the Divine Habit of bringing Peace; the Divine Habit of speaking words of a constructive nature; the Divine Habit of seeing Perfection; the Divine Habit of refusing to enter into discord. Most every human being creates habits of a human nature, now I challenge you this Easter Morn to consciously create the Habit of Divinity!

In the Name of the beloved and blessed Presence of God Who created you; In the Name of My Own beloved Mother, Holy Mary; in the Name of Life and Light Eternal I do bless you, asking that you feel that Resurrective Power which I have brought and that It be for you eternally sustained, all powerfully active and ever expanding so that any instant when you feel the requirement for more than the momentum you have already drawn forth of God's Grace and Peace! God bless you, Beloved Ones!

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Fire

Air

THE CONTROL OF THE ELEMENTS

OR

PROTECTION AGAINST

FIRES AND THUNDERSTORMS,
WHIRLWINDS AND CYCLONES,
FLOODS AND DROUGHTS,
EARTHQUAKES AND VOLCANOS

By
The Great Beings in charge of
The Four Elements

Presented by Thomas Printz
(The Ascended Master El Morya)

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Water

Earth

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ANDRESSES AND INSTRUCTION BY THE ASCENDED MASTERS

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